



S.O.L.

Statute of Limitations. Shit Outta Luck.

A Film by **Regina Simons**

TAGLINE:

Statute of Limitations. Shit Outta Luck.

LOGLINE:

Through a poetic lens, ***S.O.L.*** explores the nonlinear journey of healing from trauma, weaving personal truths through the universal stages of survival: freeze, flight, and fight to ultimately find freedom.

SYNOPSIS:

S.O.L. is a poetic essay film exploring the limits of structural justice and the unpredictable journey of healing from trauma. Utilizing archival imagery and intimate personal narrative, the film illustrates how survivors freeze, flee, fight, and ultimately search for freedom. Both deeply personal and inherently political, **S.O.L.** breaks the silence around systemic failures to reclaim narrative power. The film serves as a poignant reminder that while legal justice may end, the human journey of healing continues.

KEY THEMES:

- Trauma responses and survival
- Statute of limitations and injustice
- Violence against Native women
- Silence and disclosure
- Memory and time



This film explores
experiences of sexual violence and survival.
Viewer discretion is advised.

DIRECTOR'S STATEMENT:

For many survivors of sexual assault, speaking out marks the start of a new struggle. When they share their stories, they are often met with systems unprepared to listen or act. If too much time has passed, the law itself may deny them the chance for justice.

This film tells that story with vulnerability, inviting viewers to feel and connect with the emotional reality survivors face.

Statutes of limitations set strict deadlines for seeking justice. But healing from trauma follows no schedule. Many survivors need years, sometimes decades, to process what happened. If they finally come forward and the law cannot help, it can feel like the system has failed them.

This film is also about reclaiming your voice...not just challenging legal limits. When survivors speak, they reclaim their stories. This film honors and elevates those voices.

REGINA DEZBAH SIMONS | Director, Editor

Regina Dezbah Simons is an award-winning filmmaker who challenges stereotypes through layered, complex stories. Working across documentary, narrative, and hybrid forms, she brings Native people to the screen with nuance, depth, and boldness. She holds an MFA in Film and Media Arts from the University of Utah, where she focused her storytelling on truth, memory, and identity. Raised in a performing arts family, Regina's creativity has shaped her life.

Regina is Diné, Nakoda, and Dakota, and a proud enrolled member of the Navajo Nation. This multi-tribal Native perspective is at the heart of all her work.



MEHRNOOSH GOLDOOST | DP, Interviewer

Mehrnoosh Goldoost is an Iranian filmmaker, cinematographer, and editor whose work spans documentary and narrative filmmaking. Her background in editing and cinematography has shaped her approach to visual storytelling, emphasizing composition, light, and movement to support a story's emotional core.

She holds an MFA in Film and Media Arts from the University of Utah and a BFA in Cinema, with a concentration in Editing, from Tehran University of Art. Mehrnoosh has worked on numerous film projects as a director of photography and editor and has also written and directed her own short films.



CHRISTINA KELLY LECLUYSE | Interviewee

Christina takes a multicultural, strength-based approach to therapy, making sure clients feel safe as they talk about their experiences, figure out what they need, and set goals. She adapts her methods to each person, drawing from humanistic psychology, cognitive-behavioral therapy, and trauma-informed care. Christina specializes in trauma and PTSD, and she often uses mindfulness and self-kindness techniques, as well as exploring how gratitude can support mental health.

When she is not working, Christina enjoys spending time in nature, being with her family, and catching up with friends. She values sharing meals, having meaningful conversations, and listening to the calming sounds of nature and Native American flute music.



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DEZBAH PRODUCTIONS PRESENTS **S.O.L.**, A DOCUMENTARY FILM
CINEMATOGRAPHER **MEHRNOOSH GOLDOOST**
WRITTEN, DIRECTED, AND EDITED BY **REGINA SIMONS**

POSTER ART

A Film by Regina Simons

S.O.L.

Statute of Limitations; Shit Outta Luck

DEZBAH PRODUCTIONS PRESENTS **S.O.L.**, AN EXPERIMENTAL SHORT DOCUMENTARY
EDITOR **REGINA SIMONS** CAMERA OPERATORS **MEHRNOOSH GOLDOOST & REGINA SIMONS**
WRITTEN & DIRECTED BY **REGINA SIMONS**
PRODUCED IN THE UNIVERSITY OF UTAH'S FILM & MEDIA ARTS DEPARTMENT

FAQ's w/Director: Regina Dezbah Simons

What filmmakers have influenced you?

I am inspired by the work of Sterlin Harjo, Alain Resnais, Emerald Fennell, Chloé Zhao, Steve McQueen, and Raoul Peck.

What do you hope to achieve in your career?

To create bold, explorative, female-centric films. I want to expand across narrative, documentary, and experimental film forms while building visually distinctive, collaborative work.

How would you describe your work?

Bold, visceral, and textured. My films lean into the unsettling and provocative while remaining intimate, female, healing, and visually poetic.

How did you come up with the idea for S.O.L.?

The idea first occurred to me before film school after my case was declined due to the statute of limitations. Later, I brought the concept to life during graduate school. I felt compelled to complete it, hoping it would support advocacy efforts with RAINN.org and StrongHearts Native Helpline.

Why was it important to make S.O.L.?

*I made this film because sexual violence impacts **everyone**.*

CONTACT

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*I film to heal,
to remember, to reclaim.*

