

A man and a woman are standing on a wooden pier or dock by a body of water, possibly a lake or river. They are facing each other, looking into each other's eyes. The woman is on the left, wearing a brown corduroy jacket and dark blue jeans. The man is on the right, wearing a dark blue cable-knit sweater and light-colored jeans. The background shows a calm body of water with ripples, and a line of green trees on the far shore under a soft, overcast sky.

# Holding echoes

PRESS KIT

INSTAGRAM: @HoldingEchoes

# LOGLINE

A quiet last day out between two best friends before one of them moves away, forcing them to confront the bittersweet reality of change.

# FILM SYNOPSIS

“Holding Echoes” follows Tyler and Jess, two lifelong friends from a small town who spend Jess’ last day together before leaving for a bigger city.

As they revisit familiar places, laughter and nostalgia mask the unspoken fears of what comes next.

As the day ends, Jess embraces the future while Tyler struggles to let go until he finally does.

# KEY FACTS

GENRE  
SUBCATEGORIES Drama

TOTAL RUNNING  
TIME 5 min 48 sec

ORIGINAL  
LANGUAGE English

PRODUCTION  
LOCATION Norwich, UK

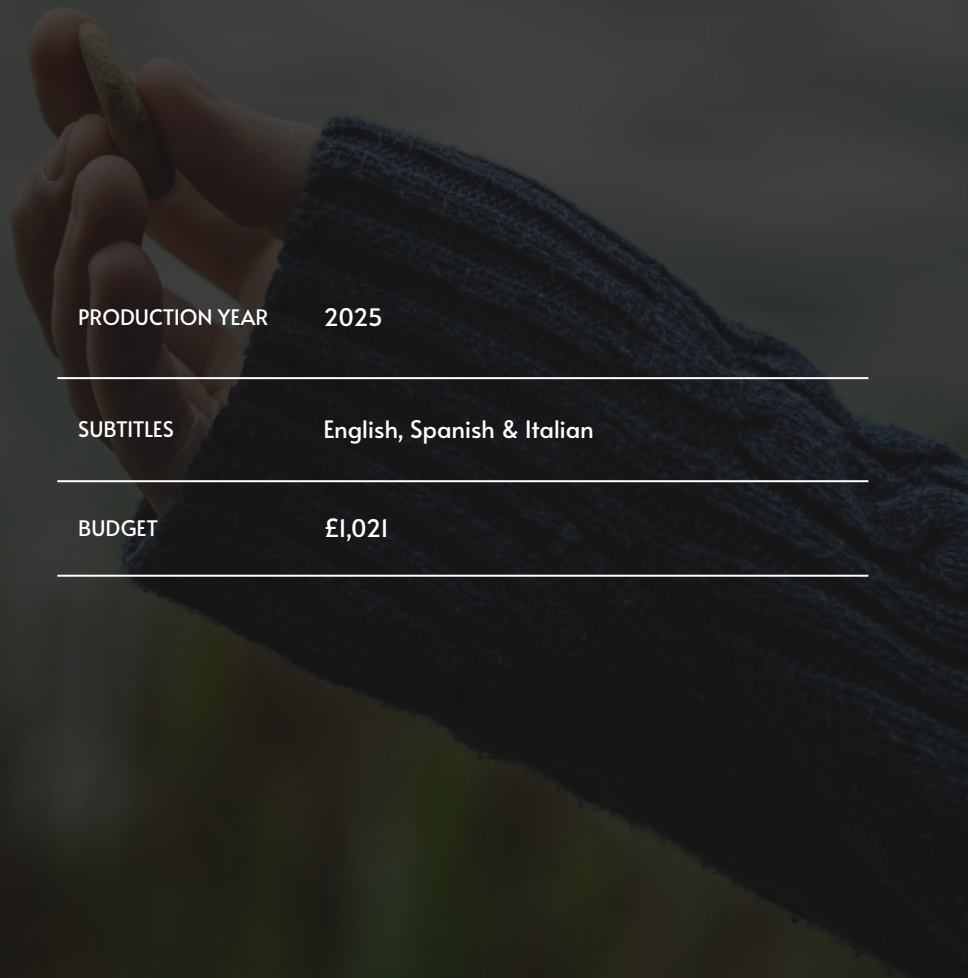
ASPECT RATIO 16:9

AUDIO FORMAT Stereo

PRODUCTION YEAR 2025

SUBTITLES English, Spanish & Italian

BUDGET £1,021





## CARLOS ANTONIO RIOS MORALES: DIRECTOR'S STATEMENT

At its core, *Holding Echoes* is a relatable exploration of friendship, change, and the bittersweet nature of moving on. I wanted to capture the kind of friendship where you don't have to say much and even a shared look or a long silence can say more than words.

I've always been drawn to stories about change, especially the small, quiet moments that stick with you. This film isn't about a big, dramatic farewell. It's about two people avoiding the fact that things will never be the same, filling the space with jokes and old habits just to avoid saying goodbye.

Visually, I want to reflect that feeling of time slipping away with long takes and moments of silence.

We've all tried to hold onto what we have in fear of what's to come.



## EMILY KENNEDY

Having worked on a few projects together in the past, I was over the moon when Antonio asked me to be a part of his film. I'm always drawn to stories that feel very real and raw; It means so much to me to create a performance that helps people feel seen and gives them something to find comfort in. I really felt connected to Jess - her story felt like a mirror in many ways - and that connection drove me to bring her to life in the most authentic way I could.

I moved to Norwich a little over 4 years ago for my Acting Degree and since graduating I have continued to pursue my dream, all while surrounding myself with such a wonderful creative community. I'm so proud of everyone that made this film what it is and can't wait to see what the future holds.



## LEWIS SCANTLEBURY

My name is Lewis Scantlebury and I'm an actor and creative based in Norwich. I graduated from Norwich University of the Arts with a BA (Hons) Degree in Acting in 2023 and have continued to perform and help develop creative spaces in and around Norfolk.

Holding Echoes is a very honest story of when you get to an unfortunate crossroads in your friendships. I believe the beauty of this piece is how relatable it is. People moving away from home is something that is unavoidable when you're young, and I believe this film captures all these complicated emotions perfectly.

# CREW

WRITER, DIRECTOR AND  
DIRECTOR OF PHOTOGRAPHY

CARLOS ANTONIO RIOS MORALES

PRODUCER

CONNOR BRYANT

FIRST ASSISTANT DIRECTOR

BLYTHE PAYNTER

RUNNER

CHANDLER ELLIS

FIRST ASSISTANT CAMERA

BREEZE REDWINE

PRODUCTION DESIGNER

MELISSA OSBORNE

SECOND ASSISTANT CAMERA

MYLES ASHFORTH

TITLE GRAPHICS

STAR CLARK

DIGITAL IMAGE TECHNICIAN

CHARLIE SAVILL

UNIT STILLS

ROSIE GUNNING

EDITOR

LAURA CARVALHO

SOUND RECORDIST AND SOUND  
MIXER

JACK SIZER

COLOUR GRADIST

ADAM PEACOCK

MUSIC

ALEX GLENN

# Festivals & Awards



Entertainment Week Africa (2025)

Selected

Couch Film Festival (2025)

Award Winner - Best International Drama

Athens International Monthly Art Film Festival (2025)

Honorable Mention



Manchester Lift-Off Film Festival (2026)

Selected

Indie Film Spotlight (2026)

Selected

Reale Film Festival - Monthly Awards (2026)

Honorable Mention



Global Shorts (2026)

Award of Merit



Sunrise Film Festival - Lowestoft (2026)

Selected

# Posters



# STILLS



# BEHIND THE SCENES



A dark, moody landscape featuring a body of water in the foreground and a dense line of trees in the background. The scene is dimly lit, creating a somber and reflective atmosphere. The text "THANK YOU" is centered over the water in a large, white, sans-serif font.

**THANK YOU**