

# PARK LA BREA

Written, Directed & Starring Bevin Bru



## **Synopsis:**

At a breaking point in her life, **Cris** finds herself repeating the same destructive pattern that has defined her relationships. But for the first time, she has the awareness to see it — and the power to choose differently. **Park La Brea** is a haunting, intimate exploration of Borderline Personality Disorder and the thin line between perception and reality. As Cris hovers between self-destruction and self-realization, the film poses its central question:

**IS MADNESS A CHOICE?**

## **Director's Note**

As an actress, I've spent years studying human behavior from the inside out—analyzing emotional truth, contradiction, and the subconscious patterns that drive decision-making. Writing and directing **PARK LA BREA** allowed me to move beyond interpreting character and into constructing the full psychological world around it. Choosing to also perform the lead role was a deliberate extension of that process—allowing for a level of intimacy and control over the character's internal experience that felt essential to the story, as this story is based on my lived experience and is rooted in a question I continue to return to: once we become aware of our patterns, do we have the ability to choose differently—and if so, does that awareness become our responsibility?

## **Filmmaker Background**

Cuban-American filmmaker Bevin Bru was born and raised in Miami, Florida, and is currently a series regular on ABC's *RJ Decker*. With a career spanning network television and independent film, her experience on professional sets has shaped her understanding of performance, tone, and visual storytelling. **PARK LA BREA** marks her directorial debut and the beginning of her transition into filmmaking, with a focus on psychologically driven narratives that explore identity, perception, and the complexity of human behavior.

## **Project Status**

Currently in post-production. Funding will support final sound design, music licensing, mix, and cost for submission to festivals such as SXSW, Tribeca, Palm Springs ShortFest, Clermont-Ferrand, and other festivals highlighting mental health and emerging voices in cinema.

# BEVIN BRU

SAG-AFTRA

Cuban-American filmmaker and series regular on ABC's *RJ Decker*, with extensive on-set experience across network television and independent film. With a foundation in performance and a deep understanding of production environments, she brings a character-driven, psychologically grounded approach to storytelling. Her work explores identity, perception, and the tension between awareness and choice.

## **FILMMAKING**

**Park La Brea** — Director / Writer / Producer

## **TELEVISION**

*RJ Decker* — Series Regular — ABC  
*Land Man* — Guest Star — Paramount+  
*Rescue: HI-Surf* — Guest Star — FOX  
*The Rookie: Feds* — Guest Star — ABC  
*Will Trent* — Guest Star — ABC  
*Ramy* — Guest Star — A24 / Hulu  
*9-1-1: Lone Star* — Guest Star — FOX  
*Ultra Violet & Black Scorpion* — Guest Star — Disney+  
*Batwoman* — Recurring — The CW

## **FILM**

*Street Smart* — Supporting Lead — Dir. Catherine Hardwicke  
*57 Seconds* — Supporting Lead — Dir. Rusty Cundieff  
*Couples Therapy* — Lead — Dir. Tim Hendrix  
*Head Count* — Supporting — Dir. Elle Callahan  
*Finding Home* — Supporting — Dir. Paul Michael Blair  
*This Tempting Madness* — Supporting — Dir. Jennifer Montgomery

## **TRAINING**

Howard Fine Studio — Memorization, Voice & Speech, Intensive  
The Groundlings — Improv (Basic & Intermediate)  
UCB Theatre — Improv 101  
Workspace — Scene Study (Howie Deutch)  
The Marshall Studio — Scene Study  
Krater Studios — On Camera