

3.0 KILOGRAMS OF HAPPINESS.

2026



**3.0 KILOGRAMS
OF HAPPINESS**

3rd film by ZORNITSA SOPHIA from
TRILOGY on alternative motherhood

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LOGLINE

Anastasia, 55 years old, gets pregnant with the baby of her daughter, who can't conceive against the law and against her husband's will, thus swirling the lives of four people in absurdity.
A true story from Sofia, Bulgaria, 2017.

GENRE Dramedy

SYNOPSIS

Anastasia convinces Chavdar to help their daughter Betty, who has a third miscarriage. He pays for a fourth IVF, but it is Anastasia who decides to get pregnant with the embryo, despite her husband's protest and against their faith and the law, which confronts their relationship with a dead end. The human intervention in this "God's deed" throws the world of the two families into chaos. Betty, the biological mother, obsessed with the promotion at the advertising agency becomes jealous of her mother; the father-to-be Nikolay step by step gets attracted by his pregnant mother-in-law, who he takes care of after the order of Betty. Anastasia, the surrogate mother, blooms either from the hormones or from the way the young man takes care for her, like the Little Prince for his rose, until her daughter sees them holding hands... Whose child is that and how many mothers does it have are the easy questions in this puzzle where love, ethics and laws create a Molotov cocktail* and only acceptance might be the compass in this new geography.



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DIRECTOR'S NOTES

Alternative parenting, IVF, surrogacy are hot topics when reproduction problems are secretly but increasingly shaping countless destinies all over the world. My focus is on the impact this "intervention in God's deeds" has on the relationships and re-definition of the family roles, while people **navigate without a compass in this new emotional geography**. While realizing the film can rise a debate, I am impressed by how simply accepting the other can have another point of view, might be enough to navigate even the roughest sea. Maybe acceptance is the other word for love?

Crossing of boundaries and **merging of roles is visually integrated** in the film narrative in a few scenes in which two different characters look at each other from the two sides of a window –their reflections merging, creating a mounster-creature of dissonance. Cinematically sticking is one of the locations – the fisherman's illegal village, that adds another layer of absurdity like a **barrel-style Venice**.

Finding **comedy and absurdity in the drama** of my characters is my way to see our lives with an ease similar to Shakespeare's hero exclaiming "All the world's a stage, and all the people merely actors". The Bollywood dance comes both as a catharsis and as a logical triumph of **celebration family and love**, reinforcing the **uplifting tone** of the ending.

Thank you.
Zornitsa Sophia



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PRODUCTION NOTES

3.0 KILOGRAMS OF HAPPINESS is the second part of my trilogy about **alternative motherhood**. The first one - **MOTHER**, 2022, was also a true story, it was shot with real orphans and street children in Kenya and Bulgaria and **premiered at Warsaw IFF and IFFI Goa competitions**, won 10 awards at 30 festivals and was the **Bulgarian submission for the Academy Awards 2023**.

The new one 3.0 KILOGRAMS OF HAPPINESS because of its cross genre approach - dramedy – is expected be for even broader audience.

During the development, the project 3.0 KILOGRAMS OF HAPPINESS has won two awards at coproduction markets: **Villa Kult at Sofia Meetings 2020** and **Equality award at Balkan Film Market 2020**.

In addition to the theme and the team, the two films share the brilliant actress Daria Simeonova who plays the protagonist in MOTHER and the antagonist in 3 KILOGRAMS OF HAPPINESS.



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BIOGRAPHY of the DIRECTOR

Zornitsa Sophia graduated as fine artist, participated in 60 exhibitions internationally before specializing filmmaking. She has written, directed and produced 4 feature films and 2 documentaries; she directed 7 prime time tv series, one theatre performance and an Opera. Her feature films “Mila from Mars”, “Forecast”, “Voevoda” and “Mother” are selected or awarded at major film festivals like Goa, Warsaw, Shanghai, Cairo, Sarajevo, Busan, Mar del Plata, Moscow, two of her films are box office hits nationally and two of them are selected as Bulgarian submission for the Academy Awards.

FILMOGRAPHY writer, director and producer

MOTHER feature (2022) Bulgarian/German/Croatian, premiered at main competition at Warsaw IFF and nominated for Gandhi-Unesco medal at IFFI Goa, selected at 30 international festivals, with 8 awards, the original Bulgarian submission for the Academy Awards

VOEVODA feature (2017) Bulgarian/Croatian, premiered at Shanghai IFF and Moscow IFF, 20 international festivals in total, 10 nominations, one award, box office hit nationally

FORECAST feature (2008), premiered at Mannheim-Heidelberg IFF and Cairo IFF, selected at 20 international festivals, 11 nominations, 2 awards.

MODUS VIVENDI, documentary (2006) premiered at Sofia FF

DEATH AND ALL THE WAY BACK, documentary (2005) Sofia FF

MILA FROM MARS feature (2004), premiered and awarded at Sofia FF and Sarajevo IFF, with 60 international festivals, 20 nominations, 18 awards; box office hit nationally, the Bulgarian submission for the Academy Awards.

TV SERIES Zornitsa Sophia directed over 50 episodes in 7 prime time TV series, two of the series she started as the first director.

THEATER AND OPERA She directed the awarded theater play WHEN THE AIN STOPS FALLING and the opera ZAKHARI, THE PAINTER which open the season 2019/2020 in the National Opera and Ballet.

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TEACHING Zornitsa Sophia often conducts workshops on filmmaking for scriptwriters, directors and actors in Bulgaria and abroad.



PROFESSIONAL MEMBERSHIPS Zornitsa Sophia is member European Film Academy, UBF and BAC. She is among the founders and President of the Bulgarian Female Filmmakers' association **EWA BG**.

Links to previous works

MOTHER

vimeo.com/685356497

Password: Ushirika13

VOEVODA

vimeo.com/874297942

Password: womenrebels



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TECHNICAL DATA

Original title: **3.0 КИЛОГРАМА ЩАСТИЕ**

English title: **3.0 KILGRAMS HAPPINESS**

running time: 98 min

Countries of Production: Bulgaria, Azerbaijan

Languages: Bulgarian

DCP / Aspect: 1:2,35 / Sound: Dolby 5+1

Territorries available: All except Bulgaria, Azerbaijan and Turkey

CREDITS

Script: Viktoryia Penkova, Zornitsa Sophia, Petar Delchev

Director: Zornitsa Sophia

DOP: Martin Chichov

Edit: Martin Savov

Productuion Design: Kalina Chelebieva\

Costume Designer: Marieta Spasova

Make up: Greta Mancheva

Sound: Alexander Popov

Music: Mihail Yossifov

CAST

Stefka Yanorova

Daria Simeonova

Gerasim Georgiev Gero

Vladimir Zombori

Jacklin Docheva



Thank you!

