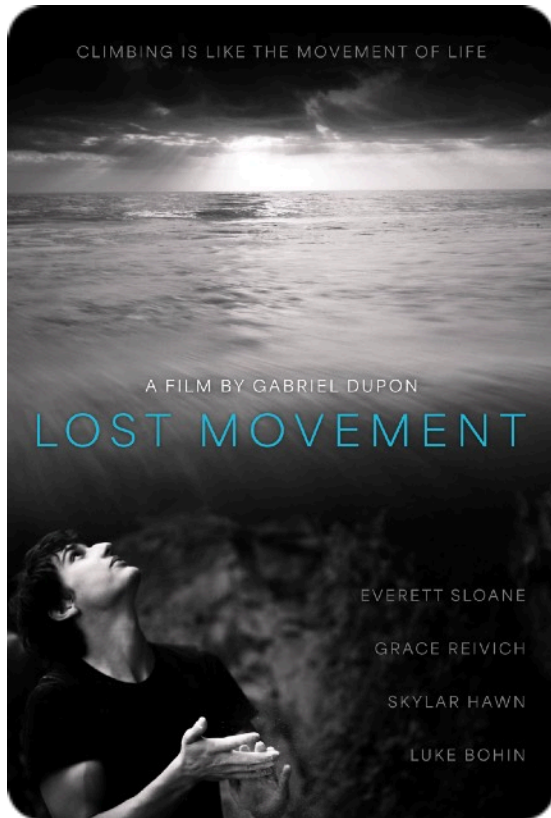


LOST MOVEMENT

PRESS KIT



“CLIMBING IS LIKE THE MOVEMENT OF LIFE”

Lost Movement is a psychological short documentary inside the world of competitive climbing. Through intimate interviews and a parallel, staged competition attempt, the film examines how time pressure and performance shape identity, and what remains when the clock runs out.

SPECIFICATIONS	
Genre	Shorts - Sports Documentary
Runtime	8 minutes, 30 seconds
Completion Date	February 2026
Country of Origin	United States
Location of Filming	Colorado, Texas, and Florida (United States)
Language	English
Technical Info	Color, 1.85:1 Aspect Ratio, 5.1 Surround Sound
Student Status	Yes - Liberty University

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DIRECTOR BIOGRAPHY

Gabriel Dupon is an independent documentary filmmaker focusing on psychological and observational storytelling. His previous film, *Voyager*, won best experimental documentary at the Pikes Peak docuFEST.

You can contact Gabriel at:

gabriel@duponstudio.com

DIRECTOR'S STATEMENT

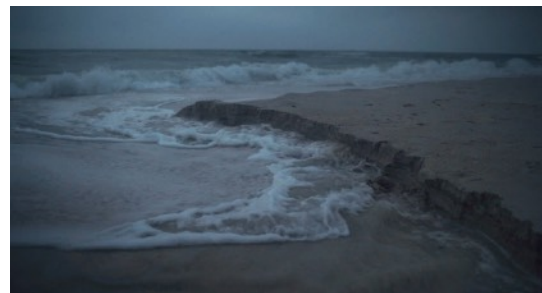
Lost Movement grew out of my experience within competitive climbing and the psychological pressure created by time limits, performance, and expectation. While the project initially focused on mental toughness, it gradually shifted toward questions of identity. How closely passion, self-worth, and discipline become intertwined under competition.

Rather than documenting athletic achievement, the film sits inside moments of uncertainty, failure, and reflection. It avoids resolution by design, allowing the audience to experience the tension between commitment and obsession, and to confirm how difficult it can be to imagine life beyond performance.

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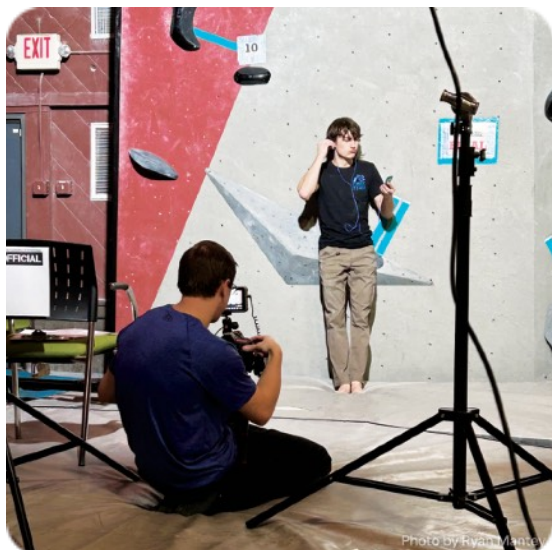
STILL FRAMES



LOST MOVEMENT

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CREDITS	
Director, Producer, Writer, Cinematographer, Editor, and Sound Mixer.	Gabriel Dupon
Key Cast - "Self: Coach"	Everett Sloane
Key Cast - "Self: University of Texas Athlete"	Skylar Hawn
Key Cast - "Self: Colorado State University Athlete"	Grace Reivich
Key Cast - "Self: Fictional Comp Climber"	Luke Bohin
Production Assistants	Luke Bohin Ryan Mantey
Special Thanks (credit to extra support, additional interviews, and for providing location access to Bradenton Beach Florida, Crux Central Austin, Whetstone Climbing Fort Collins, and Genesis Health Clubs Fort Collins)	Adam Edwards Austin Leigh Chloe Hearon Dan & Merritt Dupon Darrell Gschwendtner Gannon Nawojczyk Grace Nicholas Liam Massing-Vincent Jeremiah Wall



Behind the scenes photo during the production at Genesis Health Clubs - Miramont North in Fort Collins, Colorado. Shown in this picture is Gabriel Dupon (Cinematographer) and Luke Bohin (Fictional Comp Climber). This sequence was a competition reenactment to connect the interviews with a visual element.