



To Whom It May Concern:

On behalf of the Canadian Digestive Health Foundation (CDHF), we are proud to endorse Squat N Stool, a short film by Canadian filmmaker Ram Rajagopalan. This witty, 10-minute comedy addresses the universal, yet often unspoken subject of constipation - using humor as an accessible way to spark important conversations about gut health and cultural taboos.

CDHF is Canada's trusted resource on digestive health. We are committed to providing useful, up-to-date information and research to help Canadians better manage digestive conditions and live healthier lives. Our mission is to reduce suffering and improve quality of life by delivering trusted, accessible, and accurate information about digestive health and disease.

While occasional constipation may be painful and uncomfortable, it is a common condition. However, many people find it embarrassing to discuss, which leads to less open conversation around the topic. Storytelling can be a powerful tool for raising awareness and reducing stigma surrounding digestive health. Squat N Stool reflects this mission by blending entertainment with education - encouraging audiences to engage with a topic that affects millions yet is rarely discussed openly.

The Squat N Stool short film aligns with our commitment to improving digestive health literacy, and we are proud to support its success.

A handwritten signature in black ink that reads 'Kelsey Cheyne'.

Sincerely,
Kelsey Cheyne-Peltzer
Executive Director
Canadian Digestive Health Foundation

