



WHAT IF I TELL YOU

Agar Mein Kahoo

A film by National Award Winning Director

Teena Kaur Pasricha

Produced by Mulberry films;

Green Earth Pictures

Greeneearthpics@gmail.com

What If I Tell you
अगर मैं कहूं





Logline- After surviving breast cancer, a filmmaker questions the silence around her ordeal-probing family, friends, and prospective partners-only to find the journey leading to self-love and empowerment.

Synopsis- WHAT IF I TELL YOU

"What If I Tell You" is a personal documentary film wherein, after Breast Cancer treatment, the filmmaker is affected, but she is asked to be silent due to the fear of being gossiped about.

As a breast cancer survivor, she wants to know what are the social consequences of surviving breast cancer.

Why do her parents and other people around her never utter the words? She starts filming the men for choosing a prospective life partner. She wants to know what men think of her when they know she is a survivor. Does that affect them choosing her as a partner?

The personal becomes the political in all ways.

The filmmaker and the man and her family have candid conversations that lead to realisations of gender roles and inequality.

Teena speaks to her best friend, Nomi, to share her feelings which becomes a window to her inner world as well.

The film emerges to be a balance between the intense experiences of her as a survivor, finding the reason for breast cancer from an emotional perspective, and the conversations with prospective men from different towns in India. In between, she is realising self, looking inwards and outwards to come to terms with herself and her body. She learns Self-love.

DETAILS of the FILM- WHAT IF I TELL YOU

Duration -52 mnts

Language- Hindi, Punjabi with English subtitles

Year- 2025

Won the Bichitra Collective Fellowship by Color Congress, USA 2023

2nd Fellowship by IAWRT- Jai Chandiram film festival 2022

3. Trailer Pitched in Dhaka Doc lab 2021

4. Story development in Lets Doc, by Docresi Kolkata

5. DOCEEDGE Kolkata 2021 for pitch

Mulberry Films/Green Earth Pictures

Produced and Directed by Teenaa Kaur Pasricha

Contributing Producer- Piyush Kothari



IDSFFK Kerala,
Thiruvananthpuram,
2025, Long Focus





South Asian Film
festival of Montreal,
2025



National Indian Film
festival, Australia,
2025



Asian Women Film festival
New Delhi, India



Jagran Film Festival,
2025



Stage of the Project

The film is doing the film festival round and seeking Distribution and Release



Media Coverage

SCROLL Article

A documentary filmmaker's new subject: her experience with breast cancer

Teena Kaur Pasricha's 'What If I Tell You' explores her recovery and her efforts to tackle the stigma associated with the disease.

 Scroll.in / May 14



What If I Tell You: National Award-winning Filmmaker Explores What It Means to Live, Love, and Long after...

National Award-winning filmmaker Teena Kaur Pasricha's next, What If I Tell You, is a deeply personal documentary about life after breast cancer.

 ETV Bharat / Apr 30

ETV BHARAT -
[https://www.google.com/url?
rct=j&sa=t&url=https://www.etvbharat.com/en!/entertainment-interview-what-if-i-tell-you-national-award-winning-filmmaker-teena-kaur-pasricha-explores-what-it-means-to-live-love-long-after-surviving-breast-cancer-enn25043001893&ct=ga&cd=CAEYACoUMTY1NjQ0MjQ2NjM3NTIwNzEyHDlmODYzMmUzMWNkODlhYzM6Y28uaW46SU4&usg=AOvVaw0dwr4ogP4jOUKUeFfvzTHJ](https://www.google.com/url?rct=j&sa=t&url=https://www.etvbharat.com/en!/entertainment-interview-what-if-i-tell-you-national-award-winning-filmmaker-teena-kaur-pasricha-explores-what-it-means-to-live-love-long-after-surviving-breast-cancer-enn25043001893&ct=ga&cd=CAEYACoUMTY1NjQ0MjQ2NjM3NTIwNzEyHDlmODYzMmUzMWNkODlhYzM6Y28uaW46SU4&usg=AOvVaw0dwr4ogP4jOUKUeFfvzTHJ)

Home Lifestyle
News **Sunday Mid**
day News

I Am My Own Subject

Updated: Dec 15, 2019, 09:06 IST | Prutha Bhosle | [Mumbai](#)

A national-award winning filmmaker did not renounce the camera when she was diagnosed with stage IIA breast cancer. She

simply turned the lens on herself.



Teena Kaur's father Mahendra Pal Singh features in the film, [The Eighth Woman](#), which will premiere at festivals next year

In April 2018, Teena Kaur had a lot to celebrate. She had just won the President's Silver Medal at the National Film Awards for her documentary, [1984, When the Sun didn't Rise](#).

1.

2.

3.

.

Mid-day



'I need to love me first'

Award-winning filmmaker Teena Kaur Pasricha's new documentary talks about her journey as a breast cancer survivor and her search for love

 Mid-day / Sep 29, 2024

Director's Bio- Teenaa Kaur Pasricha



Teenaa Kaur Pasricha is a National award-winning filmmaker, a Screenwriter fellow from Asia Society NY 2015, and, an IVLP fellow on films for Social Change by US Consulate and Sundance. Her feature film “MAUJJ” was selected in NFDC Script Lab 2022. She won a fellowship in Screenplay writing from Time Warner Foundation, Asia Society, New York for her debut feature film script "The Red Autumn".

Her popular film “1984, When the Sun Didn’t Rise”, won the National Film Award in the Best Investigative Film category.

She was selected as an International Leader on Films for social change fellowship granted by the US Dept. of Cultural Affairs in Jan. 2020 wherein she networked with the independent film community in the US and Sundance Film Festival. She has fifteen years of experience in documentary films and Media. She has been making documentary films on Human Rights and Environment conservation. She has received the “Jai Chandiram Award” for her upcoming documentary film “What if I tell you?”.

http://en.wikipedia.org/wiki/Teenaa_Kaur_Pasricha

<https://www.imdb.com/name/nm7663983/>

Fellowship and Seletion of the film

Indian Women



In Documentary



DOCUMENTARY
RESOURCE
INITIATIVE

let'sdoc

Still Pics



Still Pics



Teena at Mammogram

CREDITS

Producer, Director, Editor-Teena Kaur Pasricha

Contributing Producer- Piyush Kothari

Sound Designer- Dhiman Karmakar

Colorist- Adolf Dsouza

Associate Editor- Avadhi Kataria

Consultant Editor- Irene Dhar Malik

Cinematography- Kaiser Ali, Teena Kaur, Harsh Doshi

Music Composer- Joy Sengupta

Poster



WHAT IF I TELL YOU..

ਜੇ ਮੈਂ ਤੁਹਾਨੂੰ ਦੱਸਾਂ

A FILM BY TEENAA KAUR PASRICHA

www.greeneearthpictures.in

"From the makers of National Award winning film- 1984, When the Sun didn't Rise".

Contact-Teena Kaur Pasricha

+918104572015

teenaastories@gmail.com

greenearthpics@gmail.com

@teenaapasricha Insta

http://en.wikipedia.org/wiki/Teena_Kaur_Pasricha

<https://www.imdb.com/name/nm7663983/>