

YOU KNOW WHAT YOU ARE



A COMING-OF-AGE PSYCHOLOGICAL HORROR
WRITTEN & DIRECTED BY ROSE TRIMBOLI

Galahmah Pictures 


FILM SYNOPSIS

YOU KNOW WHAT YOU ARE

Galahmah Pictures 



*A contemporary reimagining of a classic archetype, **You Know What You Are** presents a new perspective on the vampire. Set against the backdrop of a tranquil beach town during early winter, Faith is a young vampire grappling with her insatiable thirst for blood and the relentless struggle to control her violent urges. Seeking solitude, she finds herself unexpectedly forming close relationships with a group of loners, which challenges her sense of control, and forces her to come to terms with who she really is.*



WORKING TRAILER *(click to open in new tab)*

“

I wanted to explore Obsessive Compulsive Disorder through the lens of the vampire mythos, using it as a metaphor for the internal struggles with obsessive thoughts and compulsions. This film is a deeply personal exploration inspired by my own experiences with OCD and the struggles that come with it.

Just as vampires grapple with their nightmarish nature, my character, Faith, confronts the compulsions and anxieties that define her life. Through her journey, I hope to convey the universal truth that embracing all aspects of ourselves, even the perceived ‘darkness,’ is essential for inner peace.

***You Know What You Are** is not just a vampire story; it's a reflection of our shared humanity and the journey toward embracing our true selves, flaws and all.”*

- FILM WRITER & DIRECTOR, ROSE TRIMBOLI

SIMILAR FILMS WE LOVE

A list of comparable titles to give you a sense of what inspired this project.



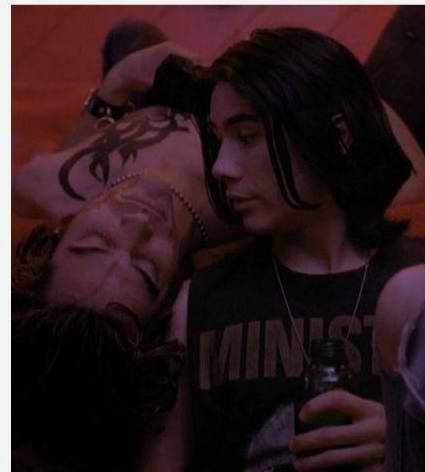
MYSTERIOUS SKIN
2004



NEAR DARK
1987



CARRIE
1976



DOOM GENERATION
1995

KEY CHARACTERS

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FAITH

A young vampiric woman who flees her home trying to outrun memories of a traumatic mistake. She lands in a small coastal town seeking solitude to keep out of trouble, but learns that you can't avoid yourself.





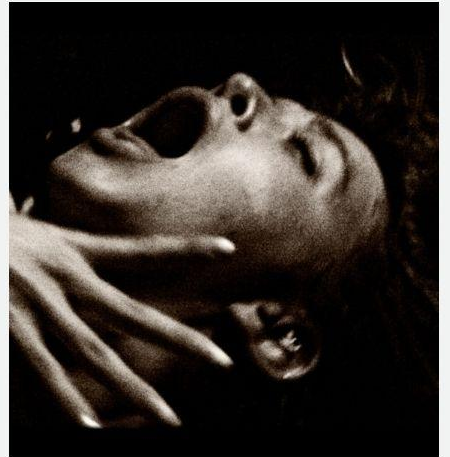
JOSIE

A life-long local who loves her little beach town and the people in it. She longs for someone to share it with and to fill the void of a family that's fallen apart.

ETHAN

Josie's cousin who, until recently, has been more like a brother and best friend. He doesn't see the value in their hometown like she does and makes every effort to be elsewhere. Until somebody draws him back.





MARKETING AND REACH

YOU KNOW WHAT YOU ARE

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CURRENT PRESS



Interview with director Rose Trimboli + lead actor Eloise Lola Gordon on the *Aunty Sochelle Hour-ish Show*

For Callahan, showcasing the wide world of horror also means making a concerted effort to platform filmmakers whose work you're not going to see anywhere else. That includes new filmmakers like Rose Marie Trimboli whose first feature *You Know What You Are* will open the June 14 Saturday Horror Extravaganza matinee. Trimboli describes the film as a vampiric riff on managing one's mental health. "I have severe obsessive compulsive disorder, which gave me the idea of vampires," she says. "I wanted to write a movie about my OCD and how I see myself.... The vampire archetype was a good way of exploring that."

Trimboli calls the process of making her film "hectic," as she worked to balance a day job with the logistics of making a vampire movie. A mentor referred her to PHFF as one way to get her film in front of audiences and other filmmakers.

"Ten Years of Terror With the Portland Horror Film Festival"

Joe Streckert - Portland Mercury

SOCIALS

@youknowwhatyouarefilm



You Know What You Are
24 posts 190 followers 199 following

A Reimagined Vampire Film - Coming 2025
directed by Rose Trimboli

Follow Message +

Grid of 6 images:

- Movie poster for 'YOU KNOW WHAT YOU ARE' featuring a woman's face with a bite mark, text: 'CLOSE LISA EDITION', 'JENNA BOWEN', 'FROM ROSE TRIMBOLI'.
- Close-up of a young boy shouting 'If you like...'
- Portland Horror Film Festival sign for 'THE CLINTON' at 'THE HARNEY WAY MO7' with dates 'SAT / SUN 12 PM' and 'ROCKY HORROR SAT 11'.
- Person sitting at a table with a coffee cup.
- Person sitting on a grassy bank looking at a lake, with text: 'OFFICIAL SELECTION Portland Horror Film Festival 2025'.
- Close-up of a woman's face with a bite mark.



TARGET AUDIENCE

'Genre film' lovers who appreciate a mix of subjects (i.e. horror + lgbtq + coming-of-age etc.)



DEMOGRAPHIC FOCUS

Young people 16-30 who can relate to growing pains + seeking community

LGBTQ viewers who value seeing themselves represented on screen



KEY INTERESTS

Vampire-based horror

Women-focused LGBTQ themes

Slower, contemplative story building

Grunge, shoegaze, rock music

AUDIENCE PROFILE

MEET THE TEAM



ROSE TRIMBOLI
DIRECTOR



CARMEN CHAN
CINEMATOGRAPHER



WILL DINOLA
FILM SCORE COMPOSER



DANTE IANNETTA
PRODUCTION DESIGNER



EMILY NUPELL
FILM EDITOR



SHAYNA DAVIS
PRODUCER

**THANK YOU FOR
YOUR INTEREST**

YOU KNOW WHAT YOU ARE

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