



Lachlan FILMS PRESENT
A documentary series

OUTSPOKE

A Faith and Endurance Journey

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4 Documentary Episodes

INTRODUCTION

Cross country running was Kaitlyn Maddox's passion. But after several stress fractures, she was told she could never run again. Feeling that she had lost her identity, Kaitlyn looked for another way to fulfil herself -- and that's when she discovered bike riding. Over the past few years Kaitlyn has shown true grit by overcoming great physical challenges to become one of the leading female endurance bike racers in the USA. Her journey, with the support of her husband Blane, has been one of complete dedication to her sport and to Christ.

SYNOPSIS

As a teenager, Kaitlyn Maddox was a cross country runner – and she was good! But her desire to lose weight made her decide to skip meals. The result was devastating. Her bones didn't strengthen, and she became susceptible to fractures. The toll on her body was too much for her to continue to run and doctors advised her to give it up. As a young Christian girl this was a tremendous challenge to her faith. She was known as a runner – It was her identity. So now what?



Kaitlyn needed to put her energy somewhere and that's when she discovered mountain bike riding. Wanting to learn more about the sport, she took a job at a local bike shop. It was there she learned about mountain bike races. Her first race was the Shenandoah 100 miles race in Virginia. She barely finished! But her tenacity drove her to keep pursuing the sport and over the next couple of years she became an expert racer. She also became a certified coach and started training cyclists for the Endurance Collective.

In 2021, Kaitlyn took second place in the USA Cycling Marathon Mountain Bike National Championships. Believing she could win the championship in 2022, Kaitlyn set out on a rigorous training schedule. Tragically, she broke her leg in a skiing accident. Again, she asked God, now what?

With the support of her husband and team partner, Blane, she set out to recover from her injury and to work her way back to being a top rider again. This film series follows her on that journey through trials, disappointments, and courage as she and Blane model their faith through endurance. They named their team, **OutSpoke** as a testimony to God that despite what the future may hold, they would always be witnesses for Christ in their sport and lives together. To accomplish their goal, they chose to sacrifice everything and live in a van for two years and give it their best shot.

DIRECTOR

STUART LACHLAN BENNETT

Stuart Lachlan Bennett is a writer, producer, and director with a career in film and television spanning more than 40 years. He began his television career in England where he worked as a film editor for BBC Television and graduated from the BBC film-training program at the prestigious Ealing Film Studios in London.

After relocating to the United States, Stuart has worked with ABC, CBN and the Discovery Channel. His expertise is with international productions, and he produced reality, documentary, magazine and drama productions for Chinese Central TV, Russia's Channel 1, Japan's NHK and TV11 Thailand. Stuart has directed for film and TV in more than 30 countries including *Ransom*, a feature film in the Turkish language in 1992 and *Ali and Silvana* a feature film he directed in Bulgaria in 1994.

In 2015 he started a nonprofit to make films to educate, inform and inspire. Lachlan Creative Group operates its own production company, Lachlan Films. Their documentary film, **Saint Nicholas: The Real Story** has been watched by more than 60 million people around the world. Stuart also teaches directing, screenwriting and documentary filmmaking as a Professor at Liberty University in Virginia.

TEAM OUTSPOKE



Kaitlyn Maddox – found her passion for movement early in life which led to a degree in Exercise Science. With a background in running and cycling, she found my niche in a strength- focused approach to endurance training. She has a deep understanding of the benefits of a healthy lifestyle and it's her life's ambition to inspire others to #TakeFlight and live a full, healthy life. Dedicated to being a lifelong student, she aims to provide the best service possible through commitment to continued education.

Kaitlyn works for The Endurance Collective as a remote coach. Her goal is to become the women's USA Mountain Bike National Champion. She is a proud dog mom to a Shiba Inu called, Everett and she enjoys traveling to train and race bikes with her husband, Blane.



Blane Maddox – is a builder who works with his father in their commercial and residential construction company. Blane designs properties with a unique flair bringing fresh looks to every project.

Mountain bike racing is also his passion, and he rides with Kaitlyn every opportunity he gets. His commitment to Kaitlyn is inspiring. His desire to see her become a champion has meant leaving his job for 2 years. But in that process, he is also well on the journey to becoming an accomplished racer and a champion for Christ.

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Episode 1

When stress fractures bring an end to Kaitlyn Maddox's passion for long distance running, she discovers a new sport – mountain bike riding. She quickly becomes successful and starts to become a champion, but a skiing accident almost ends her career.



Episode 2

After Kaitlyn recovers, she trains hard to get back into races. She and her husband Blane decide to go all in. Blane leaves his job so they can work as a team. So, they purchase a van which will be their home as they enter races for the next 2 years.



Episode 3

Kaitlyn and Blane enter the Trans-Sylvania Epic stage race. Kaitlyn is back in the game and is back on a winning streak. Their house finally sells giving the freedom to hit the road.



Episode 4

Kaitlyn follows another passion. As a professional coach she also loves to invest in the next generation and teaches at an endurance bike camp. Next, she enters a 100-mile race in Colorado and her hard work pays off. She sets her sights on becoming national champion.

FOR FURTHER INFORMATION CONTACT:

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