

# The Zoomers

**DIRECTOR:** ZANE SABULE    **LENGTH:** 20MIN  
**FORMAT:** HD, COLOUR    **LANGUAGE:** ENGLISH  
**STATUS:** IN PRODUCTION    **PRODUCER:** DOCNOMADS  
**YEAR OF RELEASE:** 2024

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## LOG-LINE

"The Zoomers," a short documentary directed by a filmmaker from Generation Z, explores the self-discovery and complex realities of young adults navigating the conflicting nature of an interconnected yet isolated world, revealing their deepest fears, desires, and evolving identities through authentic encounters and creative expression.

## SYNOPSIS

"The Zoomers" is a short documentary film that explores the journey of self-discovery and connection among Generation Z. The film delves into the challenges and expectations faced by young adults in an increasingly connected yet isolating digital age. Directed by a filmmaker from the same generation, the film looks into the lives of diverse young adults aged 18-24, revealing their desires, worries, and the complexities they face from day to day. Using interactive and collaborative approaches, this documentary captures authentic encounters and conversations between the filmmaker and the subjects, as well as among the participants themselves. Through intimate discussions and creative group activities, "The Zoomers" reveal the contradictions, aspirations, and evolving identities of today's youth.

## DIRECTOR'S NOTE

At this point in my life - having the challenge to face another life transformation ahead - I see how being a young adult makes me reflect much more about my position in society. Some time has passed since the older generation paved the way, which means the new one is about to rise and deal with consequences that have happened in the past decades. Being on the edge of a generational shift makes me wonder where I belong. Am I a Gen-Z? What is the identity of my generation and where is it heading?

All of us Gen-Z's out there are forced to sell ourselves, compete, save the planet, and resent the human impact. We tend to value ourselves only by being productive and likable but spend way too much time isolated listening to songs about anxiety and wanting to disappear. This has caused several struggles for young people to open up, and communicate with one another while on the other hand has made our generation aware of the global damage and be more vocal about it. Intrigued by the ways my generation communicates both online and offline, I'm curious about the ways we navigate this conflicting landscape and manage the high expectations placed upon us.

