

# fragments

*fragments – memories of a broken mind*, is a screendance that explores an emotional journey inward. It begins with the discovery of a hidden room in the mind—a space filled with words that stir something deep within. The question arises: what happens when you dare to open the box holding these thoughts and feelings?

When the door to this inner room is opened, it reveals a place where you feel trapped, stuck against your will. Inside, you meet your inner child, a part of yourself that carries old wounds and vulnerabilities. While people often say you should comfort and embrace your inner child, *fragments* takes it one step further. Here, the inner child forgives and blesses the adult self, offering something even more powerful: true healing.

With that forgiveness, a new journey begins. It's about finding yourself again, but this time with a new perspective. The film moves toward a quiet hope, a feeling that, even if the path ahead isn't entirely clear, things will be okay.



Camilla Andersson about *fragments*

"Through *fragments*, I wanted to explore themes of forgiveness, self-discovery, and the search for inner peace. I used two different emotional settings in the film, both abstract: one represents the inner self, and the other is an empty room where the dance reflects the emotions.

The creative process began with the lyrics, which choreographer Rebecca Rosier then transformed into movement. The music was added during the editing phase. I wanted every artist involved to interpret and contribute to the process freely and without filters."

Camilla Andersson has worked as a producer and director on a documentary about Virpi Pahkinen and has created marketing films for Kenneth Kvarnström as well as for various performances at Dansens Hus in Stockholm.

# f r a g m e n t s

- MEMORIES OF A BROKEN MIND -