

hilitos de sangre



HILITOS DE SANGRE

THREADS OF BLOOD

Directed and Produced by Maki Görnemann Chávez

Filmförderung Hamburg Schleswig-Holstein
HFBK Hochschule für bildende Künste Hamburg

In Co-production with:

Contratiempo Cine
Pirosonos

México
2023

53 minutes
Documentary

Shooting Format: Digital

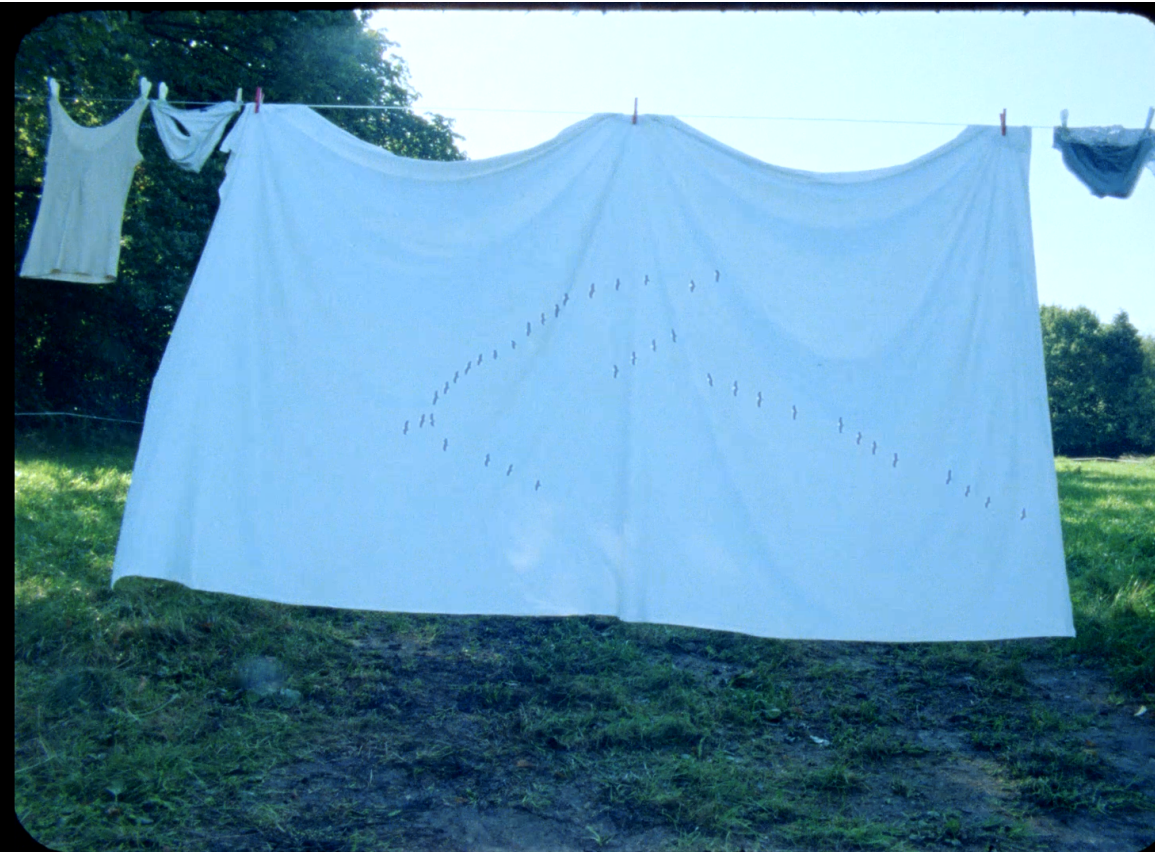
Aspect Ratio: 16:9

Sound: Stereo

Color: Color

Language: Spanish, English, German

Subtítulos: Spanish, English



LOGLINE

Thirteen filmmakers from different parts of the world share and showcase their personal stories about menstruation.

SYNOPSIS

All the unique voices, perspectives, and stories engage in a dialogue, questioning many of the taboos surrounding menstruation, from the absence of the subject in cinema to the implications of menstruation, such as premenstrual syndrome, pain, emotional changes, and pleasure. It is an intimate portrait of the different ways of experiencing and understanding our bodies.

[LINK TO TRAILER](#)



Maki Görnemann Chávez

Maki Görnemann Chávez was born in Guadalajara, Jalisco, Mexico, in 1993. Between 2012 and 2017, she studied a Bachelor's degree in Communication and Audiovisual Arts at ITESO (Instituto Tecnológico y de Estudios Superiores de Occidente) in Guadalajara, Mexico.

Between 2018 and 2021, she pursued a Master's degree in Film at HFBK (Hochschule für bildende Kunst) in Hamburg. She has worked on various film projects in Mexico, primarily as an editor, and has also directed her own short films.

FILMOGRAPHY

Hilitos de Sangre (*Threads of Blood*) (2023) – Germany/Mexico – 53 min – Documentary

Official Selection:

DOCS MX – Mujeres a Cuadro – Octubre 2023 – CDMX, México

The Women's Voices Now Online Film Festival – Marzo/Abril 2024 – EUA

“Fragen an I Ching” ***“Questions to the I Ching”*** (2019) – Germany – 8 min – Experimental

Official Selection:

Zebra Poetry Film Festival – Berlín, Alemania – Octubre 2019

La Ventana (*The Window*) (2017) Mexico – 14 min – Fiction

Sinfonía de un Recuerdo (2017) Mexico – 12 min – Experimental

DIRECTOR'S STATEMENT

I never thought I would make a movie about menstruation. Since my first period, I lived it in silence, full of taboos, and seeing images on television of a blue blood with which I could not identify. I had many questions but few answers. It wasn't until years later that I saw Ken Loach's film "I, Daniel Blake," and one scene stuck with me: A woman abandoned by the system, doing the impossible to survive, steals some sanitary towels, razors, and deodorant. It would have been the first time I saw in cinema any of the implications of menstruation.

I began to search for more films that addressed the topic and to recall the images I had seen, but I came to a conclusion: cinema is full of blood, but what blood is cinema full of? Due to this absence of stories, I decided to make a documentary about menstruation. I started by telling my own story in a video letter that I shared as an open call on social media in the hope that others would respond with their stories. Meanwhile, living in a foreign country and amidst the Covid pandemic, I began to make video calls with my grandmothers, my mother, and other people to talk about our experiences with menstruation. I recorded these intimate conversations in which we questioned the images with which each of us grew up, the products, the emotions, education, diseases.

After receiving video letters from people from different parts of the world, each with their own perspective, I realized that we shared many things in common, many questions, and gradually this film was woven with different formats, voices, and stories. This documentary is perhaps for me an attempt to make menstruation increasingly visible in cinema, and to sensitize many people to the different implications it entails, as well as to serve as some form of support or comfort to those who menstruate and may feel identified in some way with the stories.

Maki Görnemann Chávez

CREDITS

Rosa Elena Kong
Nicole Görnemann
Renate Görnemann
Chloé Galibert Lainé
Mónica Velasco
Carolina Gutiérrez
Alicia Arellano
Daniela González
Fernanda González
María Peligro
Giselle Dessarre
Sthef Josefina Olivares
Laura Arambula

Directed by:

Maki Görnemann Chávez

Produced by:

Maki Görnemann Chávez, Mónica Velasco

Director of Photography & Color Grading:

Eduardo Arrona

Editing:

Humberto Flores Jáuregui

Sound Design and Mix:

Rubí J. Pérez

Supervisor:

Pepe Danquart

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CONTRATIEMPO CINE - Production Company

Contratiempo Cine emerges from the necessity of contemplating cinema in a different way; of envisioning a cinema that confronts and commits us to question and resist, through memory and the stories we tell.

We are an independent production and distribution company with over 10 years of collaboration as a multidisciplinary team, committed to creative and collective work. From our first feature film “El Lugar de las Flores” (2016), to the success in national and international festivals of our short films “Expiatorio” (2019) and “Cinco de Junio” (2020), we continue to explore new stories and drive increasingly ambitious productions.

ad+Maiores

AD MAIORA - Festivals Distribution & Promotion

Ad Maiores is an independent sales and distribution agency based between Mexico and the United Kingdom. Our goal is to bring films to the right audience through careful study and analysis of each film's strengths and connecting them with the appropriate festivals.

From documentaries to fiction, including experimental and various genres, Ad Maiores is committed to the careers of emerging filmmakers, providing them with the services they need to showcase their work to audiences who will appreciate it most.

Version A



Version B



Desings by Mariana de Alba

CONTACTS:



ad+ **Maiora**

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