



no
the sequel
regrets

FEATURING Mae Fong Mann

DIRECTOR Emeline Mann Sanchez

THE STORY

SHORT synopsis:

no regrets - the sequel, like its predecessor, incorporates altered imagery to allow viewers to get a sense of the otherworldliness that the subject of the documentary, an elderly mother with dementia, might have. Unlike its predecessor, *the sequel* shows the mother thoroughly at home in all her various surroundings enjoying being in the moment regardless of her state of mind and body, but like its predecessor, *the sequel* is still a cautionary tale reminding viewers to not let time slip away from you and your loved one, else you may very well be hounded by regrets.

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MEDIUM synopsis:

no regrets - the sequel, like its predecessor, incorporates altered imagery to allow viewers to get a sense of the otherworldliness that the subject of the documentary, an elderly mother with dementia, might have.

Unlike its predecessor, *the sequel* shows the mother thoroughly at home in all her various surroundings enjoying being in the moment regardless of her state of mind and body,

How to avoid what could be a lifelong rehashing of regrets, sadness and despair, can be found in *no regrets - the sequel*, where a good time can be had at home in surprising ways as well as in the outdoors; to say more would be wandering into spoiler territory. Suffice it to say, *no regrets* is a cautionary tale — if you're not careful about letting time slip away from you, you may very well be hounded by regrets.

LOGLINE:

*The greatest adventure together
may be the one that's about to end
for one of you.*

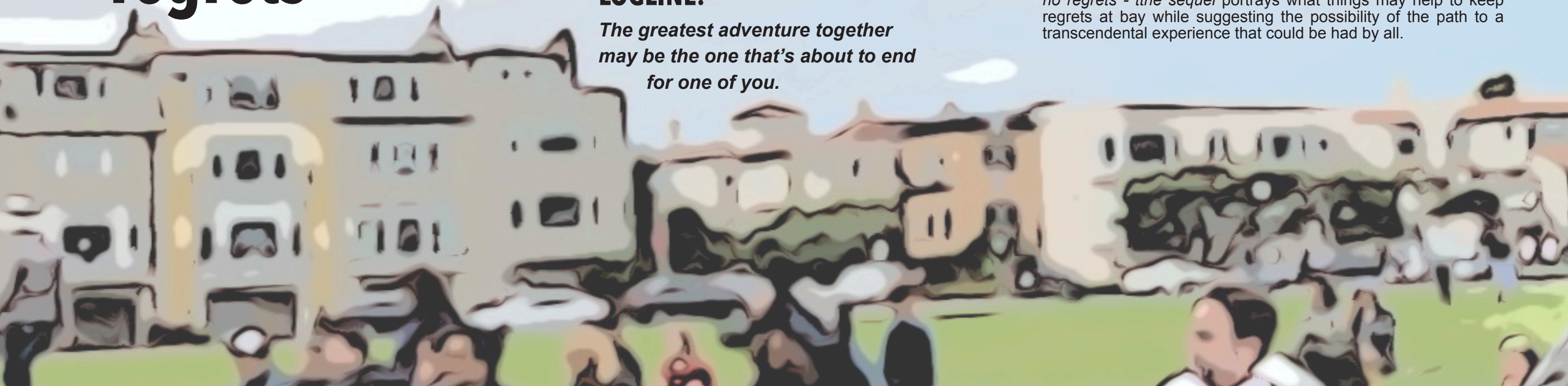
LONG synopsis:

no regrets - the sequel, like its predecessor, incorporates altered imagery to allow viewers to get a sense of the otherworldliness that the subject of the documentary, an elderly mother with dementia, might have.

Unlike its predecessor, *the sequel* shows the mother thoroughly at home in all her various surroundings enjoying being in the moment regardless of her state of mind and body—nonsensical things are being said; mobility is not ideal, but neither of these conditions hamper her ability to have a good laugh, enjoy the company of her constant companion you don't see, but hear.

How to avoid a lifelong rehashing of regrets, sadness and despair that is guaranteed to manifest after the death of a loved one, can be found in *no regrets - the sequel*, where a good time can be had outdoors, as well as in the home in surprising ways. To say more would be wandering into spoiler territory. Suffice it to say, *the sequel* is a cautionary tale — if you're not careful about letting time slip away from you, you may very well be hounded by regrets.

no regrets - the sequel portrays what things may help to keep regrets at bay while suggesting the possibility of the path to a transcendental experience that could be had by all.



CAST

Mae Fong Mann

After surviving the China/Japan war and civil unrest (in the 30s and 40s), Mae and family hopped on an airplane to the States. When her husband died, Mae, then in her 40s, got a job, got her two wayward teenage girls out of the housing projects and raised them to become functionally appropriate adults. While Mae often took her kids to the movies in Chinatown theaters back when Chinatown still had theaters and the Shaw Brothers production company was prolifically churning out movies from Hong Kong (Madam White Snake, Dream of the Red Chamber, The One-Armed Swordsman), Mae's appearances on film came into being only after her passing where she now lives in perpetuity.

THE PEOPLE

no regrets *the sequel*



Director, Producer, Writer, Editor EMELINE MANN SANCHEZ

Emeline is an award-winning producer and director. Her first documentary, *caring for mom*, premiered at the Marina del Rey Film Festival where it won the Audience Award for Best Short Documentary; it also won the awards for Best Health and Medicine Film at the Kiez Berlin Film Festival, Best Short Documentary at the Ponza Film Awards, and also screened either in-person, or online at the Seattle Film Summit, Will Rogers Motion Pictures Festival, and Young Film Market, an initiative of the Social World Film Festival.

Another documentary, *no regrets*, has won Best Experimental Film at both the Kiez Berlin Film Festival and Ponza Film Awards, and also screened at the Buffalo International Film Festival and Split Film Festival. Just finished, is Emeline's latest documentary, *no regrets - the sequel*.

On the varied paths in her ongoing journey, Emeline was recruited to be an art director for an Easter Seals telethon broadcast from San Francisco, finessed her way into an impromptu internship at a local Oakland television station in their creative department, completed a yearlong apprenticeship at a local Berkeley radio station—all leading to accidental filmmaker when her BFF, her dearest, sweetest mother left this world, the same mom she had been caregiving for the past 10+ years.

In her documentaries, Emeline shows how being with an elderly parent in their latter years can be rewarding not only for the parent but for the children; it is a topic in the here, now and future, that pertains to all of humanity.

TRAILER
otherworldliness
[no regrets TRAILER](#)

THE LINKS

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Photos on all pages are clickable **hyperlinks**

PHOTO captions (from top L to R)

1 - Snug as a bug at San Francisco's Marina Green West, watching hūlaos at the Aloha Poly Fest, 2019

2 - The empty medicine bottle at home was actually not what it seemed, 2017

3 - Reflections at an art exhibit at SOMArts Cultural Center, 2019

4 - Sporting new butterfly sunglasses just bought at the Alameda Summer Art Fair, 2019

5 - Coaxing Mom to walk straight ahead on her walker, 2021

6 - Looking (Bedford Gallery), 2019

7 - Another nice day in the park (San Francisco Botanical Garden), 2019

8 - Jammin' to music at home can make the heart flutter, 2017

9 - Happiness (Dahlia Dell, Golden Gate Park), 2019

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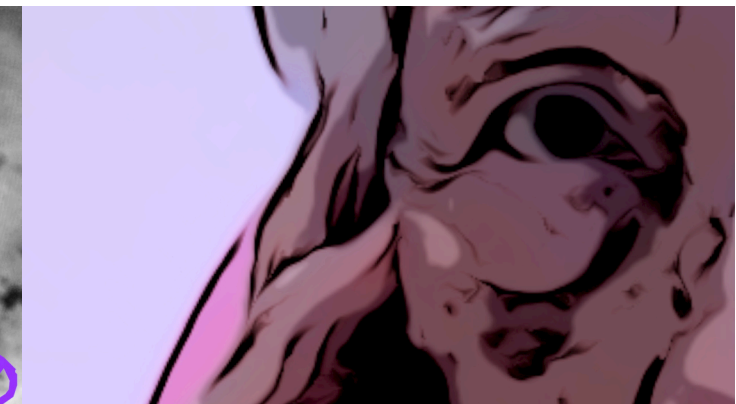
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