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MICHELE EVANS

BIOGRAPHY

Jack-of-all-trades and master of writing. Michele Evans studied acting and worked for five years in sports broadcasting and entertainment television, gaining experience in production, editing and reporting.

Evans wrote, produced, starred in and edited a scripted half hour television pilot, which she sold to ESPN. She has written six feature film scripts and is in talks with entertainment industry development professionals.

Additionally, Michele has created several short films, including one addressing the topic of domestic violence.

Her technical expertise includes Computer Programming, Graphic Design, Writing, Video Production and Editing. She has worked as an engineer, developer, and consultant for companies like Turner Broadcasting, ESPN, AT&T, WebMD, Video Professor, IMG Sports & Entertainment and New York Times.

Michele leverages her extensive media background to connect with clients and collaborate effectively on a multitude of work assignments. She combines strong technical skills with creativity, communication, and problem-solving abilities.

Michele has a treacherous life story which ultimately led to being justice affected. She parlayed her experience into a first of its kind opportunity, when she secured publication in the New York Times, detailing the harrowing experience of getting COVID-19 in the notorious Rikers Island Jail.

Mrs. Evans lists her crowning achievements as being her children and grandchildren. She holds dear her family and friends.

ENTERTAINMENT EXPERIENCE

DENVER WEEKLY, DENVER – *REPORTER*

2001 - 2002

DENVERSPORTSTV, DENVER – *PRODUCER, REPORTER, CAMERMAN, EDITOR*

2002 - 2006

ESPN, NYC – *TECHNICAL PRODUCER*

2007 - 2010

IMG SPORTS & ENTERTAINMENT, NYC – *DEVELOPER*

2006 - 2007

TURNER BROADCASTING, NYC – *DEVELOPER*

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Karena Columbus

BIOGRAPHY

Karena Columbus' soul cannot be defined by worldly achievements. Though she has conquered Mt. Fuji, interviewed basketball legend Kobe Bryant, hauled freight across mountain passes, and raised exceptional children, none of that fully captures her essence.

At her core, Karena is pure consciousness - an awakened awareness perceiving life through the avatar of Karena H. Columbus. She embodies unconditional love, truth, and ambition. A seeker, reader, and giver, Karena meditates to ground herself in the present moment.

Her human journey began in 1976. She studied urban affairs and worked as a sports and entertainment reporter before finding her calling as a meditation teacher and self-love influencer. Still, of all her accomplishments, Karena cherishes her hard-won self-acceptance most.

Through deep introspection, she shed the shackles of self-limiting beliefs to reveal her authentic self. Karena healed old wounds and opened her heart without reservation. She now shares that journey of radical self-love with others.

Karena, aka Gamma Rae, glows as a beacon for those seeking their inner light. Her biography lies not in worldly success but in fearlessly embracing all that she is.

ENTERTAINMENT EXPERIENCE

FOURDOTSIX, DENVER — *FOUNDER & EDITOR*

2000 - 2005

DENVERSPOTSTV, DENVER — *REPORTER*

AUG 2003 - DEC 2005

SILVERSCREEN FILMS, NYC — *ACTOR*

APRIL 2023 - PRESENT

EDUCATION

ASPEN CHRISTIAN COLLEGE, DENVER

B.A. Urban Studies - 1998