THE LIGHT OF REASON

A Dance Movie



THE STRUGGLE BETWEEN THE EGOS,
BETWEEN LIGHT AND DARKNESS

WITH THE COLLABORATION OF:

etic ESCOLA DE TECNOLOGIAS INOVAÇÃO E CRIAÇÃO

epi ESCOLA PROFISSIONAL DE IMAGEM

BLX BIBLIOTECAS MUNICIPAIS DE LISBOA

LISBOA CÂMARA MUNICIPAL

Film Festivals Screenings, Selections and Awards:



Mykonos Biennale
Mykonos
Greece
September 28, 2023
Official Selection



Festival InShadow
Lisbon
Portugal
November 24, 2023
Official Selection



Portugal Indie Film Festival
Nazaré
Portugal
July 13, 2024
Award Winner

Synopsis

A multidisciplinary proposal that merges dance, performance, sound and aesthetic architecture.
A battle of egos in a plastic mobility in which the collective immaterial is, despite everything, the main driving force.
Conducted by a mediation, which first analyses and only then intervenes, there is initially a celebration of the cult of the "I", and then this proposal falls under the human capacity, to reflect, share and accept that life is an intertwined commitment of a collective union for the growth of all in that same union.



Director’s Statement

“Light of Reason” is a Dance Film that follows the journey of two Protagonists, who represent two versions of Ego, in a Forest of Darkness. How much they dance to maintain Reason in their existence, illuminates the Protagonists amidst the Darkness. However, as the Conflict arises between both, they realize that the Light that illuminated them was nothing more than an illusion.

Our film seeks to observe and analyse Conflict Management. This is because it is something that dictates our interaction and personality, as individuals, on a day-to-day basis with all of us in Society. How do we deal with someone who has a different value system than we do? Do we accept the values and implement them in our behaviour until we absorb these values as our own? Do we reject this value system precisely because it is different from our values and seek to change the Other by internally reaffirming our own value system?

And how do we apply a change to the Conflict so that it can be resolved? It is at this point that the mediation of Conflict arises, in this case, through the character of the “Moderator”. How to start this process? What are the steps towards a conclusion of a Conflict where the sum of All is greater than the Individual's collectively in Society?

Part 1 of 3

Director’s Statement

It is this “dance” between Egos that we see daily that fascinates me and defines how we hierarchically insert ourselves in Society. Or so we think, because the Conflict relativizes this perception internally and externally. Dance was a natural language for us to express ourselves on a Narrative level, as much of the Conflict comes from body language, as well as its resolution can follow this path.

Dance allowed us to explore sensations, emotions and expressions at a more universal level than dialogue sometimes does not allow us to do. This applied tool is demonstrated through the choreography between all the characters in the resolution of the Conflict, through movements in perfect synchronism, where the Protagonists reach a Light that illuminates them together now that they communicate and dance in a more open and generous way .

Our references for working for six months, in a laboratory process, the script and the rehearsals together with the interpreters was the group from the Netherlands, Children of the Light, as well as the interactive dance film “Elementos” which also expresses itself narratively in the form of Dance.

Director’s Statement

We also tried to remove colours almost completely from the film, working only with Light and Darkness at a narrative level. It was also very important for us to mix Theatrical and Cinematographic languages to communicate in this narrative form and create an aesthetic language that allowed us to express and communicate Conflict Management in a practical way and how to achieve it.

Our function, as a Film, is to illuminate the paths that the Egos can travel, the consequences of these journeys travelled at an individual and collective level, as well as how we can become better on this journey after trying to observe, listen and ask the Other
...why do you dance?

Part 3 of 3



References

INSHADOW
LISBON SCREENDANCE FESTIVAL

2024 Submissions | Agenda | Competition | Programme | Press PT EN

INSTALLATIONS

Portuguese Video-Installation

4 to 20 December
FBAUL - Faculdade de Belas Artes da Universidade de Lisboa

Monday to Friday

A collection of 12 video dances - a celebration of national talent in the year in which we received the highest number of Portuguese submissions ever.







References


MYKONOS
BIENNALE
MYKONOS
BIENNALE
OPRHIC
MYSTERIES
2023
VIDEO GRAFFITI
OCTOBER 1, 21:00
MYKONOS TOWN
THE LIGHT OF REASON, PORTUGAL
MIGUEL MARIANO, DIRECTOR
A multidisciplinary proposal that merges dance, performance, sound, and aesthetic architecture.A battle of egos in plastic mobility in which the collective immaterial is, despite everything, the main driving force.

References



PORTUGAL
INDIE FILM FESTIVAL

HOME EVENT RULES & FAQ TEAM CONTACT DATES WINNERS

WINNERS

The Light of Reason > Miguel Mariano > Best Dance Short Film

Inspirational Poem for the Trailer

My body, black canvas
In constant conflict with reason
Twin of a feeling cold and lasso
I accuse the light that floods me and goes out

The living years don't scream at me In a complex search

If you take me, if you try to take me
I chase her away like water in a dry river like reheated life

Current that justifies itself and abandons living reason I don't know you mine

And fluid, I don't hold back ... I'm not yours.

Written by Laura Lopes
August, 2023

Promotional material for the Film

Film Trailer

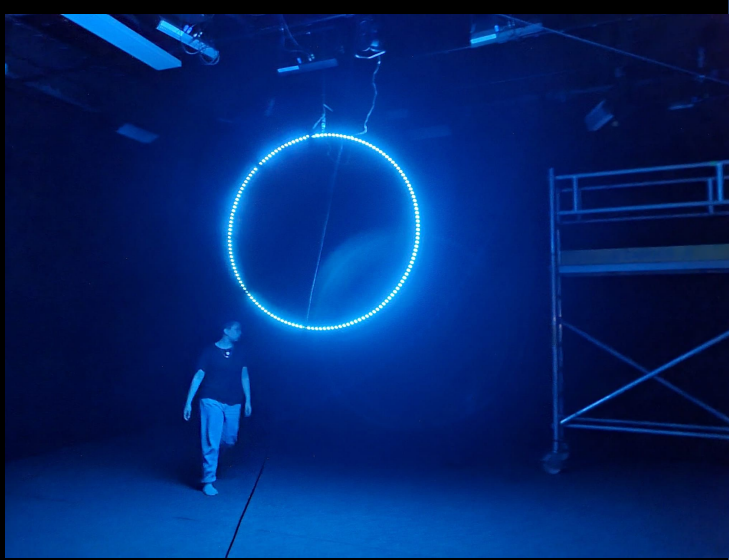
https://youtu.be/5TL1zReVFO4

Making Of

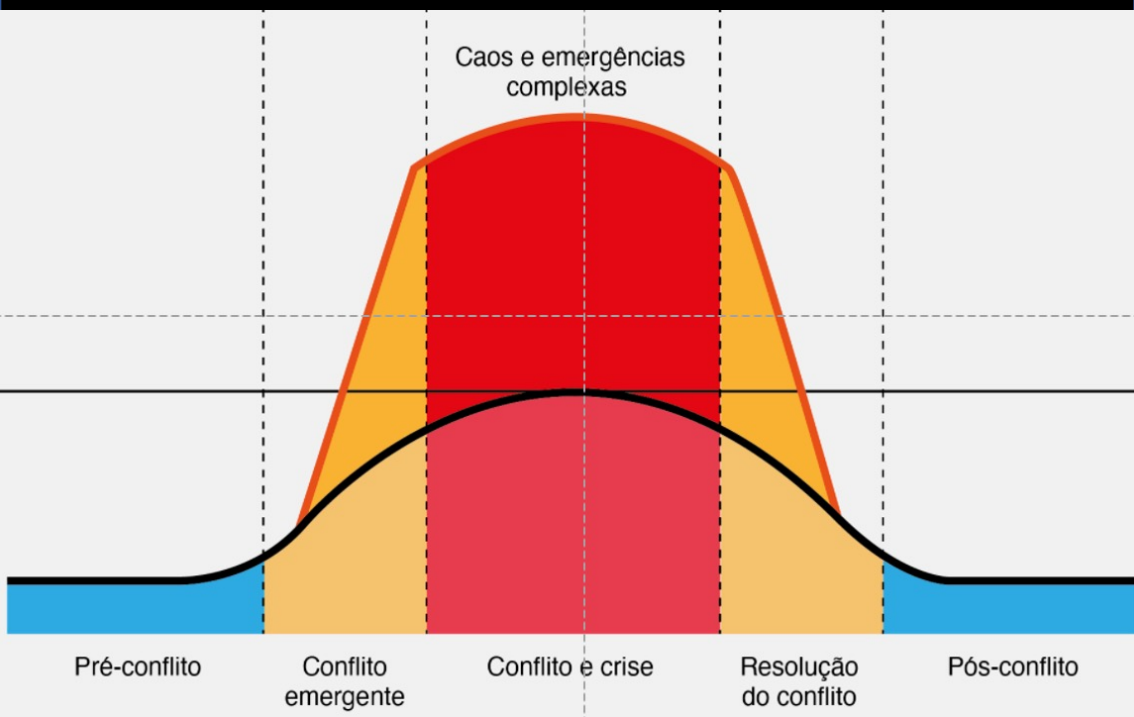
https://youtu.be/FwMIU8k5zv8

Additional elements for the Film

https://drive.google.com/drive/folders/1I4riDmV8SQTEgUe1BSsJ9AXgXr0ktUih?usp=sharing



Phases of the Conflict analysed in the Film



PRE-CONFLICT

EMERGENCE OF CONFLICT

PRE-CONFLICT AND CRYSIS

RESOLUTION OF CONFLICT

POST-CONFLICT

Performer’s Bio

Simone Moreno

I study theatre in Escola Profissional de Imagem (EPI). I have done musical theatre before, namely, “Apriori – HAIRSPRAY”.
My love for dancing and to perform was rediscovered during this Film...we had six months to rehearse and find how to express ourselves within the musical narrative of the “The Light of Reason”...It was quite an experience!

Performer’s Bio

Matilde Ferreira

Since I was little, I wanted to be an artist, and I fought hard to do so, I started taking singing lessons at the age of 12, and then moved on to dancing, at the age of 14. I started focusing on finding music schools, but I ended up finding another passion...theatre and musical theatre.

Performer’s Bio

Carolina Silva

She is a young woman passionate about theatre.
From her first steps on the school stage
at the age of 10, she dreamed of becoming a
successful actress. Over the years, Carolina
has participated in several shows and projects,
which include short films, dubbing, a musical
and performances, expanding her experience
and skills in the artistic world.
With the beginning of her theatre course,
Carolina immersed herself in a new reality.
She has not only absorbed knowledge but also
continues to learn to improve her capabilities.
Today, Carolina is dedicated to pursuing
her dream of becoming a successful actress,
with the determination and passion
that characterizes her.

Director’s Bio

Miguel Mariano



Miguel Mariano has been working for 22 years in Film and Video. He started as an Film Critic for C7nema.net and then proceeded to graduate in Film Studies at Solent University.

Coming back to Portugal, these days, Miguel divides his time between producing, directing, camera operating and editing commercial videos for dozens of clients per year, as well, as lecturing to young up and coming professionals at numerous Media Schools (such as ETIC_) this artistic field that he is so passionate about.

He is now using the next years to work in more artistic and personal projects.

Producer’s Bio

Inês Ascenso



Studied Cinema and Video at Escola Artística António Arroio, specializing in Audiovisual Production at ETIC.
Participated in projects such as “Scroll” - RTP2 and the movie “Heart of Stone” - Netflix as an intern.
Produced school projects and plans to produce future projects.

Producer’s Bio

Leticia Nascimento



Participated in projects and festivals such as "EDP Cool Jazz" and produced orchestral broadcasts such as "Festival Musical Junior". She will pursue her dream of producing more films and major audio-visual productions.

Choreographer's Bio

Carol Marques



A young woman in love with the art of capturing a moment and saving it forever. She finds herself a really trustworthy, ambitious, creative and resourceful individual.
Using her musical Academic background learned at Espaço Dança // Associação ILÚ, Carol rehearsed with the cast in laboratory mode throughout six months, during Pre-Production, to achieve the Choreography of the Film "The Light of Reason" focused on phases of conflict and how to manage it.

The Post-Production Team



The post-production team is composed by 9 students from ETIC, an audiovisual school located in Lisbon.

They did not only edit the video, but were also present during the whole process. Whether it being the initial phase of brainstorming, to elaborating a "Making of" video, they were always present during the production of this project. They offered the possibility of doing "live-editing" during the recordings and helped the camera operating crew getting everything in place.

These hands-on students played a big role in the completion of this project and they hope the video's story can be perceived by many spectators!

Cast

Simone Moreno	“Ego #1”
Matilde Ferreira	“Ego #2”
Carolina Silva	Moderator

Crew

Miguel Mariano	Director, Producer Writer
Inês Ascenso	Producer, Writer
Francisco Pinheiro	Producer, Editor
Leticia Nascimento	Producer
Leonardo Bruno	Producer
Carolina Marques	Writer, Choreography
Rayana Rei	Director of Photography
Sofia Carvalho	Camera Operator
David Vinheira	Editor
Gonçalo Ruivo	Editor
João Valadas	Editor
Mäel Molitor	Editor
Luis Caldeira	Editor
Gonçalo Figueira	Editor

Specifications

Project Title (Original Language): A Luz da Razão

Project Type:Experimental, Short

Runtime:6 minutes 10 seconds

Completion Date:June 1, 2023

Production Budget: 300 EUR

Country of Origin: Portugal

Country of Filming: Portugal

Shooting Format: Digital

Aspect Ratio: 16:9

Film Color: Color

Dialogues: No



Contacts

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miguedro@hotmail.com

