

SUBTITLES ENGLISH (remove this line) – FRENCH below

1

00:01:00,320 --> 00:01:02,940

Freedom ends where others' freedom begins.

2

00:01:02,960 --> 00:01:04,620

It is never total since there are

3

00:01:04,640 --> 00:01:09,660

always the rules and laws set by the community or society.

4

00:01:09,680 --> 00:01:11,340

On this platform,

5

00:01:11,360 --> 00:01:13,100

I am free to do what I want

6

00:01:13,120 --> 00:01:18,800

but the perimeter of my freedom is limited.

7

00:01:30,880 --> 00:01:35,000

I've had the idea for this challenge for some time.

8

00:01:39,160 --> 00:01:43,740

The pandemic gave me the idea of the Everest Bueren Challenge in Liege

9

00:01:43,760 --> 00:01:46,900

where I climbed the equivalent of Everest in meters

10

00:01:46,920 --> 00:01:51,280

and above all in stairs' steps.

11

00:01:51,520 --> 00:01:53,380

Then I crossed the Pyrenees

12

00:01:53,400 --> 00:01:58,180

in complete autonomy, from the Atlantic to the Mediterranean Sea.

13

00:01:58,200 --> 00:01:59,540

After the Pyrenees,

14

00:01:59,560 --> 00:02:03,060

I had done a series of interviews with the media

15

00:02:03,080 --> 00:02:04,980

and during a last interview

16

00:02:05,000 --> 00:02:08,100

for a newspaper in Mouscron, a journalist asked me

17

00:02:08,120 --> 00:02:11,730

but you wouldn't do a challenge in the region one day?

18

00:02:11,760 --> 00:02:13,140

And I said to him: But uh

19

00:02:13,160 --> 00:02:17,450

I'm not going to bring you Mt Everest on the Grand-Place of Mouscron.

20

00:02:17,480 --> 00:02:21,380

And then we started to think about it together on the phone.

21

00:02:21,400 --> 00:02:27,260

And then I thought of different things like

22

00:02:27,280 --> 00:02:32,260

the Rockall rock where people stay on this rock for days,

23

00:02:32,280 --> 00:02:34,820

in the middle of the Atlantic Ocean.

24

00:02:34,840 --> 00:02:36,610

I thought of Abraham Poincheval,

25

00:02:36,640 --> 00:02:42,380

who stays on top of his tower on a platform for a week.

26

00:02:42,400 --> 00:02:45,980

And finally, I put it all together

27

00:02:46,000 --> 00:02:48,660
saying to myself I'm going to do a static challenge,

28
00:02:48,680 --> 00:02:50,700
a bit like them of mental performance.

29
00:02:50,720 --> 00:02:55,580
So a suspended platform in the air and

30
00:02:55,600 --> 00:02:56,900
and then that's it.

31
00:02:56,920 --> 00:02:58,500
And then I said to myself, well, in addition,

32
00:02:58,520 --> 00:03:00,820
if I do this in December,

33
00:03:00,840 --> 00:03:03,600
I can talk to Viva for Life and

34
00:03:03,600 --> 00:03:07,740
try to raise money for the Viva for Life cause.

35
00:03:07,760 --> 00:03:09,460
Shortly before the start of the challenge,

36
00:03:09,480 --> 00:03:15,000
I met the mountaineer Jelle Veyt in Ghent, who has climbed Everest

37
00:03:15,000 --> 00:03:18,100
so that he could lend me some climbing equipment for the challenge.

38
00:03:18,120 --> 00:03:20,460
OK let's take this.

39
00:03:20,480 --> 00:03:26,740
That's OK. I think that's ok. We have a couple of things there.

40
00:03:26,760 --> 00:03:32,560
We can go... Take it outside, yeah.

41

00:03:38,680 --> 00:03:40,980

I mean it's not perfect.

42

00:03:41,000 --> 00:03:44,500

If you want a really perfect set up you will need a standing rope,

43

00:03:44,520 --> 00:03:45,860

you will need a lot of other things.

44

00:03:45,880 --> 00:03:48,100

Yeah but there, maybe, I'll just climb up once.

45

00:03:48,120 --> 00:03:50,100

If you climb once it's ok, yeah.

46

00:03:50,120 --> 00:03:51,880

Because the thing is

47

00:03:51,880 --> 00:03:58,200

It will be less efficient to climb up on that

48

00:04:03,320 --> 00:04:04,420

Which way? That way?

49

00:04:04,440 --> 00:04:06,840

This way.

50

00:04:07,120 --> 00:04:11,320

From the bottom to the hook, how much is it?

51

00:04:11,760 --> 00:04:14,540

Yeah, around 16, 17 (m) max.

52

00:04:14,560 --> 00:04:18,220

16? this is 50 (m) so you can take a double one I think.

53

00:04:18,240 --> 00:04:21,380

No problem for the rope for sure.

54

00:04:21,400 --> 00:04:24,300

So it's a 50 meter rope, in the middle it's 25.

55

00:04:24,320 --> 00:04:26,700

You will have both ropes.

56

00:04:26,720 --> 00:04:28,960

Yeah.

57

00:04:33,960 --> 00:04:39,520

You can use a Prusik with your feet.

58

00:04:40,720 --> 00:04:42,020

I don't know if you're, uhm

59

00:04:42,040 --> 00:04:43,500

I didn't get the word, what is the word?

60

00:04:43,520 --> 00:04:44,480

a Prusik

61

00:04:44,480 --> 00:04:45,380

a Prossic ?

62

00:04:45,400 --> 00:04:46,120

a Prusik

63

00:04:46,120 --> 00:04:47,540

I don't know that one.

64

00:04:47,560 --> 00:04:49,180

It's in french the same.

65

00:04:49,200 --> 00:04:50,380

You can stand on it.

66

00:04:50,400 --> 00:04:52,100

Yeah.

67

00:04:52,120 --> 00:04:54,020

And if you move it with you hand it goes up.

68

00:04:54,040 --> 00:04:56,580

it goes up and then you go higher.

69

00:04:56,600 --> 00:04:59,520

So basically, what you did, you made a loop

70

00:04:59,520 --> 00:05:03,500

you put it once, twice,

71

00:05:03,520 --> 00:05:04,620

Three times.

72

00:05:04,640 --> 00:05:05,720

I use both strings

73

00:05:05,720 --> 00:05:07,520

because of a bit of safety

74

00:05:07,520 --> 00:05:09,500

it gives a bit of redundancy.

75

00:05:09,520 --> 00:05:11,180

So you just hang in it.

76

00:05:11,200 --> 00:05:15,500

Just hang like you would be hanging in the air.

77

00:05:15,520 --> 00:05:17,440

And now, you can slide this up or down

78

00:05:17,440 --> 00:05:20,320

but you slide it as high as possible

79

00:05:20,320 --> 00:05:24,500

and at this moment you can actually put your foot in

80

00:05:24,520 --> 00:05:28,980

You can pull, push, oh yeah, take the ascender

81

00:05:29,000 --> 00:05:31,480

Push up on your leg

82

00:05:32,400 --> 00:05:34,320

No, you have to be right

83

00:05:34,320 --> 00:05:35,700

I have to practice!

84

00:05:35,720 --> 00:05:39,140

Yeah, if I push, if I'm right and I'm close to the rope,

85

00:05:39,160 --> 00:05:40,140

it's gonna be way easier.

86

00:05:40,160 --> 00:05:41,340

And then you slide the ascender up,

87

00:05:41,360 --> 00:05:42,540

you go hanging in it,

88

00:05:42,560 --> 00:05:44,860

you put your foot up with the Prusik,

89

00:05:44,880 --> 00:05:47,040

you'll be there.

90

00:05:50,560 --> 00:05:52,980

To help me build the platform,

91

00:05:53,000 --> 00:05:54,540

I contacted the ECAM,

92

00:05:54,560 --> 00:05:56,660

my former engineering school,

93

00:05:56,680 --> 00:05:58,700

and they were seduced by the project.

94

00:05:58,720 --> 00:06:01,360

So they found a motivated student

95

00:06:01,360 --> 00:06:05,420

who did the 3D conceptualization of the platform,

96

00:06:05,440 --> 00:06:07,060

who calculated the beams.

97

00:06:07,080 --> 00:06:10,460

And after several discussions with him and the teachers,

98

00:06:10,480 --> 00:06:13,260

at the fourth iteration of the project,

99

00:06:13,280 --> 00:06:14,580

we validated everything

100

00:06:14,600 --> 00:06:17,520

and all we had to do was to build it

101

00:06:19,280 --> 00:06:21,460

It was unstable because

102

00:06:21,480 --> 00:06:23,820

the rope is not 5 meters long.

103

00:06:23,840 --> 00:06:24,460

It is 6 meters long

104

00:06:24,480 --> 00:06:26,180

but that's not high enough.

105

00:06:26,200 --> 00:06:28,140

With more weight it will be more stable?

106

00:06:28,160 --> 00:06:29,740

With a longer rope,

107

00:06:29,760 --> 00:06:31,420

the rope is not long enough.

108

00:06:31,440 --> 00:06:32,900
We don't have much height.

109
00:06:32,920 --> 00:06:36,040
Hello. Tok tok tok!

110
00:06:37,680 --> 00:06:39,140
Shall I get on it?

111
00:06:39,160 --> 00:06:41,940
Yes, go ahead!

112
00:06:41,960 --> 00:06:45,400
Oh yes, it moves!

113
00:06:47,520 --> 00:06:48,700
A good 3 meters.

114
00:06:48,720 --> 00:06:50,680
A good 3 meters.

115
00:06:50,880 --> 00:06:51,740
So...

116
00:06:51,760 --> 00:06:53,500
You have to move slowly.

117
00:06:53,520 --> 00:06:55,500
Yes, but I think that

118
00:06:55,520 --> 00:06:56,460
You guessed that right!

119
00:06:56,480 --> 00:06:58,160
One, I knew it; and two

120
00:06:58,160 --> 00:06:59,820
I think that anyway, I...

121
00:06:59,840 --> 00:07:02,540
You're not going to play the fool.

122

00:07:02,560 --> 00:07:05,700

Anyway, it's going to happen.

123

00:07:05,720 --> 00:07:08,120

Yes, it will move, that's for sure

124

00:07:08,120 --> 00:07:10,240

but I think with the weight of everything

125

00:07:10,240 --> 00:07:11,460

plus the tent...

126

00:07:11,480 --> 00:07:15,140

The wind. If there is no edge. There will be a small edge.

127

00:07:15,160 --> 00:07:17,720

It's true that apart from the tent you have less...

128

00:07:17,720 --> 00:07:19,680

Frankly... And the tent is curved...

129

00:07:19,680 --> 00:07:21,520

I'm not saying it's an airplane wing

130

00:07:21,520 --> 00:07:23,220

that's going to lift the platform either but

131

00:07:23,240 --> 00:07:24,580

there won't be much impact.

132

00:07:24,600 --> 00:07:28,460

On top, I will buy and put the green carpet, the grass.

133

00:07:28,480 --> 00:07:32,420

The fake grass that will come to cover.

134

00:07:32,440 --> 00:07:35,120

And a big plastic one that I will probably have to

135

00:07:35,120 --> 00:07:36,200

tape over the uh...

136

00:07:36,200 --> 00:07:39,460

It depends if it's a meter or two wide

137

00:07:39,480 --> 00:07:42,660

or 80 centimeters, 3 next to each other to the rim.

138

00:07:42,680 --> 00:07:45,320

So we put the wood, then the plastic, then the grass

139

00:07:45,320 --> 00:07:47,020

and the water will run off to the side.

140

00:07:47,040 --> 00:07:48,780

Anyway, I'm not loading today.

141

00:07:48,800 --> 00:07:50,220

I'll come tomorrow if it's okay.

142

00:07:50,240 --> 00:07:50,700

It's fine.

143

00:07:50,720 --> 00:07:52,860

In any case you are closed on Saturdays, theoretically.

144

00:07:52,880 --> 00:07:55,640

Yes, yes, it's just that we'll have to dismantle it

145

00:07:55,640 --> 00:07:57,720

or put it somewhere else now

146

00:07:57,720 --> 00:07:59,460

because there is a lab tomorrow morning.

147

00:07:59,480 --> 00:08:00,140

Yeah.

148

00:08:00,160 --> 00:08:02,460

I need to clear the space to put the stuff.

149

00:08:02,480 --> 00:08:05,900

I'll come tomorrow morning with the car or tomorrow afternoon.

150

00:08:05,920 --> 00:08:09,120

Either way, we are going to dismantle now.

151

00:08:11,840 --> 00:08:16,980

With dad, we finished the platform over the weekend.

152

00:08:17,000 --> 00:08:20,280

I'll put it in front here.

153

00:08:38,480 --> 00:08:39,420

Well, that leaves me...

154

00:08:39,440 --> 00:08:40,500

I put a meter here so

155

00:08:40,520 --> 00:08:42,160

that leaves me about a meter in front

156

00:08:42,160 --> 00:08:43,940

by two and a half meters.

157

00:08:43,960 --> 00:08:48,120

That leaves me two and a half meters square.

158

00:08:48,280 --> 00:08:49,980

Sunday afternoon,

159

00:08:50,000 --> 00:08:51,940

my father and I, we have a hard time

160

00:08:51,960 --> 00:08:54,700

to put the whole platform in the truck

161

00:08:54,720 --> 00:08:56,220

because on Monday morning,

162

00:08:56,240 --> 00:08:59,260
we had to go directly to Dufour

163
00:08:59,280 --> 00:09:01,100
to test it.

164
00:09:01,120 --> 00:09:03,680
We were at D-9.

165
00:09:10,840 --> 00:09:13,800
Lower, lower.

166
00:09:16,880 --> 00:09:20,360
Go up a bit. One more meter.

167
00:09:23,280 --> 00:09:26,300
The last few days went by really fast.

168
00:09:26,320 --> 00:09:28,060
There was a lot to do.

169
00:09:28,080 --> 00:09:32,140
I had to do interviews for TV, interviews for a job.

170
00:09:32,160 --> 00:09:36,300
And also find a guard for the night,

171
00:09:36,320 --> 00:09:38,980
to keep the crane while I sleep.

172
00:09:39,000 --> 00:09:43,100
I found him finally 3 days before the start of the challenge.

173
00:09:43,120 --> 00:09:46,300
And it's the night before at 10pm.

174
00:09:46,320 --> 00:09:50,700
where I started to prepare my bags.

175
00:09:50,720 --> 00:09:52,500
So I have pretty much everything.

176

00:09:52,520 --> 00:09:55,380

So in the corner, a helmet.

177

00:09:55,400 --> 00:09:57,900

That's for the rubbish.

178

00:09:57,920 --> 00:10:01,980

In the black bag, the ropes, the video equipment, the backpack,

179

00:10:02,000 --> 00:10:03,100

some ropes, the batteries,

180

00:10:03,120 --> 00:10:07,020

tools, books, the stove, the canister.

181

00:10:07,040 --> 00:10:09,180

the pharmacy that I have to put away.

182

00:10:09,200 --> 00:10:11,840

Food, camping, two sleeping bags

183

00:10:11,840 --> 00:10:15,360

and clothes. A bit of everything.

184

00:10:20,960 --> 00:10:22,860

I went to bed at 3 a.m.

185

00:10:22,880 --> 00:10:24,420

and up at 6 a.m. on D-day

186

00:10:24,440 --> 00:10:26,140

in order to load everything

187

00:10:26,160 --> 00:10:28,860

and drive to Tournai.

188

00:10:28,880 --> 00:10:30,900

The stress is at its highest in the car,

189

00:10:30,920 --> 00:10:33,500
because everything must be ready for the arrival of the media

190
00:10:33,520 --> 00:10:37,200
and start the challenge before noon.

191
00:10:51,760 --> 00:10:53,820
6 h 45.

192
00:10:53,840 --> 00:10:58,060
20 kilometres from Tournai.

193
00:10:58,080 --> 00:11:03,700
We unload the barriers on site.

194
00:11:03,720 --> 00:11:07,540
Then go get the platform.

195
00:11:07,560 --> 00:11:11,220
Come back and normally, by that time,

196
00:11:11,240 --> 00:11:13,020
we will have time to place the barriers a bit,

197
00:11:13,040 --> 00:11:14,140
the platform

198
00:11:14,160 --> 00:11:16,860
and the crane should arrive around 8:30 a.m.

199
00:11:16,880 --> 00:11:20,760
And that's a lot of stress, obviously, because

200
00:11:20,760 --> 00:11:25,180
the tight timing with the preparation.. of this morning.

201
00:11:25,200 --> 00:11:27,360
There are 2 or 3 little things that need to happen

202
00:11:27,360 --> 00:11:29,780
before a certain time and

203

00:11:29,800 --> 00:11:32,520

it's not easy to manage all that.

204

00:12:28,560 --> 00:12:31,040

You have to lift it flat, slide it on the tailgate

205

00:12:31,040 --> 00:12:34,800

and put it in the truck.

206

00:12:41,840 --> 00:12:45,840

Go lower, go lower!

207

00:13:08,640 --> 00:13:09,500

Thanks a lot!

208

00:13:09,520 --> 00:13:11,380

Thanks guys, that's good.

209

00:13:11,400 --> 00:13:14,280

15 euros!

210

00:13:28,440 --> 00:13:30,940

Father Bryan is at the foot of the cathedral.

211

00:13:30,960 --> 00:13:35,680

He'll help me to put all the chances on my side.

212

00:13:41,360 --> 00:13:43,340

Hi, how are you?

213

00:13:43,360 --> 00:13:47,220

Well, we'll proceed, we'll do that now.

214

00:13:47,240 --> 00:13:51,220

We commend this challenge to our Lord.

215

00:13:51,240 --> 00:13:53,420

May he protect Louis-Philippe and

216

00:13:53,440 --> 00:13:57,860

all the people who will be interested in his project.

217

00:13:57,880 --> 00:13:59,220

Eternal God Father, Good Father,

218

00:13:59,240 --> 00:14:02,540

you led the children of Israel cross the Red Sea on dry land.

219

00:14:02,560 --> 00:14:04,600

You led the Magi to your son

220

00:14:04,600 --> 00:14:06,740

thanks to the star that leads them.

221

00:14:06,760 --> 00:14:08,980

Help our brother again.

222

00:14:09,000 --> 00:14:13,140

Grant him serenity and peace during this trial.

223

00:14:13,160 --> 00:14:15,100

Protect him and accompany him

224

00:14:15,120 --> 00:14:17,080

so that it arrives safe and sound

225

00:14:17,080 --> 00:14:18,780

to the goal of his project

226

00:14:18,800 --> 00:14:22,780

and that one day he may enter the port of eternal salvation.

227

00:14:22,800 --> 00:14:26,100

Through Jesus, the Christ, our Lord.

228

00:14:26,120 --> 00:14:27,420

Amen.

229

00:14:27,440 --> 00:14:29,840

May the Lord, in his goodness, accompany you

230

00:14:29,840 --> 00:14:31,020

on departure and return

231

00:14:31,040 --> 00:14:33,340

and throughout this challenge

232

00:14:33,360 --> 00:14:37,220

through Jesus, the Christ, our Lord. Amen.

233

00:14:37,240 --> 00:14:40,440

If you get bored?

234

00:14:43,000 --> 00:14:44,840

I already had some reading to do, but it's true..

235

00:14:44,840 --> 00:14:46,180

That's better!

236

00:14:46,200 --> 00:14:48,380

If there's a bit... if anything bad...

237

00:14:48,400 --> 00:14:49,780

It's his bedside book then.

238

00:14:49,800 --> 00:14:52,660

Exactly! In the shadow of Notre Dame.

239

00:14:52,680 --> 00:14:54,020

This is what will serve as?

240

00:14:54,040 --> 00:14:55,940

Well yes, he'll here for 8 days.

241

00:14:55,960 --> 00:14:57,380

So you'll have something to do.

242

00:14:57,400 --> 00:14:58,700

That's it, exactly!

243

00:14:58,720 --> 00:15:00,020

In fact I never read it.

244

00:15:00,040 --> 00:15:01,180

You see, you have the opportunity here!

245

00:15:01,200 --> 00:15:02,260

I've read parts of it.

246

00:15:02,280 --> 00:15:03,660

You start at the end, it's better

247

00:15:03,680 --> 00:15:05,900

because the beginning is boring.

248

00:15:05,920 --> 00:15:07,820

I know the end of the story already, more or less.

249

00:15:07,840 --> 00:15:09,800

There is no suspense.

250

00:15:11,360 --> 00:15:15,840

Make sure everything goes well. We call each other?

251

00:15:44,440 --> 00:15:45,500

With this challenge actually,

252

00:15:45,520 --> 00:15:48,340

what I want is to learn something new.

253

00:15:48,360 --> 00:15:49,820

It is a static and mental challenge.

254

00:15:49,840 --> 00:15:51,660

I've never done this before. That's why today

255

00:15:51,680 --> 00:15:54,700

I'm actually scared somewhere.

256

00:15:54,720 --> 00:15:56,580

I don't know how I will react. We'll see.

257

00:15:56,600 --> 00:15:57,780

I'm swinging.

258

00:15:57,800 --> 00:16:00,420

Am I going to get a pendulum ache?

259

00:16:00,440 --> 00:16:03,480

I don't even know if it exists.

260

00:16:21,400 --> 00:16:24,040

Two times 25 meters.

261

00:16:45,120 --> 00:16:47,700

The platform has been in the air for about half an hour.

262

00:16:47,720 --> 00:16:50,500

So far, it's going pretty well.

263

00:16:50,520 --> 00:16:54,140

I'm already glad the rain has stopped.

264

00:16:54,160 --> 00:16:56,120

A bit behind schedule

265

00:16:56,120 --> 00:16:58,700

but it was obviously a foregone conclusion

266

00:16:58,720 --> 00:17:00,620

that it wasn't going to be easy.

267

00:17:00,640 --> 00:17:03,360

Fortunately, my dad, who's behind me, helps me a lot

268

00:17:03,360 --> 00:17:04,740

and let's go now.

269

00:17:04,760 --> 00:17:09,290

Super. Well, great, that's good news.

270

00:17:09,320 --> 00:17:11,570
We'll be in touch in the afternoon,

271
00:17:11,600 --> 00:17:14,050
I'll have more access to my phone

272
00:17:14,080 --> 00:17:16,810
and when I'm a little more relaxed.

273
00:17:16,840 --> 00:17:20,180
I've got a job!

274
00:17:20,200 --> 00:17:24,040
I'll tell my dad.

275
00:18:28,040 --> 00:18:29,090
Phew!

276
00:18:29,120 --> 00:18:31,770
Well, here I am at the top of the platform

277
00:18:31,800 --> 00:18:33,050
that we put up with the crane.

278
00:18:33,080 --> 00:18:34,700
There are some cables around me.

279
00:18:34,720 --> 00:18:36,940
I've already brought some equipment.

280
00:18:36,960 --> 00:18:39,900
Now the challenge can begin.

281
00:18:39,920 --> 00:18:40,570
Start the timer.

282
00:18:40,600 --> 00:18:43,290
It is 11:00 a.m. on Wednesday.

283
00:18:43,320 --> 00:18:46,860
I go down to the ground on Wednesday 11am in 1 week.

284

00:18:46,880 --> 00:18:51,360

Let's get the tent out my friends.

285

00:18:53,080 --> 00:18:55,320

Hello.

286

00:19:00,680 --> 00:19:04,640

Come back when I put up the tent!

287

00:19:04,880 --> 00:19:08,290

I'm staying for a week, normally.

288

00:19:08,320 --> 00:19:09,330

Bye. Have a nice day.

289

00:19:09,360 --> 00:19:10,140

Good luck!

290

00:19:10,160 --> 00:19:12,120

Thank you.

291

00:19:13,160 --> 00:19:15,330

So the funny thing is

292

00:19:15,360 --> 00:19:17,360

carbon peg.

293

00:19:18,600 --> 00:19:20,600

No need!

294

00:19:20,640 --> 00:19:21,770

Aluminum peg.

295

00:19:21,800 --> 00:19:23,460

That won't work either.

296

00:19:23,480 --> 00:19:26,000

What will work, however, is

297

00:19:26,000 --> 00:19:27,770
nails.

298
00:19:27,800 --> 00:19:30,420
That's why I have a hammer.

299
00:19:30,440 --> 00:19:31,740
Pincers.

300
00:19:31,760 --> 00:19:36,320
And yeah, it's gonna feel weird to nail into a platform

301
00:19:36,320 --> 00:19:39,010
that's not... that moves.

302
00:19:39,040 --> 00:19:41,530
We'll figure it out.

303
00:19:41,560 --> 00:19:44,180
We'll put the tent pegs away.

304
00:19:44,200 --> 00:19:46,620
When I was on top of the platform,

305
00:19:46,640 --> 00:19:49,050
I was obviously afraid of falling.

306
00:19:49,080 --> 00:19:50,620
Even though I am attached,

307
00:19:50,640 --> 00:19:52,400
I was taking a lot of precautions

308
00:19:52,400 --> 00:19:54,660
with every move I made.

309
00:19:54,680 --> 00:19:58,380
To move an object from A to B on the platform,

310
00:19:58,400 --> 00:20:04,040
I had to think about what to move first.

311

00:20:14,880 --> 00:20:17,420

You LouPhi, let's put it in the void.

312

00:20:17,440 --> 00:20:20,400

Take a risk. Go into the void.

313

00:20:22,600 --> 00:20:25,880

Ah yes I have to go under the rope.

314

00:20:27,040 --> 00:20:29,860

This invisible rope.

315

00:20:29,880 --> 00:20:31,700

Isn't that right?

316

00:20:31,720 --> 00:20:33,050

That rope that...

317

00:20:33,080 --> 00:20:36,120

that's pissing me off !

318

00:20:48,840 --> 00:20:52,290

I've been on the platform or two and a half hours

319

00:20:52,320 --> 00:20:54,660

but I still haven't finished putting up the tent.

320

00:20:54,680 --> 00:20:56,050

Usually it takes 5 or 10 minutes.

321

00:20:56,080 --> 00:20:59,620

Now it's been more than 1h to put up the tent.

322

00:20:59,640 --> 00:21:00,660

And I haven't finished yet.

323

00:21:00,680 --> 00:21:01,740

It's going to take me an hour and a half.

324

00:21:01,760 --> 00:21:02,530

But it has to be well pitched.

325

00:21:02,560 --> 00:21:04,570

After all, I only pitch it once for the week.

326

00:21:04,600 --> 00:21:06,810

and that's it. Let's continue.

327

00:21:06,840 --> 00:21:09,560

Let's get back to work.

328

00:21:31,040 --> 00:21:32,250

One nail in!

329

00:21:32,280 --> 00:21:34,840

6 more.

330

00:21:35,000 --> 00:21:38,530

As soon as the tent was up, the pressure was off.

331

00:21:38,560 --> 00:21:40,940

I had all the time in the world, no stress.

332

00:21:40,960 --> 00:21:45,120

I was in my bubble on my 5 m² platform.

333

00:21:46,360 --> 00:21:50,050

Good, I finally got the tent up

334

00:21:50,080 --> 00:21:56,080

and it's holding up well, we'll say. Like in training.

335

00:22:33,680 --> 00:22:35,680

It's a hole at the level of the pelvis

336

00:22:35,680 --> 00:22:40,090

to put the carabiner through and I'll test it.

337

00:22:40,120 --> 00:22:43,000

Without wetting the socks.

338

00:24:15,000 --> 00:24:21,000

We are not alone in the universe, apparently.

339

00:24:30,280 --> 00:24:32,330

I finally got out of bed.

340

00:24:32,360 --> 00:24:35,900

I had breakfast at 8 am.

341

00:24:35,920 --> 00:24:39,280

It is 10:00 a.m.

342

00:24:51,320 --> 00:24:54,460

Ah! The dogs that...

343

00:24:54,480 --> 00:24:56,460

who are in the background...

344

00:24:56,480 --> 00:24:58,330

A dog that has seen another dog.

345

00:24:58,360 --> 00:25:01,290

A classic city thing.

346

00:25:01,320 --> 00:25:03,900

The cars put their headlights on and it is nearly 11.

347

00:25:03,920 --> 00:25:05,760

It is 10:30 am.

348

00:25:06,520 --> 00:25:08,220

Ah, that's a vet over there.

349

00:25:08,240 --> 00:25:10,460

I thought it was a pharmacy.

350

00:25:10,480 --> 00:25:15,940

It has a small drawing of cat on the + of the..,

351

00:25:15,960 --> 00:25:20,500
well, the green cross... of the vet.

352
00:25:20,520 --> 00:25:24,760
This Christmas music...

353
00:25:25,200 --> 00:25:26,720
I don't know what time they stop but

354
00:25:26,720 --> 00:25:29,420
I think it stops at 9 pm.

355
00:25:29,440 --> 00:25:33,560
A guy with a stroller too.

356
00:25:36,440 --> 00:25:38,860
On an expedition, the landscape goes by

357
00:25:38,880 --> 00:25:41,050
and you progress alone or in a team,

358
00:25:41,080 --> 00:25:44,290
with the same people for several days.

359
00:25:44,320 --> 00:25:48,180
Here I am static, the landscape does not change.

360
00:25:48,200 --> 00:25:50,460
The landscape is the people.

361
00:25:50,480 --> 00:25:52,000
They are the ones who go by

362
00:25:52,000 --> 00:25:54,220
and it's them that I have to take an interest in,

363
00:25:54,240 --> 00:25:56,860
to question them, discuss or exchange.

364
00:25:56,880 --> 00:26:00,960
Time passes relatively quickly.

365
00:26:11,480 --> 00:26:14,760
GET DOWN!

366
00:26:15,360 --> 00:26:17,420
YOU STUPID NUT!

367
00:26:17,440 --> 00:26:19,400
You stupid nut, here.

368
00:26:19,560 --> 00:26:21,330
EEEH!

369
00:26:21,360 --> 00:26:23,360
GET DO-OWN !!

370
00:26:25,160 --> 00:26:26,620
OH PEASANT!

371
00:26:26,640 --> 00:26:28,560
YOU GET DOWN?!

372
00:26:29,000 --> 00:26:31,680
So there are some people who

373
00:26:31,680 --> 00:26:33,810
who have been shouting for a good 15 minutes:

374
00:26:33,840 --> 00:26:35,290
Get down! Get down!

375
00:26:35,320 --> 00:26:37,050
It's crazy how foggy it is.

376
00:26:37,080 --> 00:26:39,330
It's pretty at the same time.

377
00:26:39,360 --> 00:26:42,960
They finally understood

378

00:26:42,960 --> 00:26:46,680
that shouting "get down" for 15 minutes

379
00:26:46,680 --> 00:26:49,260
and add "we won't let you sleep",

380
00:26:49,280 --> 00:26:50,540
it wasn't going to work out too well.

381
00:26:50,560 --> 00:26:53,740
I think they'll tire faster than I do.

382
00:26:53,760 --> 00:26:56,940
It's amazing. Look at that WOW fog.

383
00:26:56,960 --> 00:27:01,640
The guys who insulted me during this early night

384
00:27:01,640 --> 00:27:04,260
also told me that they would come back the next day

385
00:27:04,280 --> 00:27:05,380
to hunt me down like a rabbit.

386
00:27:05,400 --> 00:27:06,740
Which was pretty funny.

387
00:27:06,760 --> 00:27:07,860
But at the same time,

388
00:27:07,880 --> 00:27:09,780
I was still a little apprehensive,

389
00:27:09,800 --> 00:27:13,440
a certain fear that they would really come back and do something

390
00:27:13,440 --> 00:27:14,780
not very nice.

391
00:27:14,800 --> 00:27:16,740
But still, I had the guard

392

00:27:16,760 --> 00:27:18,500

who was there from 1 to 7 in he morning.

393

00:27:18,520 --> 00:27:21,020

So during that time,

394

00:27:21,040 --> 00:27:24,880

I could at least sleep peacefully.

395

00:27:26,680 --> 00:27:28,900

And it's 10 o'clock.

396

00:27:28,920 --> 00:27:32,020

And it goes ding ding

397

00:27:32,040 --> 00:27:36,080

at the church, at the cathedral.

398

00:27:36,240 --> 00:27:40,320

A good hour to wake up, eh?

399

00:28:17,240 --> 00:28:19,460

You took the train to see me!

400

00:28:19,480 --> 00:28:20,780

Yes, I came from Brussels!

401

00:28:20,800 --> 00:28:22,780

You came from Brussels to see me?!

402

00:28:22,800 --> 00:28:23,900

Well, gosh!

403

00:28:23,920 --> 00:28:25,090

It's great, isn't it?

404

00:28:25,120 --> 00:28:27,330

And from which part? I'm in Etterbeek.

405

00:28:27,360 --> 00:28:28,540

Ah me Auderghem.

406

00:28:28,560 --> 00:28:29,940

Oh well, there you go!

407

00:28:29,960 --> 00:28:32,570

Yes, but you're going to visit Tournai too?

408

00:28:32,600 --> 00:28:33,780

No, I just arrived.

409

00:28:33,800 --> 00:28:35,460

Oh yes, but you will visit?

410

00:28:35,480 --> 00:28:36,940

You're not going back now?

411

00:28:36,960 --> 00:28:38,380

I'm going to check out the cube too.

412

00:28:38,400 --> 00:28:39,900

OK, yes, yes, yes.

413

00:28:39,920 --> 00:28:42,570

I'll buy the red beanie too.

414

00:28:42,600 --> 00:28:45,540

Good idea!

415

00:28:45,560 --> 00:28:47,500

Come and say hello to me before you go.

416

00:28:47,520 --> 00:28:48,090

OK.

417

00:28:48,120 --> 00:28:51,760

Let's do like this. See you later!

418

00:28:58,920 --> 00:29:01,290

The best times

419
00:29:01,320 --> 00:29:03,140
were really the friends,

420
00:29:03,160 --> 00:29:05,900
family who came to visit me,

421
00:29:05,920 --> 00:29:09,660
the old scouts that I haven't seen in 10, 15, 20 years.

422
00:29:09,680 --> 00:29:11,740
All these friends from the region who came to see me.

423
00:29:11,760 --> 00:29:13,420
And also Antoine

424
00:29:13,440 --> 00:29:17,880
who had the opportunity to climb with me on the platform.

425
00:29:27,960 --> 00:29:30,280
At your ease!

426
00:29:52,680 --> 00:29:54,140
Well Antoine. Merry Christmas,

427
00:29:54,160 --> 00:29:56,090
Happy New Year, times 3.

428
00:29:56,120 --> 00:29:58,500
It's been a little over 3 years, hasn't it?

429
00:29:58,520 --> 00:29:59,860
What I wouldn't do for you?!

430
00:29:59,880 --> 00:30:00,540
What?

431
00:30:00,560 --> 00:30:04,080
What I wouldn't do for you, I say.

432

00:30:08,480 --> 00:30:10,160

That's it, that's it!

433

00:30:10,400 --> 00:30:12,080

Good!

434

00:30:13,280 --> 00:30:14,740

Well done!

435

00:30:14,760 --> 00:30:16,220

Well done to you.

436

00:30:16,240 --> 00:30:19,440

Welcome to the top.

437

00:30:24,200 --> 00:30:26,810

A Dutch beer.

438

00:30:26,840 --> 00:30:28,330

This is not a sponsorship.

439

00:30:28,360 --> 00:30:31,700

It is a Dutch beer but brewed in Belgium.

440

00:30:31,720 --> 00:30:32,570

Cheers!

441

00:30:32,600 --> 00:30:34,520

Cheers to you!

442

00:30:39,720 --> 00:30:41,500

Now that's an exceptional beer!

443

00:30:41,520 --> 00:30:43,460

It is called "PEAK".

444

00:30:43,480 --> 00:30:45,080

No, I mean drinking it being

445

00:30:45,080 --> 00:30:47,960

Ah drinking it here! Well yes, it's great.

446
00:30:58,200 --> 00:30:59,460
Ciao!

447
00:30:59,480 --> 00:31:01,500
Thank you for stopping by!

448
00:31:01,520 --> 00:31:04,240
See you next time!

449
00:31:04,560 --> 00:31:08,400
Easy! Easy! Be careful with the rope!

450
00:31:09,960 --> 00:31:10,780
Ah, you're already down!

451
00:31:10,800 --> 00:31:12,500
That's it!

452
00:31:12,520 --> 00:31:14,140
Bye!

453
00:31:14,160 --> 00:31:15,380
Thank you very much.

454
00:31:15,400 --> 00:31:16,380
Merry Christmas!

455
00:31:16,400 --> 00:31:17,140
To you too!

456
00:31:17,160 --> 00:31:19,800
To you too. Happy holidays!

457
00:31:56,560 --> 00:31:59,620
That's music, eh!

458
00:31:59,640 --> 00:32:01,720
All day long.

459

00:32:08,760 --> 00:32:12,440
10 h 25. How many degrees?

460
00:32:12,840 --> 00:32:15,720
You can see the degrees from here.

461
00:32:16,400 --> 00:32:20,120
4 degrees Celsius, of course.

462
00:32:25,440 --> 00:32:27,500
A bit.

463
00:32:27,520 --> 00:32:30,720
Reuse everything!

464
00:32:37,520 --> 00:32:39,980
We wish you a Merry Christmas

465
00:32:40,000 --> 00:32:42,660
and a Happyyyy

466
00:32:42,680 --> 00:32:45,220
and a Happyyy

467
00:32:45,240 --> 00:32:49,980
New Yeaaaaaaar!

468
00:32:50,000 --> 00:32:51,570
Happy New Year.

469
00:32:51,600 --> 00:32:53,260
Bravo !

470
00:32:53,280 --> 00:32:56,880
I am good at Lipdub though.

471
00:32:58,400 --> 00:33:00,160
Well...

472
00:33:00,320 --> 00:33:03,140
the military are getting to work

473

00:33:03,160 --> 00:33:04,260

with their trucks.

474

00:33:04,280 --> 00:33:07,140

I don't know what they do.

475

00:33:07,160 --> 00:33:09,880

Wake up!

476

00:33:11,360 --> 00:33:14,880

It's cold so...

477

00:33:15,320 --> 00:33:17,860

Time to put on the down jacket.

478

00:33:17,880 --> 00:33:19,940

It is the only way to resist the cold.

479

00:33:19,960 --> 00:33:22,620

It is really cold.

480

00:33:22,640 --> 00:33:25,380

I just made a big mistake:

481

00:33:25,400 --> 00:33:29,640

I spilled my cereal.

482

00:33:32,520 --> 00:33:33,020

Yeah!

483

00:33:33,040 --> 00:33:35,680

I spilled my cereal.

484

00:33:39,240 --> 00:33:41,400

I spilled my cereal... Some of it...

485

00:33:41,400 --> 00:33:43,400

Oh shit!

486

00:33:44,040 --> 00:33:45,020
Well.

487
00:33:45,040 --> 00:33:47,040
This morning...

488
00:33:49,280 --> 00:33:51,500
My tent is frozen here.

489
00:33:51,520 --> 00:33:54,400
You can hear it creaking.

490
00:33:56,080 --> 00:33:57,760
There is even frost

491
00:33:57,760 --> 00:33:58,700
in the fake grass.

492
00:33:58,720 --> 00:33:59,640
You see that...

493
00:33:59,640 --> 00:34:00,540
Oh yes, it's cold.

494
00:34:00,560 --> 00:34:02,050
It's wet.

495
00:34:02,080 --> 00:34:04,800
And it's white there.

496
00:34:31,080 --> 00:34:33,580
So I'm happy because there.

497
00:34:33,600 --> 00:34:37,620
Blue sky and the sun is starting to shine up there.

498
00:34:37,640 --> 00:34:40,040
Ting Ting, hello, yes.

499
00:34:40,480 --> 00:34:42,860
The garbage men who say hello well yes.

500

00:34:42,880 --> 00:34:44,620

And you can see the sun there on the facade.

501

00:34:44,640 --> 00:34:46,460

So maybe...

502

00:34:46,480 --> 00:34:49,860

Maybe I'll get some sun in an hour or two.

503

00:34:49,880 --> 00:34:51,340

Whoa! It's slippery!

504

00:34:51,360 --> 00:34:53,650

And it's going to get me warm.

505

00:34:53,680 --> 00:34:55,860

But in any case, happy. The sun is coming.

506

00:34:55,880 --> 00:34:57,540

Blue sky.

507

00:34:57,560 --> 00:35:01,500

It might be a nice day after all.

508

00:35:01,520 --> 00:35:03,680

Cold but beautiful.

509

00:35:12,840 --> 00:35:15,340

Yippee! Yippee! The sun...

510

00:35:15,360 --> 00:35:18,260

is coming on the tent and it will warm me up.

511

00:35:18,280 --> 00:35:20,460

In any case, it will thaw the tent, that's one thing.

512

00:35:20,480 --> 00:35:23,800

And after that, we'll see!

513

00:35:30,000 --> 00:35:31,860

I want light.

514

00:35:31,880 --> 00:35:33,820

I want light!

515

00:35:33,840 --> 00:35:35,460

I want...

516

00:35:35,480 --> 00:35:36,340

Light!

517

00:35:36,360 --> 00:35:38,980

And here is the light. There it is.

518

00:35:39,000 --> 00:35:42,130

Just ask. Tadaaa!

519

00:35:42,160 --> 00:35:43,210

And it's right on time.

520

00:35:43,240 --> 00:35:45,100

No it's a little late

521

00:35:45,120 --> 00:35:46,260

compared to usual.

522

00:35:46,280 --> 00:35:50,650

But I got the light, it's here. Tadaaa.

523

00:35:50,680 --> 00:35:52,000

If I start to know

524

00:35:52,000 --> 00:35:54,080

at what time the public lights

525

00:35:54,080 --> 00:35:55,960

lights up in a city, it is because I have spent

526

00:35:55,960 --> 00:35:58,340

a little too much time in the city, I think.

527

00:35:58,360 --> 00:36:02,720

It's time for me to get back to nature.

528

00:36:36,800 --> 00:36:40,020

Dancing along with every song.

529

00:36:40,040 --> 00:36:43,130

I live on love and dance.

530

00:36:43,160 --> 00:36:46,500

I live like I'm on vacation.

531

00:36:46,520 --> 00:36:50,130

I live as if I were eternal.

532

00:36:50,160 --> 00:36:54,340

As if the news was without problems.

533

00:36:54,360 --> 00:36:57,380

I live on love and laughter.

534

00:36:57,400 --> 00:37:00,820

I live as if there is nothing to say.

535

00:37:00,840 --> 00:37:04,540

I have plenty of time to write my memoirs.

536

00:37:04,560 --> 00:37:06,400

To write my

537

00:37:08,600 --> 00:37:10,560

Gosh!

538

00:37:11,040 --> 00:37:14,640

It's really cold now.

539

00:37:18,880 --> 00:37:20,210

It is 1:30 am.

540

00:37:20,240 --> 00:37:21,580

That makes it...

541

00:37:21,600 --> 00:37:23,400

1h35.

542

00:37:27,200 --> 00:37:28,820

It's been, uh

543

00:37:28,840 --> 00:37:31,210

My nose is running a little.

544

00:37:31,240 --> 00:37:33,240

I'm going to make myself...

545

00:37:35,400 --> 00:37:39,060

I'm going to make some hot water now, because...

546

00:37:39,080 --> 00:37:40,940

I can't stop crying.

547

00:37:40,960 --> 00:37:42,580

My body...

548

00:37:42,600 --> 00:37:44,620

is going into a flu state, I guess.

549

00:37:44,640 --> 00:37:46,540

It is really cold.

550

00:37:46,560 --> 00:37:48,620

And I can't get back to sleep and

551

00:37:48,640 --> 00:37:52,380

I got almost 10 hours to go like this.

552

00:37:52,400 --> 00:37:54,260

It's really not warm.

553

00:37:54,280 --> 00:37:56,160

The tent...

554

00:37:56,440 --> 00:37:58,920

It's frozen, yeah.

555

00:37:59,480 --> 00:38:00,900

It is hard.

556

00:38:00,920 --> 00:38:03,020

Quick, something warm.

557

00:38:03,040 --> 00:38:06,380

The last 2 evenings it has been really cold.

558

00:38:06,400 --> 00:38:11,100

I found out later that it had gone down to -4 degrees C.

559

00:38:11,120 --> 00:38:13,130

And you should know that in my cocoon

560

00:38:13,160 --> 00:38:15,160

so in my tent, the wind can attack

561

00:38:15,160 --> 00:38:17,500

from on all sides, eventually.

562

00:38:17,520 --> 00:38:20,540

And the heat goes away very quickly.

563

00:38:20,560 --> 00:38:22,210

And so to fight against the cold

564

00:38:22,240 --> 00:38:24,600

at night, what I did was to wake up

565

00:38:24,600 --> 00:38:25,920

3 or 4 times to drink

566

00:38:25,920 --> 00:38:29,420

a large glass of hot water.

567

00:38:29,440 --> 00:38:33,040
To better fight and resist the cold.

568
00:38:33,240 --> 00:38:35,650
It's still frozen.

569
00:38:35,680 --> 00:38:40,000
But the sun is slowly rising.

570
00:38:43,120 --> 00:38:46,940
Here we are, less than an hour to go.

571
00:38:46,960 --> 00:38:48,840
And I heat up

572
00:38:49,280 --> 00:38:51,260
my last

573
00:38:51,280 --> 00:38:54,860
small pot of water

574
00:38:54,880 --> 00:39:00,020
because I still have a little bit of water left and...

575
00:39:00,040 --> 00:39:01,860
It is time to

576
00:39:01,880 --> 00:39:03,820
to get a little bit cleaner.

577
00:39:03,840 --> 00:39:06,980
So a little bit of water...

578
00:39:07,000 --> 00:39:10,980
And I'll do what must be done.

579
00:39:11,000 --> 00:39:14,960
As soon as it's warm enough.

580
00:42:02,320 --> 00:42:03,170
How are you?

581
00:42:03,200 --> 00:42:05,040
I'm fine!

582
00:42:10,920 --> 00:42:15,640
This challenge... has strengthened me

583
00:42:15,640 --> 00:42:16,940
in the fact that I am able

584
00:42:16,960 --> 00:42:19,500
with little means

585
00:42:19,520 --> 00:42:20,980
to succeed in challenges.

586
00:42:21,000 --> 00:42:22,560
Because it's not easy to say

587
00:42:22,560 --> 00:42:24,960
like that on the phone to a journalist:

588
00:42:24,960 --> 00:42:27,900
I'm going to hang in the air

589
00:42:27,920 --> 00:42:29,690
with my tent.

590
00:42:29,720 --> 00:42:33,560
And then finally, you do it!

591
00:42:47,400 --> 00:42:49,340
The idea of a static challenge

592
00:42:49,360 --> 00:42:51,500
is not obvious because...

593
00:42:51,520 --> 00:42:53,300
You have to fight against yourself.

594

00:42:53,320 --> 00:42:57,170

It is clear that there I had 5 m² to move.

595

00:42:57,200 --> 00:43:00,100

If we can really talk about being able to move.

596

00:43:00,120 --> 00:43:02,210

The biggest constraint is yourself.

597

00:43:02,240 --> 00:43:05,500

It's my loneliness, it is my boredom.

598

00:43:05,520 --> 00:43:08,880

And I'm glad to have learned that

599

00:43:08,880 --> 00:43:11,100

I can resist that too.

600

00:43:11,120 --> 00:43:14,920

So to the static challenge for me: check!

601

00:43:16,240 --> 00:43:18,500

Louis-Philippe Loncke succeeded in his challenge on December 22, 2022.

602

00:43:18,520 --> 00:43:21,650

After being in the air for 1 week and 30 minutes.

603

00:43:21,680 --> 00:43:23,600

Thanks to all the people who supported this challenge

604

00:43:23,600 --> 00:43:25,580

and together donated more than 6000€.

605

00:43:25,600 --> 00:43:27,280

for VivaForLife which supports the associations

606

00:43:27,280 --> 00:43:30,160

fighting child poverty.

607

00:43:45,960 --> 00:43:48,700

What are your impressions of the platform?

608
00:43:48,720 --> 00:43:49,620
Super cold!

609
00:43:49,640 --> 00:43:51,660
And frankly very stable!

610
00:43:51,680 --> 00:43:54,340
Much more than we expected.

611
00:43:54,360 --> 00:43:56,860
There it is 6 degrees but it feels...

612
00:43:56,880 --> 00:43:57,960
Still minus

613
00:43:57,960 --> 00:43:58,980
Minus 1, minus 2.

614
00:43:59,000 --> 00:44:00,620
Less, because here we are static

615
00:44:00,640 --> 00:44:02,800
and we can't spend.

SUBTITLES FRENCH (remove this line) Remarque, il existe une version FRANCAISE avec uniquement des sous-titres pour ce qui est en Anglais ou pas facile à comprendre. Demandez.

1
00:01:00,320 --> 00:01:02,940
La liberté s'arrête où commence celle des autres.

2
00:01:02,960 --> 00:01:04,600
Elle n'est jamais totale puisqu'il y a

3
00:01:04,630 --> 00:01:09,660
toujours les règles et les lois fixées par la communauté ou la société.

4

00:01:09,690 --> 00:01:11,340

Sur cette plateforme,

5

00:01:11,360 --> 00:01:13,080

je suis libre de faire ce que je veux

6

00:01:13,110 --> 00:01:17,160

mais le périmètre de ma liberté est limité.

7

00:01:30,880 --> 00:01:35,360

Ça fait un certain temps que j'ai eu l'idée de ce défi.

8

00:01:39,160 --> 00:01:43,573

La pandémie m'avait donné l'idée du Everest Bueren Challenge à Liège

9

00:01:43,773 --> 00:01:46,843

où j'ai gravi l'équivalent de l'Everest en mètres

10

00:01:46,914 --> 00:01:49,680

et surtout en marche d'escalier.

11

00:01:51,520 --> 00:01:53,360

Ensuite, j'ai traversé les Pyrénées

12

00:01:53,390 --> 00:01:58,180

en autonomie complète, de l'Atlantique à la mer Méditerranée.

13

00:01:58,210 --> 00:01:59,540

Après les Pyrénées,

14

00:01:59,570 --> 00:02:02,860

j'avais enchaîné les interviews avec les médias

15

00:02:03,060 --> 00:02:04,960

et lors d'un dernier interview

16

00:02:04,990 --> 00:02:07,913

pour un journal de Mouscron, un journaliste me demande

17

00:02:08,113 --> 00:02:11,730

mais vous ne feriez pas un jour un défi dans la région.

18

00:02:11,760 --> 00:02:13,140

Et je lui dis mais euh

19

00:02:13,170 --> 00:02:17,450

j'veais pas vous amener le mont Everest sur la Grand-Place de Mouscron.

20

00:02:17,486 --> 00:02:21,386

Et puis on s'est mis à réfléchir à deux oralement comme ça au téléphone.

21

00:02:21,414 --> 00:02:27,243

Et puis j'ai pensé à différentes choses comme

22

00:02:27,270 --> 00:02:32,260

le rocher Rockall où les gens restent sur ce rocher pendant des jours,

23

00:02:32,290 --> 00:02:34,635

en plein milieu de l'océan Atlantique.

24

00:02:34,835 --> 00:02:36,610

J'ai pensé à Abraham Poincheval,

25

00:02:36,640 --> 00:02:42,380

qui reste en haut de sa tour

sur une plateforme aussi pendant une semaine.

26

00:02:42,410 --> 00:02:45,960

Et finalement, j'ai mis tout ça ensemble

27

00:02:46,000 --> 00:02:48,462

en me disant je vais faire un défi statique,

28

00:02:48,662 --> 00:02:50,700

un peu comme eux de performance mentale.

29

00:02:50,730 --> 00:02:55,440

Donc une plateforme en l'air suspendue et...

30

00:02:55,600 --> 00:02:56,900

et puis voilà.

31

00:02:56,920 --> 00:02:58,500

Et puis je me suis dit ben en plus,

32

00:02:58,529 --> 00:03:00,650

si je fais ça en décembre,

33

00:03:00,850 --> 00:03:03,586

je peux en parler à Viva for Life et

34

00:03:03,610 --> 00:03:07,740

essayer de collecter de l'argent pour la cause de Viva for Life.

35

00:03:07,770 --> 00:03:09,460

Un peu avant le début du défi,

36

00:03:09,486 --> 00:03:14,986

J'ai rencontré à Gand l'alpiniste Jelle Veyt qui a notamment fait l'Everest

37

00:03:15,010 --> 00:03:18,000

afin qu'il me prête du matériel d'escalade pour le défi.

38

00:03:18,100 --> 00:03:20,243

OK, on prend ça.

39

00:03:20,486 --> 00:03:26,640

C'est bon. Je pense que c'est bon. Nous avons 2 ou 3 choses ici...

40

00:03:26,760 --> 00:03:31,000

On peut y aller... On prend tout dehors.

41

00:03:38,680 --> 00:03:40,092

Bon, ce n'est pas parfait.

42

00:03:40,986 --> 00:03:44,302

Si tu veux installation parfaite, t'auras besoin d'une corde fixe,

43

00:03:44,502 --> 00:03:45,860

tu auras besoin de beaucoup d'autres choses.

44

00:03:45,890 --> 00:03:48,000

Ouais mais ici, je crois que je vais juste grimper une fois.

45

00:03:48,100 --> 00:03:50,000

Si tu grimpes qu'une seule fois, y'a pas de soucis.

46

00:03:50,100 --> 00:03:51,887

Parce que le truc c'est que...

47

00:03:51,890 --> 00:03:56,440

Ce sera moins efficace de grimper avec tout ça.

48

00:04:03,320 --> 00:04:04,420

De quel côté ? Par-là ?

49

00:04:04,440 --> 00:04:05,800

Par là.

50

00:04:07,120 --> 00:04:10,200

Du bas jusqu'au crochet, y'a combien ?

51

00:04:11,760 --> 00:04:14,000

Ouais, environ 16, 17 (m) max.

52

00:04:14,570 --> 00:04:18,200

16 ? Ça c'est 50 (m) donc tu peux doubler je pense.

53

00:04:18,250 --> 00:04:20,400

Pas de problème pour la corde, c'est sûr.

54

00:04:21,400 --> 00:04:24,200

C'est une corde de 50 mètres, donc au milieu c'est 25.

55

00:04:24,300 --> 00:04:26,712

Tu auras deux cordes.

56

00:04:26,720 --> 00:04:28,120

Ouais.

57

00:04:33,960 --> 00:04:38,520

Tu peux utiliser un Prusik avec tes pieds.

58

00:04:40,720 --> 00:04:42,000

Je ne sais pas si tu es, hum...

59

00:04:42,025 --> 00:04:43,500

Je n'ai pas compris le mot, c'est quoi ce mot?

60

00:04:43,501 --> 00:04:44,471

un Prusik

61

00:04:44,472 --> 00:04:45,380

un Prossic ??

62

00:04:45,381 --> 00:04:46,120

un Prusik

63

00:04:46,121 --> 00:04:47,580

Jamais entendu celui-là.

64

00:04:47,581 --> 00:04:48,980

C'est le même en français.

65

00:04:49,180 --> 00:04:50,180

Tu peux te tenir debout dessus.

66

00:04:50,380 --> 00:04:51,380

D'accord.

67

00:04:52,140 --> 00:04:54,000

Et si tu le bouges à la main, tu peux monter.

68

00:04:54,030 --> 00:04:56,600

Ça monte et ensuite tu vas plus haut.

69

00:04:56,610 --> 00:04:59,500

En gros, ce que tu as fait c'est une boucle.

70

00:04:59,510 --> 00:05:03,500

Tu l'as passé une fois, deux fois,

71

00:05:03,502 --> 00:05:04,650

Trois fois.

72

00:05:04,651 --> 00:05:05,700

J'utilise les deux cordes

73

00:05:05,701 --> 00:05:07,500

pour un peu de sécurité

74

00:05:07,501 --> 00:05:09,180

ça donne un peu de redondance.

75

00:05:09,510 --> 00:05:11,163

Donc tu te laisses pendre.

76

00:05:11,200 --> 00:05:14,600

Laisse-toi aller comme si tu étais suspendu en l'air.

77

00:05:15,500 --> 00:05:17,460

Et maintenant, tu peux le glisser vers le haut ou vers le bas.

78

00:05:17,461 --> 00:05:20,320

mais tu le fais glisser aussi haut que possible

79

00:05:20,321 --> 00:05:23,160

et à ce moment... tu peux mettre ton pied dedans.

80

00:05:24,500 --> 00:05:27,660

Tu peux tirer, pousser, oh oui, prends l'ascendeur.

81

00:05:29,000 --> 00:05:30,220

Pousses sur ta jambe.

82

00:05:32,414 --> 00:05:34,300

Non, tu dois rester droit...

83

00:05:34,301 --> 00:05:35,277

Je dois m'entraîner !

84

00:05:35,714 --> 00:05:39,157

Oui, si je pousse, si je suis droit et que je suis près de la corde,

85

00:05:39,158 --> 00:05:40,157

ce sera beaucoup plus facile.

86

00:05:40,158 --> 00:05:41,157

Et ensuite tu fais glisser l'ascenseur vers le haut,

87

00:05:41,357 --> 00:05:42,357

tu te laisses pendre,

88

00:05:42,557 --> 00:05:44,843

tu déplaces ton pied plus haut avec le Prusik,

89

00:05:44,886 --> 00:05:46,029

tu y seras.

90

00:05:50,560 --> 00:05:52,980

Pour m'aider à construire la plateforme,

91

00:05:53,010 --> 00:05:54,540

j'ai contacté l'ECAM,

92

00:05:54,570 --> 00:05:56,485

mon ancienne école d'ingénieurs,

93

00:05:56,685 --> 00:05:58,700

et ils ont été séduits par le projet.

94

00:05:58,730 --> 00:06:01,340

Ils ont donc trouvé un étudiant motivé

95

00:06:01,360 --> 00:06:05,230

qui a fait la conceptualisation en 3D de la plateforme,

96

00:06:05,430 --> 00:06:07,060

qui a calculé les poutres.

97

00:06:07,090 --> 00:06:10,460

Et après plusieurs discussions avec lui et les professeurs,

98

00:06:10,480 --> 00:06:13,076

à la quatrième itération du projet,

99

00:06:13,276 --> 00:06:14,407

on a tout validé

100

00:06:14,607 --> 00:06:17,400

et il n'y avait plus qu'à la construire

101

00:06:19,257 --> 00:06:21,229

C'était instable parce que

102

00:06:21,457 --> 00:06:23,771

la corde ne fait pas 5 mètres là.

103

00:06:23,839 --> 00:06:24,382

Elle fait 6 mètres

104

00:06:24,457 --> 00:06:26,186

mais là, c'est pas assez haut.

105

00:06:26,187 --> 00:06:28,072

Avec plus de poids ce sera plus stable?

106

00:06:28,157 --> 00:06:29,771

Avec une corde plus longue,

107

00:06:29,772 --> 00:06:31,443

là, la corde en fait n'est pas assez longue.

108

00:06:31,444 --> 00:06:32,900

On n'a pas beaucoup de hauteur.

109

00:06:32,901 --> 00:06:34,571

Bonjour. Tok tok tok!

110

00:06:37,680 --> 00:06:38,953

Je me mets dessus?

111

00:06:39,153 --> 00:06:40,720

Oui, allez-y!

112

00:06:41,960 --> 00:06:43,786

Ah oui, ça bouge!

113

00:06:47,529 --> 00:06:48,529

Un bon 3 mètres.

114

00:06:48,729 --> 00:06:49,729

Un bon 3 mètres.

115

00:06:50,880 --> 00:06:51,574

Donc euh...

116

00:06:51,774 --> 00:06:53,500

Il faut bouger doucement.

117

00:06:53,530 --> 00:06:55,300

Oui, mais ça, je pense que...

118

00:06:55,500 --> 00:06:56,460

Vous vous en doutez!

119

00:06:56,480 --> 00:06:58,143

Un, je m'en doutais; et deux...

120

00:06:58,144 --> 00:06:59,714

je crois que de toute façon, je...

121

00:06:59,829 --> 00:07:01,329

Vous n'allez pas faire le fou.

122

00:07:02,557 --> 00:07:05,371

De toute façon, ça va bouger.

123

00:07:05,730 --> 00:07:08,100

Oui, ça va bouger, c'est certain

124

00:07:08,130 --> 00:07:10,220

mais je pense qu'avec le poids de tout

125

00:07:10,250 --> 00:07:11,257

plus la tente...

126

00:07:11,457 --> 00:07:15,140

Le vent. S'il n'y a pas de bord. Y'aura un petit bord.

127

00:07:15,170 --> 00:07:17,700

C'est vrai que à part la tente vous avez moins de...

128

00:07:17,730 --> 00:07:19,660

Franchement... et la tente est incurvée...

129

00:07:19,680 --> 00:07:21,513

Je ne dis pas que c'est une aile d'avion

130

00:07:21,514 --> 00:07:23,157

qui va soulever la plateforme non plus mais

131

00:07:23,243 --> 00:07:24,557

il n'y aura pas beaucoup d'incidence.

132

00:07:24,586 --> 00:07:28,243

Dessus, je viendrai acheter le tapis vert, l'herbe.

133

00:07:28,471 --> 00:07:31,400

La fausse herbe qui viendra recouvrir.

134

00:07:32,443 --> 00:07:35,114

Et un grand plastique que je vais sans doute devoir

135

00:07:35,115 --> 00:07:36,209

scotcher sur euh...

136

00:07:36,210 --> 00:07:39,157

Ça dépend si c'est une largeur d'un mètre ou deux

137

00:07:39,480 --> 00:07:42,660

ou de 80 centimètres, j'en mets trois avec un rebord.

138

00:07:42,680 --> 00:07:45,334

Donc on met le bois, on met le plastique, on met l'herbe

139

00:07:45,335 --> 00:07:46,844

et l'eau coulera sur le côté.

140

00:07:47,044 --> 00:07:48,789

De toute façon j'embarque pas aujourd'hui.

141

00:07:48,790 --> 00:07:50,243

Je viendrai demain si ça va.

142

00:07:50,244 --> 00:07:50,713

Ça va.

143

00:07:50,714 --> 00:07:52,860

De toute façon vous êtes fermé le samedi théoriquement.

144

00:07:52,890 --> 00:07:55,620

Oui, oui, il y a juste qu'on devra le démonter

145

00:07:55,640 --> 00:07:57,724

ou alors le ranger ailleurs maintenant

146

00:07:57,729 --> 00:07:59,460

parce qu'il y a labo demain matin.

147

00:07:59,480 --> 00:08:00,071

Ouais.

148

00:08:00,164 --> 00:08:02,456

Il faut que je dégage l'espace pour mettre les trucs.

149

00:08:02,457 --> 00:08:05,900

Je viendrai demain matin avec la voiture ou demain après-midi.

150

00:08:05,901 --> 00:08:07,543

De toute façon on va démonter maintenant.

151

00:08:11,840 --> 00:08:15,560

Avec mon père, on a terminé la plateforme pendant le week end.

152

00:08:17,000 --> 00:08:18,720

Je mets devant ici.

153

00:08:38,480 --> 00:08:39,420

Là bien ça me laisse...

154

00:08:39,440 --> 00:08:40,488

J'ai mis un mètre ici donc

155

00:08:40,500 --> 00:08:42,160

ça me laisse à peu près un mètre devant

156

00:08:42,161 --> 00:08:43,731

sur deux mètres et demi.

157

00:08:43,943 --> 00:08:46,657

Ça me laisse deux mètres et demi carrés.

158

00:08:48,280 --> 00:08:49,980

Dimanche après-midi,

159

00:08:50,000 --> 00:08:51,893

mon père et moi, on arrive difficilement

160

00:08:51,943 --> 00:08:54,531

à mettre la plateforme complète dans le camion

161

00:08:54,731 --> 00:08:56,025

car lundi matin,

162

00:08:56,225 --> 00:08:59,214

il fallait partir directement chez Dufour

163

00:08:59,286 --> 00:09:01,014

pour la tester.

164

00:09:01,100 --> 00:09:02,471

On était à J-9.

165

00:09:10,840 --> 00:09:12,429

Plus bas, plus bas.

166

00:09:16,871 --> 00:09:18,957

Montez un peu. Un mètre en plus.

167

00:09:23,280 --> 00:09:26,300

Les derniers jours se sont vraiment passés très vite.

168

00:09:26,320 --> 00:09:28,060

Il y avait énormément de choses à faire.

169

00:09:28,080 --> 00:09:32,140

J'ai dû faire des interviews pour la télé, des interviews pour un job.

170

00:09:32,170 --> 00:09:36,280

Et aussi trouver un garde pour la nuit,

171

00:09:36,310 --> 00:09:38,980

pour garder la grue justement pendant que je dors.

172

00:09:39,010 --> 00:09:43,100

Ce que j'ai trouvé que finalement 3 jours avant le début du défi.

173

00:09:43,130 --> 00:09:46,300

Et c'est la veille à 22 h.

174

00:09:46,320 --> 00:09:49,529

où j'ai commencé à préparer mes sacs.

175

00:09:50,720 --> 00:09:52,500

Alors j'ai à peu près tout.

176

00:09:52,530 --> 00:09:55,380

Donc dans le coin, un casque.

177

00:09:55,410 --> 00:09:57,880

Ça, c'est pour les déchets.

178

00:09:57,920 --> 00:10:02,000

Dans le sac noir, les cordes, le matériel vidéo, le sac à dos,

179

00:10:02,000 --> 00:10:03,080

un peu de cordes, les batteries,

180

00:10:03,110 --> 00:10:07,020

des outils, des livres, le réchaud, la bonbonne.

181

00:10:07,050 --> 00:10:09,180

la pharmacie que je dois ranger.

182

00:10:09,200 --> 00:10:11,829

La nourriture, le camping, deux sacs de couchage

183

00:10:11,830 --> 00:10:13,629

et les vêtements. Un peu de tout.

184

00:10:20,960 --> 00:10:22,667

Je me suis couché à 3 h du matin

185

00:10:22,867 --> 00:10:24,230

et levé à 6 h le jour J

186

00:10:24,430 --> 00:10:25,945

afin de tout charger

187

00:10:26,145 --> 00:10:28,520

et partir en voiture vers Tournai.

188

00:10:28,880 --> 00:10:30,880

Le stress est au maximum dans la voiture,

189

00:10:30,910 --> 00:10:33,443

car tout doit être prêt pour l'arrivée des médias

190

00:10:33,500 --> 00:10:35,386

et démarrer le défi avant 12 h.

191

00:10:51,760 --> 00:10:53,820

6 h 45.

192

00:10:53,850 --> 00:10:57,400

À 20 kilomètres de Tournai.

193

00:10:58,080 --> 00:11:03,129

On va décharger les barrières sur place.

194

00:11:03,720 --> 00:11:07,360

Puis aller chercher la plateforme.

195

00:11:07,560 --> 00:11:11,080

Revenir et normalement, à ce moment-là,

196

00:11:11,240 --> 00:11:13,000

on aura le temps de préparer un peu les barrières,

197

00:11:13,030 --> 00:11:13,969

la plateforme

198

00:11:14,169 --> 00:11:16,860

et la grue devrait arriver vers 8 h 30.

199

00:11:16,890 --> 00:11:20,740

Et c'est beaucoup de stress, évidemment, parce que

200

00:11:20,770 --> 00:11:25,129

le timing serré avec la préparation...de ce matin.

201

00:11:25,200 --> 00:11:27,371

Il y a 2, 3 petits trucs qui doivent se passer

202

00:11:27,372 --> 00:11:29,529

avant une certaine heure et

203

00:11:29,784 --> 00:11:31,200

c'est pas évident de gérer tout ça.

204

00:12:28,560 --> 00:12:31,029

Il faut la lever à plat, la coulisser sur le hayon

205

00:12:31,030 --> 00:12:32,986

et la rentrer dans le camion.

206

00:12:41,843 --> 00:12:44,086

Descends, descends!

207

00:13:08,629 --> 00:13:09,457

Merci beaucoup!

208

00:13:09,529 --> 00:13:11,400

Merci les potes, c'est bien.

209

00:13:11,401 --> 00:13:13,000

15 euros!

210

00:13:28,440 --> 00:13:30,940

L'abbé Bryan est au pied de la cathédrale.

211

00:13:30,970 --> 00:13:34,320

Il va m'aider à mettre toutes les chances de mon côté.

212

00:13:41,343 --> 00:13:43,157

Salut, ça va?

213

00:13:43,357 --> 00:13:46,986

Bon ben on va procéder, on va faire cela maintenant.

214

00:13:47,240 --> 00:13:51,220

Nous recommandons à notre Seigneur ce défi.

215

00:13:51,250 --> 00:13:53,217

Qu'il puisse protéger Louis-Philippe et

216

00:13:53,417 --> 00:13:57,860

toutes les personnes qui seront intéressées par son projet.

217

00:13:57,880 --> 00:13:59,200

Dieu éternel Père, très bon,

218

00:13:59,230 --> 00:14:02,540

tu as fait traverser aux enfants d'Israël la mer Rouge à pied sec.

219

00:14:02,570 --> 00:14:04,580

Tu as conduit des mages jusqu'à ton fils

220

00:14:04,610 --> 00:14:06,731

grâce à l'étoile qui les conduit.

221

00:14:06,757 --> 00:14:08,980

Viens encore en aide à notre frère.

222

00:14:09,010 --> 00:14:13,140

Accorde-lui la sérénité et la paix durant cette épreuve.

223

00:14:13,170 --> 00:14:14,920

Protège-le et accompagne-le

224

00:14:15,120 --> 00:14:17,060

pour qu'il parvienne sain et sauf

225

00:14:17,080 --> 00:14:18,580

au but de son projet

226

00:14:18,780 --> 00:14:22,780

et qu'un jour il puisse entrer au port du salut éternel.

227

00:14:22,810 --> 00:14:26,100

Par Jésus, le Christ, notre Seigneur.

228

00:14:26,130 --> 00:14:27,420

Amen.

229

00:14:27,450 --> 00:14:29,817

Que le Seigneur, dans sa bonté, t'accompagne

230

00:14:29,818 --> 00:14:31,000

au départ et au retour

231

00:14:31,030 --> 00:14:33,173

et tout au long de ce défi

232

00:14:33,373 --> 00:14:37,159

par Jésus, le Christ, notre Seigneur. Amen.

233

00:14:37,229 --> 00:14:38,920

Et si tu t'ennuies ?

234

00:14:43,000 --> 00:14:44,821

J'avais déjà de la lecture mais c'est vrai que...

235

00:14:44,822 --> 00:14:45,964

C'est mieux ça hein!

236

00:14:46,200 --> 00:14:48,300

S'il y a un peu...s'il faut mauvais.

237

00:14:48,405 --> 00:14:49,743

C'est son livre de chevet alors.

238

00:14:49,800 --> 00:14:52,343

Exactement! A l'ombre de Notre Dame.

239

00:14:52,686 --> 00:14:54,014

C'est ça qui va servir de?

240

00:14:54,015 --> 00:14:55,925

Ben oui, il va rester là pendant 8 jours.

241

00:14:55,943 --> 00:14:57,400

Donc t'auras de quoi t'occuper.

242

00:14:57,401 --> 00:14:58,443

Voilà, exactement!

243

00:14:58,729 --> 00:15:00,043

En fait je ne l'ai jamais lu.

244

00:15:00,044 --> 00:15:01,114

Ben tu vois, t'as l'occasion ici!

245

00:15:01,200 --> 00:15:02,094

J'ai lu des passages.

246

00:15:02,294 --> 00:15:03,485

Tu commences par à la fin c'est mieux

247

00:15:03,685 --> 00:15:05,929

parce que le début c'est chiant.

248

00:15:05,930 --> 00:15:07,758

Je connais la fin de l'histoire déjà, plus ou moins.

249

00:15:07,829 --> 00:15:08,843

Y'a pas de suspense.

250

00:15:11,357 --> 00:15:14,886

Allez que tout se passe bien. On se phone?

251

00:15:44,440 --> 00:15:45,499

Avec ce défi en fait,

252

00:15:45,500 --> 00:15:48,340

ce que je veux c'est apprendre quelque chose de nouveau.

253

00:15:48,360 --> 00:15:49,820

C'est un défi statique et mental.

254

00:15:49,840 --> 00:15:51,640

Je n'ai jamais fait ça. C'est pour ça qu'aujourd'hui

255

00:15:51,670 --> 00:15:54,700

en fait, j'ai quelque part très peur.

256

00:15:54,720 --> 00:15:56,580

Je ne sais pas comment je vais réagir. On verra.

257

00:15:56,610 --> 00:15:57,700

Je me balancer.

258

00:15:57,795 --> 00:16:00,420

Est-ce que je vais avoir un mal du pendule.

259

00:16:00,450 --> 00:16:02,520

Je ne sais même pas si ça existe.

260

00:16:21,386 --> 00:16:22,771

Deux fois 25 mètres.

261

00:16:45,120 --> 00:16:47,680

Ça fait à peu près une bonne demi-heure que la plateforme est en l'air.

262

00:16:47,710 --> 00:16:50,500

Pour l'instant, ça se passe plutôt bien.

263

00:16:50,529 --> 00:16:53,171

Déjà content que la pluie s'est arrêtée.

264

00:16:54,160 --> 00:16:56,100

Un peu de retard par rapport au planning

265

00:16:56,130 --> 00:16:58,533

mais c'était évidemment couru d'avance

266

00:16:58,733 --> 00:17:00,620

que ça n'allait pas être évident.

267

00:17:00,650 --> 00:17:03,343

Heureusement que mon papa qui est derrière m'aide beaucoup

268

00:17:03,357 --> 00:17:04,740

et on va y aller quoi.

269

00:17:04,770 --> 00:17:09,290

Super. Bien, super, c'est une bonne nouvelle.

270

00:17:09,320 --> 00:17:11,560

Et on se tient au courant dans l'après-midi,

271

00:17:11,590 --> 00:17:13,879

J'aurai plus accès à mon téléphone

272

00:17:14,079 --> 00:17:16,529

et quand je serai un peu plus tranquille.

273

00:17:16,840 --> 00:17:18,871

J'ai un job!

274

00:17:20,186 --> 00:17:22,186

Je vais le dire à mon père.

275

00:18:28,040 --> 00:18:29,090

Ouf !

276

00:18:29,120 --> 00:18:31,616

Et bien voilà, je suis en haut de la plateforme

277

00:18:31,816 --> 00:18:33,050

qu'on a monté avec la grue.

278

00:18:33,080 --> 00:18:34,700

Il y a quelques câbles autour de moi.

279

00:18:34,730 --> 00:18:36,920

J'ai déjà amené un peu de matériel.

280

00:18:36,950 --> 00:18:39,697

Mais voilà, le défi peut commencer.

281

00:18:39,897 --> 00:18:40,560

Top chrono.

282

00:18:40,590 --> 00:18:43,200

Il est 11 h mercredi.

283

00:18:43,320 --> 00:18:46,457

Je redescends sur terre mercredi 11h dans une semaine.

284

00:18:46,871 --> 00:18:50,457

On va retirer la tente mes amis.

285

00:18:53,086 --> 00:18:54,400

Bonjour.

286

00:19:00,680 --> 00:19:03,600

Revenez quand j'ai mis la tente!

287

00:19:04,880 --> 00:19:07,729

Je reste une semaine normalement donc.

288

00:19:08,306 --> 00:19:09,371

Au revoir. Bonne journée.

289

00:19:09,372 --> 00:19:10,167

Bon courage!

290

00:19:10,170 --> 00:19:11,214

Merci.

291

00:19:13,160 --> 00:19:15,153

Alors c'est marrant, c'est que

292

00:19:15,353 --> 00:19:16,463

piquet en carbone.

293

00:19:18,586 --> 00:19:19,757

Pas besoin!

294

00:19:20,629 --> 00:19:21,596

Piquet en alu.

295

00:19:21,796 --> 00:19:23,460

Ça va pas marcher non plus.

296

00:19:23,490 --> 00:19:25,980

Par contre ce qui va marcher

297

00:19:26,010 --> 00:19:27,614

c'est des clous.

298

00:19:27,814 --> 00:19:30,420

C'est pour ça que j'ai marteau.

299

00:19:30,450 --> 00:19:31,740

Tenailles.

300

00:19:31,770 --> 00:19:36,329

Et oui, ça va faire bizarre de clouer dans une plateforme

301

00:19:36,330 --> 00:19:38,000

qui n'est pas...qui bouge.

302

00:19:39,040 --> 00:19:41,337

On va se débrouiller.

303

00:19:41,537 --> 00:19:44,071

On va ranger les piquets de tente.

304

00:19:44,210 --> 00:19:46,571

Quand j'étais en haut de la plateforme,

305

00:19:46,629 --> 00:19:48,629

j'avais évidemment peur de tomber.

306

00:19:49,080 --> 00:19:50,620

Même si je suis attaché,

307

00:19:50,650 --> 00:19:52,386

je prenais beaucoup de précautions

308

00:19:52,387 --> 00:19:54,286

à chaque mouvement que j'effectuais.

309

00:19:54,680 --> 00:19:58,380

Pour déplacer un objet d'un point A à un point B sur la plateforme,

310

00:19:58,410 --> 00:20:02,320

je devais réfléchir à ce que je devais bouger avant.

311

00:20:14,880 --> 00:20:17,420

Toi LouPhi, on va la mettre dans le vide.

312

00:20:17,450 --> 00:20:18,960

Prendre un risque. Aller dans le vide.

313

00:20:22,586 --> 00:20:24,300

Ah oui je dois passer sous la corde.

314

00:20:27,043 --> 00:20:29,786

Cette corde invisible.

315

00:20:29,871 --> 00:20:30,986

N'est-ce pas?

316

00:20:31,720 --> 00:20:33,000

Cette corde qui me...

317

00:20:33,100 --> 00:20:34,671

Qui m'emmerde!

318

00:20:48,840 --> 00:20:52,109

Ça fait deux heures et demie que je suis sur la plateforme

319

00:20:52,309 --> 00:20:54,629

mais je n'ai pas encore fini de monter la tente.

320

00:20:54,686 --> 00:20:56,040

D'habitude, c'est cinq dix minutes.

321

00:20:56,070 --> 00:20:59,600

Là, ça fait plus d'une heure pour monter la tente.

322

00:20:59,630 --> 00:21:00,686

Et je n'ai pas fini.

323

00:21:00,687 --> 00:21:01,757

Il va me falloir 1h et demi.

324

00:21:01,758 --> 00:21:02,559

Mais bon, elle doit bien être ajustée.

325

00:21:02,560 --> 00:21:04,570

Après, je ne la mets qu'une fois pour la semaine.

326

00:21:04,600 --> 00:21:06,843

et c'est bon, mais on va continuer.

327

00:21:06,844 --> 00:21:08,280

Allez hop au boulot.

328

00:21:31,057 --> 00:21:32,071

Et voilà un clou!

329

00:21:32,271 --> 00:21:33,786

Encore 6.

330

00:21:35,010 --> 00:21:38,530

Dès que la tente était posée, la pression était retombée.

331

00:21:38,560 --> 00:21:40,920

J'avais tout le temps du monde, pas de stress.

332

00:21:40,950 --> 00:21:43,929

J'étais dans ma bulle sur ma plateforme de 5 m².

333

00:21:46,360 --> 00:21:49,871

Et bien voilà, j'ai enfin mis la tente

334

00:21:50,080 --> 00:21:54,900

et elle tient bien on va dire. Comme à l'entraînement.

335

00:22:33,680 --> 00:22:35,660

C'est un trou au niveau du bassin

336

00:22:35,690 --> 00:22:39,171

pour faire passer le mousqueton et on va tester.

337

00:22:40,100 --> 00:22:41,600

Sans mouiller les chaussettes.

338

00:24:15,000 --> 00:24:19,640

Nous ne sommes pas seuls dans l'univers, apparemment.

339

00:24:30,280 --> 00:24:32,330

Je suis enfin sorti du lit.

340

00:24:32,360 --> 00:24:35,880

J'ai déjeuné à 8 h du matin.

341

00:24:35,910 --> 00:24:37,720

Il est 10 h.

342

00:24:51,320 --> 00:24:53,243

Ah! Les chiens qui...

343

00:24:54,457 --> 00:24:55,713

qui dans le fond...

344

00:24:56,471 --> 00:24:58,342

Un chien qui a vu un autre chien quoi.

345

00:24:58,343 --> 00:25:00,157

Un truc classique en ville.

346

00:25:01,314 --> 00:25:03,814

Les voitures mettent leurs phares et il est quasi 11h.

347

00:25:03,900 --> 00:25:04,829

Il est 10 h et demi.

348

00:25:06,514 --> 00:25:08,250

Ah, c'est un vétérinaire là-bas.

349

00:25:08,251 --> 00:25:10,050

Je pensais que c'était une pharmacie.

350

00:25:10,490 --> 00:25:15,751

Il a un petit dessin de chat sur le + du...,

351

00:25:15,951 --> 00:25:19,257

enfin le + vert... du vétérinaire.

352

00:25:20,520 --> 00:25:23,000

Cette musique de Noël...

353

00:25:25,200 --> 00:25:26,714

Je ne sais pas quelle heure ils arrêtent mais

354

00:25:26,715 --> 00:25:28,543

je crois qu'il arrête à 9 h du soir.

355

00:25:29,450 --> 00:25:31,840

Un mec avec une poussette aussi.

356

00:25:36,440 --> 00:25:38,689

En expédition, le paysage défile

357

00:25:38,889 --> 00:25:40,877

et on progresse seul ou en équipe,

358

00:25:41,077 --> 00:25:44,040

avec les mêmes personnes pendant plusieurs jours.

359

00:25:44,320 --> 00:25:48,180

Ici je suis statique, le paysage ne change pas.

360

00:25:48,210 --> 00:25:50,287

Le paysage, c'est les gens.

361

00:25:50,487 --> 00:25:51,980

C'est eux qui défilent

362

00:25:52,010 --> 00:25:54,243

et c'est à eux que je dois m'intéresser,

363

00:25:54,244 --> 00:25:56,600

les interpeller, discuter ou échanger.

364

00:25:56,890 --> 00:25:59,529

Le temps passe relativement vite.

365

00:26:11,471 --> 00:26:13,186

TU DESCENDS!

366

00:26:15,357 --> 00:26:17,243

ESPECE DE SAISI VA!

367

00:26:17,443 --> 00:26:18,443

Espèce de saisi, tiens.

368

00:26:19,543 --> 00:26:20,543

EEEH!

369

00:26:21,357 --> 00:26:22,771

DESCE-ENDS !!!

370

00:26:25,157 --> 00:26:26,443

OH PAYSAN!

371

00:26:26,643 --> 00:26:27,643

TU DESCENDS?!

372

00:26:29,000 --> 00:26:31,660

Alors il y a quelques personnes qui

373

00:26:31,690 --> 00:26:33,814

qui crient depuis un bon quart d'heure:

374

00:26:33,815 --> 00:26:34,957

Descends! Descends!

375

00:26:35,320 --> 00:26:37,057

C'est fou la buée qu'il y a.

376

00:26:37,058 --> 00:26:38,786

C'est joli en même temps.

377

00:26:39,360 --> 00:26:42,940

Là, ils ont fini par comprendre

378

00:26:42,970 --> 00:26:46,660

que crier "descendre" pendant un quart d'heure

379

00:26:46,690 --> 00:26:49,089

et rajouter on ne va pas te laisser dormir,

380

00:26:49,289 --> 00:26:50,540

ça n'allait pas trop marcher.

381

00:26:50,570 --> 00:26:53,740

Je pense qu'ils vont plus vite se fatiguer que moi.

382

00:26:53,770 --> 00:26:56,560

C'est incroyable. Regardez cette WOW buée.

383

00:26:56,960 --> 00:27:01,620

Les gars qui m'ont insulté pendant ce début de nuit

384

00:27:01,640 --> 00:27:04,083

m'ont aussi dit qu'ils reviendraient le lendemain

385

00:27:04,283 --> 00:27:05,380

me chasser comme un lapin.

386

00:27:05,410 --> 00:27:06,720

Ce qui était assez drôle.

387

00:27:06,750 --> 00:27:07,860

Mais en même temps,

388

00:27:07,880 --> 00:27:09,791

j'avais quand même une certaine appréhension,

389

00:27:09,792 --> 00:27:13,429

une certaine crainte qu'ils reviendraient vraiment faire quelque chose

390

00:27:13,430 --> 00:27:14,600

de pas très sympa.

391

00:27:14,800 --> 00:27:16,729

Mais bon, j'avais quand même le garde

392

00:27:16,768 --> 00:27:18,480

qui était là d'une heure à 7 h du matin

393

00:27:18,510 --> 00:27:21,042

donc pendant cette tranche horaire là,

394

00:27:21,043 --> 00:27:23,200

je pouvais au moins dormir tranquillement.

395

00:27:26,657 --> 00:27:28,771

Et il est 10 h.

396

00:27:28,930 --> 00:27:31,480

Et ça fait ding ding

397

00:27:32,040 --> 00:27:34,414

à l'église, à cathédrale.

398

00:27:36,240 --> 00:27:38,700

Une bonne heure pour se réveiller, hein?

399

00:28:17,243 --> 00:28:19,429

Vous avez pris le train pour venir me voir!

400

00:28:19,487 --> 00:28:20,715

Oui je viens de Bruxelles!

401

00:28:20,800 --> 00:28:22,800

Vous venez de Bruxelles pour venir me voir?!

402

00:28:22,801 --> 00:28:23,914

Eh ben dites donc!

403

00:28:23,915 --> 00:28:25,049

C'est chouette hein!

404

00:28:25,118 --> 00:28:27,371

Et de quel coin? Moi je suis à Etterbeek.

405

00:28:27,372 --> 00:28:28,557

Ah moi Auderghem.

406

00:28:28,558 --> 00:28:29,571

Ah ben voilà!

407

00:28:29,970 --> 00:28:32,600

Oui mais vous allez quand-même un peu visiter Tournai aussi?

408

00:28:32,601 --> 00:28:33,706

Non je viens d'arriver.

409

00:28:33,800 --> 00:28:35,214

Oh oui mais vous allez visiter?

410

00:28:35,490 --> 00:28:36,957

Vous n'allez pas repartir là?

411

00:28:36,958 --> 00:28:38,386

Je vais aller voir le cube aussi.

412

00:28:38,387 --> 00:28:39,929

D'accord, oui, oui, oui.

413

00:28:39,930 --> 00:28:42,386

Je vais acheter le bonnet rouge d'ailleurs.

414

00:28:42,614 --> 00:28:44,600

Bonne idée!

415

00:28:45,557 --> 00:28:47,514

Venez me faire un petit coucou avant de partir.

416

00:28:47,515 --> 00:28:48,099

D'accord.

417

00:28:48,100 --> 00:28:50,857

Ça va? A tout à l'heure!

418

00:28:58,920 --> 00:29:01,290

Les moments les plus agréables

419

00:29:01,320 --> 00:29:02,940

étaient vraiment les amis,

420

00:29:03,140 --> 00:29:05,712

la famille qui sont venus me rendre visite,

421

00:29:05,912 --> 00:29:09,660

les anciens scouts que je n'ai plus vu depuis 10, 15, 20 ans.

422

00:29:09,680 --> 00:29:11,740

Tous ces amis de la région qui sont venus me voir.

423

00:29:11,770 --> 00:29:13,247

Et puis aussi Antoine

424

00:29:13,447 --> 00:29:16,429

qui a eu l'occasion de monter avec moi sur la plateforme.

425

00:29:27,971 --> 00:29:29,214

A ton aise!

426

00:29:52,680 --> 00:29:54,120

Sinon Antoine. Joyeux Noël,

427

00:29:54,150 --> 00:29:55,906

bonne année, fois 3.

428

00:29:56,106 --> 00:29:58,499

Ça fait un peu plus de 3 ans, non?!

429

00:29:58,500 --> 00:29:59,857

Qu'est-ce que je ne ferai pas pour toi?!

430

00:29:59,858 --> 00:30:00,570

Hein?

431

00:30:00,571 --> 00:30:02,371

Qu'est-ce que je ne ferai pas pour toi, je dis.

432

00:30:08,480 --> 00:30:09,243

Voilà!

433

00:30:10,400 --> 00:30:11,171

C'est bon!

434

00:30:13,271 --> 00:30:14,043

Bien joué!

435

00:30:14,771 --> 00:30:15,686

Bien joué à toi.

436

00:30:16,250 --> 00:30:17,920

Bienvenue en haut.

437

00:30:24,200 --> 00:30:26,429

Une bière hollandaise.

438

00:30:26,829 --> 00:30:28,357

Ce n'est pas un sponsoring.

439

00:30:28,358 --> 00:30:30,757

C'est une bière hollandaise mais brassée en Belgique.

440

00:30:31,720 --> 00:30:32,586

Tchin!

441

00:30:32,587 --> 00:30:33,586

A la tienne!

442

00:30:39,729 --> 00:30:41,529

Si ça c'est pas une bière exceptionnelle!

443

00:30:41,530 --> 00:30:43,282

Elle s'appelle "PEAK".

444

00:30:43,482 --> 00:30:45,057

Non, je veux dire le fait de la boire en...

445

00:30:45,058 --> 00:30:46,543

Ah la boire ici! Ben oui c'est top.

446

00:30:58,214 --> 00:30:59,086

Ciao!

447

00:30:59,486 --> 00:31:01,043

Merci d'être passé!

448

00:31:01,529 --> 00:31:02,971

A la prochaine!

449

00:31:04,571 --> 00:31:07,114

Tout doux! Tout doux. Fais bien attention à la corde!

450

00:31:09,971 --> 00:31:10,782

Ah, t'es déjà en bas!

451

00:31:10,783 --> 00:31:11,686

Voilà!

452

00:31:12,514 --> 00:31:13,343

Salut hein!

453

00:31:14,157 --> 00:31:15,257

Merci beaucoup.

454

00:31:15,400 --> 00:31:16,400

Joyeux Noël!

455

00:31:16,401 --> 00:31:17,143

A toi aussi!

456

00:31:17,144 --> 00:31:18,514

A toi aussi. Bonnes fêtes hein!

457

00:31:56,560 --> 00:31:59,637

Ça c'est de la musique, hein!

458

00:31:59,638 --> 00:32:00,814

Toute la journée.

459

00:32:08,760 --> 00:32:11,514

10 h 25. Combien de degrés ?

460

00:32:12,843 --> 00:32:14,300

On voit les degrés d'ici.

461

00:32:16,400 --> 00:32:18,771

4 degrés Celsius, évidemment.

462

00:32:25,440 --> 00:32:26,840

Un peu.

463

00:32:27,520 --> 00:32:29,229

Tout réutiliser!

464

00:32:37,514 --> 00:32:39,486

We wish you a Merry Christmas

465

00:32:40,000 --> 00:32:42,357

and a Happyyyy...

466

00:32:42,671 --> 00:32:44,757

and a Happyyyy...

467

00:32:45,243 --> 00:32:48,943

New Yeaaaaaaaar!

468

00:32:49,986 --> 00:32:50,986

Happy New Year.

469

00:32:51,600 --> 00:32:52,920

Bravo !

470

00:32:53,280 --> 00:32:55,157

Je suis bon en Lipdub quand-même.

471

00:32:58,414 --> 00:32:59,146

Eh bien...

472

00:33:00,329 --> 00:33:02,229

les militaires se mettent au boulot

473

00:33:03,160 --> 00:33:04,240

avec leurs camions.

474

00:33:04,270 --> 00:33:06,040

Je ne sais pas ce qu'ils font.

475

00:33:07,160 --> 00:33:08,640

On se réveille!

476

00:33:11,360 --> 00:33:13,114

Il fait froid alors...

477

00:33:15,329 --> 00:33:17,280

temps de mettre la doudoune.

478

00:33:17,880 --> 00:33:19,940

C'est le seul moyen de résister au froid.

479

00:33:19,970 --> 00:33:21,520

Il fait vraiment très froid.

480

00:33:22,629 --> 00:33:25,220

Je viens de faire une grosse connerie:

481

00:33:25,400 --> 00:33:28,314

J'ai renversé mes céréales.

482

00:33:32,500 --> 00:33:33,029

Ouah!

483

00:33:33,033 --> 00:33:34,443

J'ai renversé mes céréales.

484

00:33:39,229 --> 00:33:41,386

J'ai renversé mes céréales... une partie...

485

00:33:41,387 --> 00:33:42,557

Oh merde!

486

00:33:44,029 --> 00:33:44,829

Eh bien.

487

00:33:45,029 --> 00:33:46,029

Ce matin...

488

00:33:49,280 --> 00:33:51,360

Ma tente est gelée là.

489

00:33:51,520 --> 00:33:53,040

On entend craquer.

490

00:33:56,080 --> 00:33:57,740

Il y a même du gel

491

00:33:57,770 --> 00:33:58,714

dans la fausse herbe.

492

00:33:58,715 --> 00:33:59,628

Vous voyez que...

493

00:33:59,629 --> 00:34:00,556

Ah oui, c'est froid.

494

00:34:00,557 --> 00:34:01,700

C'est mouillé.

495

00:34:02,080 --> 00:34:03,514

Et elle est blanche là.

496

00:34:31,080 --> 00:34:33,500

Alors je suis content parce que là.

497

00:34:33,610 --> 00:34:37,620

Ciel bleu et y'a le soleil qui commence à éclairer la haut.

498

00:34:37,650 --> 00:34:38,886

Ting Ting, bonjour, oui.

499

00:34:40,486 --> 00:34:42,549

Les éboueurs qui disent bonjour ben oui.

500

00:34:42,857 --> 00:34:44,560

Et on voit le soleil là sur la façade.

501

00:34:44,657 --> 00:34:46,260

Donc peut-être que...

502

00:34:46,460 --> 00:34:49,886

Peut-être que je vais avoir du soleil dans 1 h ou 2.

503

00:34:49,887 --> 00:34:51,200

Oulla! Ça glisse!

504

00:34:51,343 --> 00:34:53,640

Et que je vais me chauffer.

505

00:34:53,670 --> 00:34:55,860

Mais en tout cas, content. Le soleil arrive.

506

00:34:55,890 --> 00:34:57,071

Ciel bleu.

507

00:34:57,557 --> 00:35:00,600

Ça va peut-être une belle journée finalement.

508

00:35:01,500 --> 00:35:02,686

Froide mais belle.

509

00:35:12,840 --> 00:35:15,000

Youpi ! Youpi ! Le soleil...

510

00:35:15,370 --> 00:35:18,286

vient sur la tente et il va me réchauffer.

511

00:35:18,287 --> 00:35:20,440

En tout cas, il va dégeler la tente, c'est déjà une chose.

512

00:35:20,470 --> 00:35:22,760

Et après, pour la suite on verra!

513

00:35:30,000 --> 00:35:31,757

Je veux de la lumière.

514

00:35:31,886 --> 00:35:33,586

Je veux de la lumière!

515

00:35:33,850 --> 00:35:35,265

Je veux de la...

516

00:35:35,465 --> 00:35:36,151

Lumière!

517

00:35:36,351 --> 00:35:38,980

Et voilà la lumière. Elle est là.

518

00:35:39,010 --> 00:35:42,120

Il suffit de demander. Tadaaa!

519

00:35:42,160 --> 00:35:43,243

Et elle est bien à l'heure.

520

00:35:43,244 --> 00:35:44,930

Non elle est un petit en retard

521

00:35:45,130 --> 00:35:46,289

par rapport à d'habitude.

522

00:35:46,290 --> 00:35:50,200

Mais j'ai eu la lumière, elle est là. Tadaaa.

523

00:35:50,680 --> 00:35:51,983

Si je commence à savoir

524

00:35:51,984 --> 00:35:54,080

à quelle heure les lumières publiques

525

00:35:54,080 --> 00:35:55,937

s'allument dans une ville, c'est que j'ai passé

526

00:35:55,938 --> 00:35:57,829

un peu trop de temps dans la ville, je crois.

527

00:35:58,343 --> 00:36:00,929

Il est temps que je retourne à la nature.

528

00:36:36,814 --> 00:36:39,971

Dancing along with every song.

529

00:36:40,029 --> 00:36:43,086

Moi, je vis d'amour et de danse.

530

00:36:43,150 --> 00:36:46,500

Je vis comme si j'étais en vacances.

531

00:36:46,530 --> 00:36:50,160

Je vis comme si j'étais éternelle.

532

00:36:50,161 --> 00:36:53,403

Comme si les nouvelles étaient sans problèmes.

533

00:36:54,371 --> 00:36:57,243

Moi, je vis d'amour et de rire.

534

00:36:57,386 --> 00:37:00,828

Je vis comme si y avait rien à dire.

535

00:37:00,829 --> 00:37:04,571

J'ai tout le temps d'écrire mes mémoires.

536

00:37:04,572 --> 00:37:05,414

D'écrire mon...

537

00:37:08,600 --> 00:37:09,771

Fichtre!

538

00:37:11,040 --> 00:37:13,743

Il fait vraiment froid là.

539

00:37:18,857 --> 00:37:20,229

Il est 1 h et demi.

540

00:37:20,230 --> 00:37:21,458

Ça fait donc...

541

00:37:21,615 --> 00:37:22,614

1h35.

542

00:37:27,214 --> 00:37:28,214

Ça fait euh...

543

00:37:28,829 --> 00:37:30,086

Mon nez coule un peu.

544

00:37:31,229 --> 00:37:32,229

J'vais me faire...

545

00:37:35,400 --> 00:37:37,229

J'vais me faire de l'eau chaude là, parce que...

546

00:37:39,080 --> 00:37:40,943

Je n'arrête pas de pleurer.

547

00:37:40,944 --> 00:37:41,929

Mon corps qui...

548

00:37:42,607 --> 00:37:44,657

Qui part en état grippal là, je suppose.

549

00:37:44,658 --> 00:37:46,000

Il fait vraiment froid.

550

00:37:46,571 --> 00:37:48,357

Et je n'arrive pas à me rendormir et...

551

00:37:48,650 --> 00:37:52,185

J'ai encore presque 10 h à tenir comme ça.

552

00:37:52,385 --> 00:37:53,671

Il fait vraiment pas chaud.

553

00:37:54,271 --> 00:37:55,171

La tente...

554

00:37:56,429 --> 00:37:57,771

elle est gelée, ouaih.

555

00:37:59,480 --> 00:38:00,718

Elle est dure.

556

00:38:00,918 --> 00:38:02,243

Vite une chose chaude.

557

00:38:03,043 --> 00:38:06,380

Les deux derniers soirs, il a fait vraiment très froid.

558

00:38:06,410 --> 00:38:11,100

J'ai su par après qu'on était descendu à -4 degrés Celsius.

559

00:38:11,130 --> 00:38:13,130

Et il faut savoir que dans mon cocon

560

00:38:13,160 --> 00:38:15,157

donc dans ma tante, le vent peut attaquer

561

00:38:15,158 --> 00:38:17,271

de tous les côtés finalement.

562

00:38:17,500 --> 00:38:20,200

Et la chaleur s'en va très vite.

563

00:38:20,560 --> 00:38:22,200

Et donc pour lutter contre le froid

564

00:38:22,230 --> 00:38:24,580

la nuit, ce que je faisais, c'était me réveiller

565

00:38:24,610 --> 00:38:25,930

3 ou 4 fois pour boire

566

00:38:25,931 --> 00:38:29,426

un grand verre d'eau chaude tout simplement.

567

00:38:29,427 --> 00:38:31,771

Pour mieux lutter et mieux résister au froid.

568

00:38:33,240 --> 00:38:35,371

C'est encore gelé.

569

00:38:35,702 --> 00:38:38,800

Mais le soleil se lève tout doucement.

570

00:38:43,100 --> 00:38:45,700

Voilà, il reste moins d'une heure.

571

00:38:46,970 --> 00:38:47,844

Et je chauffe

572

00:38:49,271 --> 00:38:50,271

ma dernière

573

00:38:51,257 --> 00:38:53,986

petite marmite d'eau

574

00:38:54,857 --> 00:38:59,314

parce que j'ai encore un petit peu d'eau et...

575

00:39:00,050 --> 00:39:01,169

Il est temps de

576

00:39:01,857 --> 00:39:03,671

de se rendre un peu plus propre.

577

00:39:03,843 --> 00:39:06,086

Donc un petit peu d'eau...

578

00:39:07,014 --> 00:39:09,586

Et on va faire ce qu'il faut.

579

00:39:11,010 --> 00:39:13,314

Dès que ce sera bien chaud.

580

00:42:02,314 --> 00:42:03,200

Ça va?

581

00:42:03,201 --> 00:42:04,171

Ça va!

582

00:42:10,914 --> 00:42:15,642

Ce défi... m'a conforté

583

00:42:15,643 --> 00:42:16,843

dans le fait que je suis capable

584

00:42:16,957 --> 00:42:19,302
avec finalement peu de moyens

585
00:42:19,502 --> 00:42:20,980
de réussir des défis.

586
00:42:21,010 --> 00:42:22,542
Parce que ce n'est pas évident de se dire

587
00:42:22,543 --> 00:42:24,943
comme ça au téléphone à un journaliste:

588
00:42:24,944 --> 00:42:26,929
Je vais me suspendre en l'air...

589
00:42:27,897 --> 00:42:29,690
avec ma tente dessus.

590
00:42:29,720 --> 00:42:31,943
Et puis finalement, on le fait quoi!

591
00:42:47,400 --> 00:42:48,980
L'idée d'un défi statique

592
00:42:49,371 --> 00:42:51,303
n'est pas évidente parce que...

593
00:42:51,503 --> 00:42:53,300
on doit lutter contre soi-même.

594
00:42:53,330 --> 00:42:57,170
Il est clair que là j'avais 5 m² pour me déplacer.

595
00:42:57,200 --> 00:42:59,923
Si on peut vraiment parler de pouvoir se déplacer.

596
00:43:00,123 --> 00:43:02,210
La plus grande contrainte c'est soi-même.

597
00:43:02,240 --> 00:43:05,500
C'est sa solitude, c'est son ennui.

598

00:43:05,530 --> 00:43:08,857

Et je suis content d'avoir appris que justement

599

00:43:08,858 --> 00:43:10,986

je résiste bien à ça aussi.

600

00:43:11,114 --> 00:43:13,243

Donc défi statique pour moi: check!

601

00:43:16,243 --> 00:43:18,443

Louis-Philippe Loncke a réussi son défi le 22 décembre 2022.

602

00:43:18,514 --> 00:43:20,700

Après être resté 1 semaine et 30 minutes en l'air.

603

00:43:21,686 --> 00:43:23,614

Merci à toutes les personnes qui ont supporté ce défi

604

00:43:23,615 --> 00:43:25,614

et ont ensemble donné plus de 6000€

605

00:43:25,615 --> 00:43:27,286

pour VivaForLife qui supporte les associations

606

00:43:27,287 --> 00:43:28,786

luttant contre la pauvreté infantile.

607

00:43:45,960 --> 00:43:48,671

C'est quoi tes impressions sur la plateforme?

608

00:43:48,733 --> 00:43:49,500

Super froid!

609

00:43:49,643 --> 00:43:51,486

Et franchement très stable!

610

00:43:51,690 --> 00:43:53,900

Beaucoup plus qu'on ne l'imaginait.

611

00:43:54,343 --> 00:43:56,400

Là il fait 6 degrés mais resenti...

612

00:43:56,882 --> 00:43:57,943

Quand-même moins

613

00:43:57,944 --> 00:43:58,986

Moins 1, moins 2.

614

00:43:58,987 --> 00:44:00,557

Moins, parce que là on est statique

615

00:44:00,629 --> 00:44:02,900

et on ne peut pas dépenser.