

Despite the #metoo movement bringing increased awareness to the dangers and inequalities women face every day, our society is still set up in a way that expects, no, demands women to behave in specific ways. How are women supposed to behave on a first date? The third? How are women supposed to dress? What should they eat to stay thin? How are women supposed to receive crude and inappropriate “compliments”?

Even more dangerous than society’s expectations are the expectations we women have internalized and unwittingly impose on ourselves, disproportionately so amongst our women of color and those in underprivileged communities. So many of us have smiled through unwanted advances, or abrupt escalations in bed but... we don’t want to be perceived as difficult or ungrateful or, worst of all, a bitch. So we allow it. Furthermore, we justify why it’s our fault for leading someone on, for putting ourselves in the situation, so it must be on us to see it through lest we disappoint. No matter how mortified or violated we may feel.

On the flip side, women are also trained to mistrust and judge one another instead of recognizing our shared struggles so that we might find support and solace in each other. If our husband cheats on us with another woman, why is it the mistress we want to punish? If a woman finally rises in the ranks, why do we criticize what she’s wearing instead of celebrating with her?

Good Girls Get Fed aims to stir up some quiet judgement of its characters before dropping the bomb that, in fact, these seemingly unscrupulous women are actually prisoners attempting to survive in a world they did not choose to be in. This story lures in its audience with the promise of titillation and beauty, only to then drive home exactly how high the price women pay truly is for these enticements.

This story turns the mirror on its audience and challenges them to push back against these misogynistic constructs that quietly marginalize over half of our population. In the name of a brighter and more equal future.