



Description

Narcissus was born during my Études on Isadora Duncan's homonym choreography. It narrates the multiple reflections of the Psyche. Water element represents our emotions that change and transform within each moment. There are times when our internal mirror reflects a huge creature like a God where anything is possible and others we feel like falling apart and break into pieces. There are also times when we can finally accept, love and dance with ourselves feeling peaceful and grateful. Life has a complex psychology like Nature itself. If we dive into our Psyche we may discover miracles and hidden gifts. Every time the reflection will be different. It seems like the words of Heraclitus : « You can never step in the same river twice.» No matter how many times we will get drowned into our feelings, our soul has the key to emerge and breath fresh air, bloom and transform into a white golden flower spreading the magical perfume of rebirth.

Preview : <https://filmfreeway.com/Narcissus005>

About me : I am a multidisciplinary artist from Greece. My base is Theatre and Dance but I also experiment with filming, photography and poetry. I believe there are so many ways to express ourselves artistically that constantly change, develop, transform, led by life's experiences. For me art and life are one so my lived experience is my main source of inspiration. I try to communicate my unique way to feel, to see, to be so I can learn and understand myself and others better. I am deeply focused in the matters of Psyche, the warmth of human relationships, natural ways of living and the internal dialogue between art and nature.

Bio

Alkistis Voulgari was born in Athens. She is an actress and dancer specialized on Isadora Duncan's Dance Technique. The last two years she started her own filming experimentations and performance creations which contain Theatre, Poetry, Literature, Dance, Isadora's choreographies as well as personal choreographies. Her latest live performance, "Travel through Time" , was presented at Compartments Dance Festival on September of 2019. The experimental short film "Dancing in the Silence" from the "TERRACE PROJECT" - 2020 was hosted at Bibart's Biennale internazionale D' Arte di Bari and since then the films of the project are travelling in several international film festivals. At the moment she is collaborating with The Museum of Dead Words in Brooklyn / NY - the Online Series, interpreting the word EVIL through the performance "The Fight Within".

She works in the film industry since 2006 starting from BBC History Channel, playing Manto

Mavrogenous and Venus of Urbino in "El Greco" film directed by Giannis Smaragdis. In 2008 she was the leading character of the first greek webseries called "Dikiasou.com" and then became a member of "Cultoura", a group of new cinematographers who were experimenting on short films. She played also in TV series leading and supporting roles. Theatre holds a significant part in her life, starting playing on stage since 14 years old. She met many exceptional teachers and co-artists who helped her to deepen her way of expression and experiment on different schools of Art, theatrical genres and dramaturgy. She is an official member of CID (International Council of Dance - Unesco) since 2018 and also a writer having published her own e - books on the web.

