

The background is a dark, textured surface, possibly a wall, with faint, light-colored outlines of human figures. A prominent, thick, red brushstroke is applied horizontally across the upper right portion of the image. The overall mood is somber and evocative.

THOUGHTS SHARING
BY ALKISTIS VOULGARI

PRISON FEELINGS

VIDEO PODCAST

Prison Feelings

Video podcast

Creation : Alkistis Voulgari

Runtime : 5' 11"

Location : Athens, Greece

Year : 2021

Description :

Recording from my room in Athens, living the lockdown experience I come close to people who are in a lockdown for a lifetime, in a situation without an exit or solution if we don't help. It is time for all of us to unite under one purpose. Justice, freedom and equality.

Preview with english subtitles : <https://vimeo.com/559397179>

Password : Feelings21



Prison Feelings / Αίσθηση Φυλακής

Οπτικοακουστικό ντοκουμέντο

Δημιουργία : Άλκηστις Βούλγαρη

Διάρκεια : 5'11''

Τοποθεσία : Αθήνα , Ελλάδα

Χρονιά : 2021

Περιγραφή :

Ηχογραφώντας από το δωμάτιό μου στην Αθήνα, βιώνοντας την εμπειρία της καραντίνας, έρχομαι νοερά κοντά σε ανθρώπους που βρίσκονται σε καραντίνα για μια ζωή, σε μια κατάσταση χωρίς έξοδο ή λύση αν δεν βοηθήσουμε. Ίσως είναι καιρός να ενωθούμε κάτω από έναν κοινό σκοπό, ένα όραμα για αληθινή δικαιοσύνη, ελευθερία και ισότητα.

Παρακολούθηση με ελληνικούς υπότιτλους :

<https://vimeo.com/559314983>

Password : feelings2021

#AFRICA
#GAZA
#SLAVERY
#HUMANPRISONS
#STARVATION
#IMMIGRATION
#WARS
#BOMBS
#ISOLATION
#ISOLATION
#ISOLATION



JUST STARTING
TO KNOW
HOW IT FEELS...

STILL A FOLLOWER?

Short bio



Website : <https://alkistisvoulgari.weebly.com/>

E - mail : alkistiskou@gmail.com

Alkistis Voulgari was born in Athens. She is an actress and dancer specialized on Isadora Duncan's Dance Technique.

The last two years she started her own filming experimentations and performance creations which contain Theatre, Poetry, Literature, Dance, Isadora's choreographies as well as personal choreographies. Her latest live performance, «Travel through Time» , was presented at Compartments Dance Festival on September of 2019.

The experimental short film « Dancing in the Silence » from the « TERRACE PROJECT « - 2020 was hosted at Bibart's Biennale Internazionale D' Arte di Bari and since then the films of the project are travelling in several international film festivals. During 2020 she was collaborating with The Museum of Dead Words in Brooklyn / NY – the Online Series, interpreting the word EVIL through the performance « The Fight Within « .

Her first presence in the film industry was at BBC History Channel, playing Manto Mavrogenous (a great heroine from Mykonos) and Venus of Urbino in «El Greco» film directed by Gianni Smaragdis. She was also the leading character of the first greek webseries called «Dikiasou.com» and then became a member of «Cultoura», a group of new cinematographers

who were experimenting on short films. She played in TV series as well leading and supporting roles.

Theatre holds a significant part in her life, starting playing on stage since 14 years old. She met many exceptional teachers and co – artists who helped her to deepen her way of expression and experiment on different schools of Art, theatrical genres and dramaturgy.

She is an official member of CID (International Council of Dance – Unesco) since 2018 and also a writer having published her own e – books on the web.