



Love  
Birth  
Life



## Synopsis

*Love Birth Life* is a love story. A documentary that follows Freya Light, a spiritually awoken single mum in rural Victoria who is doing her home-birth by herself, without any partner support. Her sisterhood and her inner teacher is the only guide for her along the windy year of 2020.

## Distribution Plan

Vimeo on Demand (online videos)  
Private Screenings  
Festivals

# Lead Subject(s)

Freya Light and her 2 children, Dexter and Zane, welcoming Ayanna Light, the newborn.

# Shooting Periods

October 2020 - January 2021.



# Statement

Most people, see that life is a linear line. There's a moment where it appears (birth), and there's a moment where it stops (death).

Another way to see the line, is just to see it as a accumulation of dots. Every dot is an independent moment arising and passing away. At first it looks like a line, but in reality, there's no line, there's no past, and there's no future. It's just dots constantly appearing and fading away, that is what we call the **here & now**.

Love Birth Life is an honest observation of the powerful birth story from Freya Light, a single mum that learns to let go of her life to the present moment, in order to birth her baby at home, without any partner support.

Her journey is a reminder to us all about the sacredness of the mother-infant relationship during Birth, that succession of dots, that succession of Love, the continuation of Life. Thus Love Birth Life is born.

# Treatment



Classic observational (***cinema verite***) documentary mixed with interviews and Freya's personal footages.

# Ratio

Intimate and warm. We want the audience to feel the film as if they are looking at a family photo album. Hence we refrain from cinematic cinemascope and **16:9** aspect ratio. With **4:3** (ordinary photograph ratio), we feel the character of Freya, our lead subject is stronger and closer to the audience. She's our inspirational everyday life heroine, not a distant heroic figure.



4:3 Aspect Ratio brings Freya's character closer and intimate to the audience.

# Digital #Movement

To promote the awareness of homebirth and natural birth issues, Freya Light, the lead subject is making her own personal coaching program and podcast. Check it out on instagram @rememberingbirth.

Love Birth Life and Remembering Birth would like to consolidate the film and Freya's podcast/coaching into a digital movement. Raising awareness and challenges faced by a lot of families that choose homebirth.



## Director



Mahatma Putra is a new Australian. He moved to Cowes, Victoria during the COVID-19 Pandemic. Originally from Indonesia, Putra has a strong eastern philosophy and spiritual background, primarily Buddhist and Kejawen (Java Animist Belief), that bring his work into character.

Putra graduated from Universitas Indonesia majoring in Advertising Communication in 2008. After working as a video journalist at Voice of America (VOA), Washington DC, in the PPIA-VOA Fellowship in 2011-2012, he began working as a freelance documentary filmmaker. In the same year, Putra took a Buddhist studies course in Sri Lanka International Buddhist Academy (SIBA), Sri Lanka, for his passion about Buddhist Philosophy.

In 2013, he co-founded Anatman Pictures ([www.anatmanpictures.com](http://www.anatmanpictures.com)) with his wife, Natasha May (executive producer) which has become one of the leading creative production houses in Jakarta, Indonesia.

In 2020, Putra & Natasha established Anatman Pictures Australia Pty Ltd ([www.anatmanpictures.com.au](http://www.anatmanpictures.com.au)), their international representatives, introducing Indonesian talents worldwide.

## Filmography

Diam & Dengarkan (86 Min). Documentary, 2020

Sintas (81 Min). Documentary, 2018

Arang & Asa. Short Narrative Film, 2016

HIJUP, Empower Change. Short Branded Documentary, 2016

Children of The Mountain. Short Documentary, 2015

Menjadi Indonesia. Short Documentary, 2015

Edhi Sunarso, Seniman Pejuang. Short Documentary, 2014

6000 Tears. Short Documentary, 2013

Dewi, The Trash Goddess. Short Documentary, 2013

Rafi, The Sound of Color. Short Documentary, 2013

Sepak Bola Api. Short Documentary, 2013

Batak, Perjalanan ke Tanah Leluhur (40 Min). Documentary, 2012

Wakatobi, Sea Gypsies Have. Short Documentary, 2012

Sang Ahmad. Short Documentary, 2011

## Producer



Natasha May is a producer, who grew up in Melbourne, and has been based in Cowes, Australia, due to the pandemic.

Natasha relocated to Jakarta in 2008 where she lived with her family until the pandemic hit in April 2020. She worked as a contributing photographer/writer to several publications in Australia, and this is where her passion for sharing stories from Indonesia grew.

In 2012, working as a producer and researcher, Natasha and Mahatma Putra submitted short documentaries to Storyhunter in the USA, where they won several awards as Storyhunter of the Month.

Anatman Pictures was founded shortly after in 2013, where they became a leading production house in Jakarta.

In 2020, Natasha and Putra expanded their business and opened Anatman Pictures Australia Pty Ltd.

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# Behind The Scenes



# ***Acknowledgement***

The Producers would like to acknowledge the Bunurong / Boonwurrung people as the traditional owners of the land on which Love Birth Life was produced.