

Astronaut

You have
2x2 m
of personal
space
and mask

in that 2x2m

you will
compress

all desire
for touch
and closeness
emotion
fear

thinking
need
love
lust
gentleness

pain
depression
sorrow
anxiety
happiness

unbearable

You like
astronaut
carrying
your capsule
everywhere

but still
you have
to be in
contact
with people

your muscles
will atrophy
like astronaut's
your muscles
of socialization

and need
for reality
in doses
and
the way
you take it

if it
didn't already
took you

in a meantime
in a room
if you can
you work off

workout
job
hobby
business
session

lecture
class
homework
going out

because
now
it became
classrooms
gyms

confessionals
studios
caffees
desks
depots

capsules for travel
in this unknown
universe
and world
changed irreversibly

we had
never
so less space

thus
we have to
continue
to be
humane

and
not to forget that
when

after
this
painstakingly
journey

to the borders
of psycho
physical
endurance
ends

before
stepping out
off capsule
to check

if the level
of empathy
and responsilby

in oxygen
bottles
is sufficient

for the world
which
awaits you
outside

and do
you need
supplies
of courage

to face
the truth
and
consequences

in the postpandemic years