

**Roots of Lacrosse: A History of the fastest Game on 2 Feet**  
-- Electronic Press Kit --

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**Project Title:** Roots of Lacrosse: A History of the fastest Game on 2 Feet

**Director:** Shelby Tsioweri:iohsta Adams, Joanne Storkan

**Producers:** Chris Carpenter, Tom Ryan, Brant Davis, Stu Lisson

**Associate Producers:** Seymour H. Knox IV, Michael-Ryan Fletchall, Connor Wilson, Arttu Sesselaar

**Project Website:** [www.rulesoflacrosse.com](http://www.rulesoflacrosse.com)

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**Twitter:** [twitter.com/rulesoflacrosse](https://twitter.com/rulesoflacrosse)

**Company:** Honest Engine Films

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**About the Film:**

**Film Category/Genre:** Documentary, Sports Documentary, Indigenous

**Film Runtime:** 00:22:30.00

**Country Film was shot in:** Canada, USA

**Country Film was produced in:** USA

**Projected Completion Date/Year:** Sept, 2020

**Language:** English

**US Rating:** PG

**CA Rating:** G

**Shooting Format:** Digital

**Aspect/Resolution:** 16:9, 1920 x 1080

**Sales/Distribution:** Honest Engine Films

**Synopsis: (72 Words)**

Many lacrosse players and coaches often don't know that the origins of the game of lacrosse has its roots in North American Indigenous nations. This short documentary provides a brief history of the sacred and cultural aspects of this sport, originally played for the Creator, as well as for the health and welfare of the people. The movie also defines the three types of North American, Indigenous lacrosse: Iroquois, Great Lakes, and Southeastern.



**Co-Director's Bio (Shelby Tsioweri:iohsta Adams) (107 Words):**

Shelby Tsioweri:iohsta Adams is a director from the Akwesasne Mohawk Indian Reservation and co-owner of Dreamcatcher Studio, a production studio that offers a variety of services for native productions, in theatre, commercial, and film production. She has studied directing, acting, and performing arts throughout Canada. Recently she has produced and acted in two theatre productions that raised awareness of sex trafficking and missing and murdered Indigenous woman and children. She is also a screenwriter who currently has a short film in post-production and one in festivals which she has wrote, acted and produced. Shelby is proud to be a part of the Roots of Lacrosse production team.

**Co-Director's Bio (Joanne Storkan) (90 Words):**

Joanne Storkan is the founder and executive producer of Honest Engine Films. Formerly a journalism and English teacher, turned screenwriter, she founded the company in 2004, in Monterey, California. She co-directed a documentary entitled "Dirt McComber: Last of the Mohicans," that has won numerous awards.

Some of her other production credits include: A BRAVE HEART - The Lizzie Velasquez Story, BOTS0 - The Teacher from Tbilisi, Shorts by Amy Jo Johnson, LINES and BENT, the Bill Nighy/Emily Blunt comedy directed by Jonathan Lynn, WILD TARGET, and CAMP UNITY filmed in Iraq.

**Director's Statement (Joanne Storkan) (161 Words):**

I fell into the world of lacrosse while doing research for a screenplay I was writing entitled STIX, which is a coming-of-age story similar to THE KARATE KID, only with a lacrosse back-drop. While interviewing a coach and former player, Tom Ryan, I learned that he had just produced a short film about his experiences in the world of lacrosse entitled STIR IT UP.

After viewing the film, which I really loved and found very interesting, I proposed that we convert his short movie into a feature-length film and incorporate more aspects of the sport that were not covered or delved into in Tom's 26-minute film. After we filmed more games and interviews, we learned that for several reasons we could not merge our new footage with his older film. Our choice was either to scrap the project entirely or create a new movie. We chose the latter, and thus was born THE RULES OF LACROSSE—AND THE MEN WHO BREAK THEM.





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John Tavares by Richard L. Jacob, Ph.D.; Lacrosse Warrior: The Life of Mohawk Lacrosse Champion Gaylord Powless by Wendy A. Lewis; Heroes Alongside Us by Eric F. Rieseberg; It's Great to Be Here by Richie Moran; Lacrosse Technique and Tradition by Bob Scott; Stir It Up by Tom Ryan

**Additional Thanks:** The Manitoba Lacrosse Hall of Fame

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HONEST ENGINE FILMS PRESENTS

**THE ROOTS OF LACROSSE**  
A HISTORY OF THE FASTEST GAME ON 2 FEET

HONEST ENGINE FILMS PRESENTS A FILM PRODUCED AND DIRECTED BY JOANNE STORKAN  
PRODUCERS TOM RYAN BRANT DAVIS CHRIS CARPENTER ASSOCIATE PRODUCERS SEYMOUR H. KNOX IV STU LISSON MICHAEL-RYAN FLETCHALL AND CONNOR WILSON

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