

# Breathing Through, a 360° virtual experience

## Log Line

An immersive VR experience of breathing through birth, life and rebirth

## Synopsis

astradream's *Breathing Through* plays with the cinematic possibilities of a 360° VR environment, allowing the stages of life to be immersively experienced both architecturally and psychologically.

An exciting VR experimental short film about the journeying of consciousness from birth, through the stages of life, into rebirth.

## Cast

No cast, animated short film

## Soundscape

Mihaly Horvath

## Director

Stan Adard, 1954, director

**Stan Adard** is a Swiss artist (digital art, video, music) and pioneer in digital flow art.

With a unique approach, Stan Adard creates pictures and short films that breathe.

Born in Switzerland in 1954 he mastered in Education and Social Psychology at the University Zurich, Switzerland.

Adard lives and works in Kienberg, Switzerland, is married with Christine and has three adult sons.

With his passion to digital animation Adard won the Swiss Video Film awards in 1986.

Already in the early days of digital animation he created the first animated sequences of *digital dreams* (1995).

He got internationally known for his Breathing Pictures that he started developing in 2014.

## Technical Data

Length: 219" (3 minutes, 39 seconds)

Resolution: 4K VR 360° (3.840 x 1.080 pixels / eye), 30 fps, over/under

Audio: 4 channel immersive audio

Video format: **.mp4** / for all VR devices. Higher resolution (5.760 x 3.240) for VIVE available.

Recommendation: Sit on a swivel chair and use high quality headphones.

