

FLYERS

(Voadores)

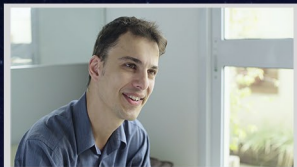
DCP/HD · 2019 · SPAIN · 83 MIN · 1:85 · COLOR · DOCUMENTARY

After 10 years living in Spain, Nathália decides to investigate what used to happen to her during her adolescence in Brazil: whenever she went to sleep, she felt as if, involuntarily and with no control over it, she would start to slowly break away from her physical body, experiencing what is commonly known as an astral projection or *out-of-body experience*. With a completely awake mind, it was far from being a dream.

Something that frightened her at that time is what now, from a mature and distant point of view, she seeks to understand: What was going on? Why did it start, and then went away? Who was that girl from ten years ago? After all, what defines us as human beings?

Using fragments of her memory, family videos and pages from her diaries as a starting point, Nathália goes back to her country and, on the way, discovers a great community of *flyers*: people like her, of all ages, religions and cultures that, even though they face it or understand it in a different way, live the same experience: a projection of their consciousness beyond their bodies.

"There was a moment in my life when I realized that I had to confront that unresolved part of my past. Using everything I've learned after years working in the film industry, I started to explore what I'd left behind, in a way that could also help other people with the same struggle. I'm sure that out-of-body experiences, whichever way we decide to interpret them, are something more common than we can imagine; that's the reason why creating an open dialogue around them is so important, so other people don't feel as lost as I was when it happened to me. For me, Flyers is as much of a personal endeavor as a necessity to sketch out a map of a highly unknown issue." **NATHALIA**, director



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