

A woman with dark skin and hair pulled back, wearing a bright yellow dress with gold lace detailing and multiple gold bangles on her right wrist. She is looking off to the side with a thoughtful expression, her hand near her face. The background is a soft-focus outdoor setting. The image is overlaid with a white rectangular box containing text.

# XIANA

CREATIVE WELLNESS HEALER

## ABOUT



**ARTIST**



**SHAMAN**



**HEALER**

## THE ARTIST

Xiana is a Mediumistic Shamanistic Songstress who blends Ancient chants and modern music to create a sound that uplifts the spirit and inspires the soul. She has trained in Greece and participated in workshops with The Grandmother of Performance Art; Marina Abramovic. While being a student at MAI, Xiana was challenged to push past her limits with long durational exercises that helped unlock the true essence of her artistry. On April 21st 2018 Xiana and some of her tribe members participated in a 15 hr Psilocybin ceremony at one of the members home-studio. During this ritual she received messages from spirit and as a medium channeled those messages into songs. While the downloads from the divine flooded Xiana; her & her tribe jammed together and pressed record. Following the completion of the ceremony Xiana passed on the recordings, along with channeled voice memos to Sonic Alchemist Ami Kim. After receiving the sacred files Ami a conduit of Ma'at started to scribe and weave music on and through the recordings. Once the Sonic Alchemy was complete it was finessed by Master Engineer Intricate sound. All of these elements came together to give you what you now know as "Black Sun: A Sonic Ritual." ( IG: @beingxiana)





## Black Sun: A Sonic Ritual

Xiana

New Age · 2019

[Listen on Apple Music](#)



15 Songs, 47 Minutes

[Preview](#)

1	Trust the Process	3:49
2	Still Waters	3:26
3	7 Chakras (feat. Subhadra Devi Sami & Preena Surya Chand)	2:34
4	Avatar State (feat. Artist Shelley Bruce)	2:54
5	The Time Is Now	1:23
6	Honey for Oshun	3:49
7	Inner Child (feat. Stephen James)	4:56
8	Enjoy the Show	3:13
9	Casa De Ifa	3:15
10	Jaw Harp	0:58
11	Unspoken Language	2:40
12	Nothing Is Something	1:10
13	Stratosphere	5:49
14	Dimensions	3:27
15	Welcome to the River (feat. Ami Kim)	4:03

# BLACK SUN: A SONIC RITUAL

Black Sun: A Sonic Ritual, is a Mediumistic art show with a collection of experiential exercises, music, visual/performance art, mantras, poetry, & dance. Black Sun: A Sonic Ritual is medicine music for the soul. The full packet & experience comes with the music, blind fold, listening instruction sheet, & Workbook written specifically for each track designed to support the listener in moving through the emotions that come up by listening to the Sonic Ritual.

# THE SHAMAN

Siana-äiti Moirae (Xiana) is an initiated Iyanifa and Olorisha/Oshun Priestess. She has studied the Yoruba Spiritual System and received her title in Lagos, Nigeria by Chief Solagbade Popoola. She created a platform called *Living The Alchemist* ([www.livingthealchemist.com](http://www.livingthealchemist.com)) where she travels the world learning indigenous practices and music by engulfing herself in different cultures and spiritual systems. She has trained with Priest and Priestess in different parts of the world: Los Angeles, New Orleans, Brazil, and Africa. Siana got initiated in Nigeria, February 5th 2017 as an Ifa and Oshun priestess and facilitates healing ceremonies and gatherings around Los Angeles that encompass performance, community, and prayer. She has learned different forms of divination, including Tarot and Clairvoyance. She is an intuitive and can communicate as a medium between dimensions. With her skills she has been able to help remove negative energy from her clients energetic field and identify the areas in their life that need to be addressed in order for them to reach their highest state of bliss. Xiana has provided her services at events, seminars, and retreats. She also facilitates and leads Psilocybin & San Pedro Ceremonies, Rituals, and Herbal Healing Circles. Her main focus is to hold space for the group and to create a safe environment for them physically, mentally, emotionally and spiritually as they take their journey with plant medicine.





## INITIATION AND PILGRIMAGE

In February 2017 Xiana was Initiated as an Iyanifa & Olorisha (Priestess) in Ifá, a traditional West African Spiritual practice of the Yoruba people of Nigeria. This work is a collection of different moments she experienced during her 10 day journey and 7 day initiation ceremony.

# LIVING THE ALCHEMIST



"We are travelers on a cosmic journey, stardust, swirling and dancing in the eddies and whirlpools of infinity. Life is eternal. We have stopped for a moment to encounter each other, to meet, to love, to share. This is a precious moment. It is a little parenthesis in eternity." — Paulo Coelho, *The Alchemist*



## LIVING THE ALCHEMIST

THE ALCHEMIST TEACHES US THE IMPORTANCE OF TAKING OUR DREAMS SERIOUSLY, FOLLOWING OUR INTUITION, TAKING RISK, EXPLORING UNFAMILIAR LANDS, HAVING TRUST, HAVING FAITH IN OUR VISION, COMMITMENT, AND BELIEF IN THE UNKNOWN. LIVING THE ALCHEMIST IS A MOVEMENT ROOTED IN THE LESSONS LEARNED IN THE BOOK. WE TRAVEL TO A COUNTRY, STATE, OR PLACE THAT WE FEEL OUR SPIRIT IS DRAWN TO. THE MOST INVIGORATING PART ABOUT OUR JOURNEY'S ARE WE SOLELY DEPEND ON OUR INTUITION AND CONNECTION WITH PEOPLE FOR TRANSPORTATION, SHELTER, AND FOOD. (WHAT THAT MEANS IS, NO HOTELS OR RESORTS, UNLESS OF COURSE SOMEONE ON OUR JOURNEY GIFTS IT TO US) WE TRAVEL LIGHT "BACK PACK STYLE" WE STAY IN HOMES OFFERED TO US BY THE PEOPLE WE MEET ALONG THE WAY, AND WE GO WHERE THE WIND TAKES US TRUSTING THAT WE WILL END UP GOING AND EXPERIENCING EXACTLY WHAT WE ARE MEANT TO EXPERIENCE. BEFORE OUR JOURNEYS WE BRAINSTORM OR SHOULD I SAY SOUL STORM! WE CHOOSE WHERE WE ARE GOING, PUT A VISION BOARD TOGETHER ON WHAT WE WOULD LIKE TO EXPERIENCE AND ACCOMPLISH ON OUR TRIPS, HOP IN OUR CARS OR BUY OUR TICKETS. THEN, WE ARE LIVING THE ALCHEMIST!



## THE HEALER

Siana-aiti Moirae (Xiana) is Certified in Crisis Negotiation, Family/Group Therapy. She has worked as a Crisis Intervention Therapist and Emotional Intelligence Facilitator for over 10 years in Mental Health and Treatment Facilities. She has also lead and organized 12 Step Meetings in Rehabilitation Facilities for people who deal with Drug and Alcohol addictions. She specializes in developing workshops and activities for schools and businesses that help her clients get to the root of their challenges, as well as assisting them with their growth by being a catalyst for their breakthroughs, with her company I BE I AM ([www.ibeiam.com](http://www.ibeiam.com)). In her Retreats and Workshops, she supports her clients in finding healthy coping skills along with leading them through a series of emotional intelligence activities that touch on self-image, self-acceptance, self-worth, the power of thoughts, healing past wounds, & more.



# I BE I AM

Xiana's Company I BE I AM's Mission is to give adolescents a platform where they feel heard, seen, and able to connect on a deeper level with their peers. We educate adolescents, adults, parents, and teachers through interactive experiential workshops and emotional intelligence trainings. With these skills, we are confident that the environment in schools will shift from a place of bullying & neglecting to one of acceptance & community. I BE I AM is an acronym for "I Believe Excellence Is All of Me," we believe that in order for adolescents to reach their highest potential, it is important for them to first accept themselves fully, and explore who they want to be in the world.

ConsciousLifestyle  
magazine

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## PRESS

# VOGUE

THE HOODWITCH PRESENTS  
THE MODERN MYSTIC  
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