

CV

## Noriko Kato

Legal Name: Noriko TAKASUGI

Born : 08/12/73 Hirosaki, Aomori, Japan

Studied: MA(02-04)/BA(92-96) Sport Science (specialized in Dance) Nippon Sport Science University, PDDS Laban Centre London (98-99)

Live/Works Hirosaki, Aomori, Japan

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### Noriko Kato [stage name]

Noriko Kato is a Japanese film director, independent dance artist, and music creator. Rooted in physical expression, she creates films that explore human existence from a cosmic perspective.

She began her career as a dance artist in 2003. In 2005, she founded the creative platform Dance-tect, through which she has collaborated with artists both in Japan and internationally, directing, choreographing, and producing performance works.

Through her international creative activities, she explored the relationships between body and space, time and consciousness. This exploration naturally expanded into visual storytelling, and in 2016 she appeared in a dance documentary directed by Sari Palmgren, further deepening her engagement with the field of cinema.

In 2020, she launched her music project SSEEDNORIKO and directed an online Cosmic festival in Japan.

In 2024, she made her feature film directorial debut with STARSEEDS – Cosmic Creator. Won the Best First time Filmmaker at the Barcelona Indie Awards. The Director's Edition of the same film is set for release in 2026.

### Artistic Approach

Kato's work transcends physical boundaries such as place and time, engaging with cosmic themes including human origins, memory, and collective consciousness.

Grounded in the embodied sensibility she cultivated through dance, she constructs her films from the perspective that "the body is a vessel that carries the memory of the cosmos." She is consistently involved in concept development, script composition, and music direction, creating a distinctive worldview that merges spirituality with visual art.

### Future Vision

Through the medium of cinema, Kato seeks to connect the inner world of the individual with cosmic consciousness.

Her aim is not only to tell stories, but to create cinematic experiences in which audiences encounter existence itself.

## Main Works of Dance and Collaboration as Dance-Tect

2017 "Cell Response-"(75min+15min pause)  
Photography/Koto/Contemporary Dance \_at Space DENEGA, Hirosaki

2016 "SAVOR OF NIGHTFALL " (90min/ 2nights)  
JAZZ×INSTALLATION×CONTEMPORARY DANCE  
Stockholm | Barcelona | Hirosaki Subsidized by Swedish Arts Grants  
Committee, Supported by Ensemble Alazart

2014 "Beyond a Boundary " (50min/ 2nights) Italy, Canada and Japan  
coproduction at Denega, Hirosaki and Tokyo  
Founded by Aomori Gakuzyutu Bunka Shinkou Zaidan

2009 Site specific work"Ripples of Traces and Oblivion"  
(90min/ 2 nights) on water stage at Aomori Contemporary Art Centre  
And more



## Main Independent Dance Work

2019 "ANONYMOUS BODY PROJECT- Ceremonial -" in Mexico

2019 "ANONYMOUS BODY PROJECT in Hirosaki" in Japan

2018 "ANONYMOUS BODY PROJECT" first creation with Ivan Ontiveros  
and Benyam Seifu in Monterrey and Mexico City, in Mexico

## Professional Teaching Background:

Keio University, Nippon Sport Science University, Kanagawa University  
(2006-2015)

Aomori Prefectural Hirosaki Technical High School (1996-1998)

## In print/ Academic Presentation:

\* Translated by Noriko Kato, Joe Ann Endicott's "Goodbye Pina, Pina Bye-Bye,"  
published by Sobunsha in 2016.

\* Art Festival 2009'After Performance Ripples of Oblivion' pp.72-74  
"AOMORI CONTEMPORARY ART CENTRE PROGRAM 2009"

\* 2006 Academic presentation; Study into AI'abordage Performance Project in  
20th Sports History Academic Society



## Albums of SEEDNORIKO

1st Album  
AWAKEN



2nd Album  
TRANSFORMATION



3rd Album  
Welcomback to  
planet N



EXTRA LP  
SSEEDNORIKO

