

# Bella Trost

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IG @bellaonlybella

Demo Reel: [Bella Trost Demo Reel | IMDb](#)

- \* Former gymnast, coach, member of the Hungarian National Team of Gymnastics / Sports Aerobic, 4 times World Champion fitness athlete and Pro Athlete at 3 fitness federations (UK and USA)
- \* Actor, filmmaker, producer.
- \* Dancer, model, host - I've spent most of my life on stage and in front of cameras performing as a dancer and athlete, model, working as a host on TV (Hungary), hosting events and shows (Hungary and USA).
- \* Currently I work as social secretary and assistant for arrangements for events, and as host for events, and I also work with publishing.

## FILM EXPERIENCE:

- \* Director and Producer of The man who revealed the secret of Stradivari (2024 / Hungary) – The short documentary has been in festival circuits since February. Current credits: 3 times award winner, 1 official selection, 1 screening in Los Angeles at NoHo Film Fest
- \* Director, Writer and Producer of Good Morning, My Dear (2024 / USA) – The student mini short has been in festival circuits since February. Current credits: 2 times Award winner, 2 Nominee, 1 official selection
- \* Director, Producer, Writer and Actor of \$700+ (2021 / USA) – The thriller short was in festival circuits for a year. Credits: 3 screenings in Los Angeles, 17 times Award Winner, 5 Finalist, 6 Semi-Finalist, 1 Quarter-Finalist, 5 Nominee, 1 Honorable Mention
- \* Producer and Actor of New of Vampires (2021 / UK) – Feature Horror
- \* Actor of Hollywood Laundromat (2022 / USA) – Feature Comedy – 7 times Award Winner
- \* Commercial Actor for several agencies, biggest commercials for international companies like Cornetto ice cream, Signal toothpaste, T-Mobile Hungary, Rauch ice tea, fabric conditioner (HUNGARY)
- \* Production Assistant at RTL Klub Television (HUNGARY)
- \* Movie Pages editor at magazines of Soltesz Reklam (HUNGARY)

## FILM EDUCATION:

- \* Suzanne LaChasse (2023 / USA) – Acting Workshop
- \* New York Film Academy (2022 / USA) – Filmmaking Course
- \* Independent Film School (2020 / USA) – Producing Course
- \* Screen Actors’ Workshop Los Angeles (2019-2020 / USA) – Script and Scene Analysing Course
- \* Bobby Chance Actors Showcase (2018-2020 / USA) – Acting Course
- \* Killians’ Commercial Workshop (2018-2019 / USA) – Acting Course
- \* Anthony Gilardi Acting Studio (2017-2018 / USA) – Acting Course
- \* London Film School (2013-2014 / UK) – Acting Course
- \* Hungarowox Acting School (2002-2004 HUNGARY) – Acting Course
- \* BA at University of Szeged / Havas Media School specialisation: TV and Filmmaking (2000-2004 / HUNGARY)