



Tsolak MLKE-Galstyan

Date of birth: 25 Feb 1984

Nationality: Armenian

Gender: Male

CONTACT

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Company-in-
Armenia-133250536760132/](https://www.facebook.com/MIHR-Theatre-The-First-Contemporary-Dance-Company-in-Armenia-133250536760132/)

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www.instagram.com/
mihrtheatre/](https://www.instagram.com/mihrtheatre/)

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www.youtube.com/user/
aprili72003/videos](https://www.youtube.com/user/aprili72003/videos)

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ABOUT ME

In August, 2020 Tsolak has participated with his site-specific performance "The Song of a Refugee" within the framework of the Internationale Tanzmesse nrw in Dusseldorf, Germany. Tsolak has directed and choreographed the dance movie "Love, Sex & Movies" which has been premiered within Reading Fringe Festival in Reading, England in July, 2020. He participated in "Multidisciplinary Residency Program: Revisiting the Roaring Twenties 1920/2020: Art, Culture and the École de Paris", organized by L'Air Arts in Paris, France in January, 2020. Tsolak has developed teaching methods with the children from displaced families and with people with special needs and is implementing workshops with them.

WORK EXPERIENCE

7 APR 2003 – CURRENT – Yerevan, Armenia

Founder, Artistic director & Choreographer

MIHR Theatre - the First Contemporary Dance Company in Armenia

- Has founded the MIHR theatre in 2003 with his sister Shoghakat MLKE-Galstyan.
- Choreographed more than 20 contemporary dance performances and directed more than 70 show.
- Responsible for the strategic vision, the visibility and the quality of all kind of artistic activities and services.
- Creating the organization's program.
- Setting and overseeing the schedule production for the season,
- Hiring staff: artists, performers and actors, stage managers, designers, etc.
- Being in charge of theatrical development.
- Managing the theatre's budget and dealing with funding bodies (charities, the government, sponsors, etc.).

<https://mihrtheatre.com/performances/>

1 OCT 2005 – CURRENT – Yerevan, Armenia

Curator of dance platform & open-air and special events manager

HIGH FEST International Performing Arts Festival

- Curating and advising on an ongoing program of dance performance events, including selecting the performers as well as arranging all technical aspects.
- Ensuring the continued integration of the performing arts within the overall artistic direction of the HIGH FEST International Performing Arts Festival.
- Overseeing the administration of the performance program and its attendant activities, functioning as liaison with the Festival as well as the public, other institutions and organizations.
- Organizing and monitoring of the all open-air and special events within the Festival.

<https://highfest.am/>

1 FEB 2018 – CURRENT – Yerevan, Armenia

Lecturer of the course "Contemporary Dance Improvisation"

Armenian State Pedagogical University after Khachatur Abovyan

- Developing different teaching formats for BA and MA using new practices, innovations, or techniques & methodological competence.
- Creating educational materials such as syllabi, lesson plans, exercises, and presentations.
- Explaining and demonstrating individual movements, sequences and concepts to dance students.
- Documenting students' performance, providing feedback and advice outside training times.
- Researching and developing their own skills.
- Teaching the theoretical aspects of dance and movement in a classroom setting.

https://aspu.am/en/content/tsolak_hrachya_galstyan/

7 APR 2003 – CURRENT – Yerevan, Armenia

Contemporary dance and performing arts teacher

MIHR Theatre Dance Studio

- Leading his studio where he teaches contemporary dance, performing arts, dance theatre, stage movement.

JUL 2021 – Stepanakert, Republic of Artsakh (Nagorno-Karabakh)

Contemporary dance and performing arts teacher

"Sunrise Stepanakert" Multimedia Art Festival

Led contemporary dance and performing arts workshop, activities in art therapy with the children from Stepanakert and other regions of the Republic of Artsakh (Nagorno-Karabakh).

<https://sunrisestepanakert.com/>

JUN 2021 – CURRENT – Dilijan, Armenia

Project manager, contemporary dance and performing arts teacher

Artasfoundation, the Swiss foundation for art in conflict regions

Has been the Project Manager and led contemporary dance and performing arts workshop, activities in art therapy with the children from borderline villages in Tavush Province within the framework of "Wishing Wishes" Project 2021/22.

<https://www.artasfoundation.ch/en/>

2019 – CURRENT – Yerevan, Armenia

Project manager, contemporary dance and performing arts teacher

MIHR Theatre - the First Contemporary dance Company in Armenia

Is the Project Manager of the "Karvachar, My Love!" Project implementing by the "MIHR" Theatre for the children (now for the displaced children) from Karvachar, Republic of Artsakh, within the framework of which, music, contemporary dance, performing arts, art therapy workshops are organized every three months (in 2019, 2020, 2021).

OCT 2020 – JUN 2021 – Yerevan, Armenia

Director & Choreographer of the contemporary dance movie "Walls"

Goethe-Institut Eastern Europe and Central Asia (EECA)

- The movie has been created within the framework of the program "Culture in Motion: The Regional mobility Fund of the Goethe-Institut Eastern Europe / Central Asia".

<https://www.goethe.de/en/index.html>

MAR 2021 – APR 2021 – Yerevan, Egypt

Artistic director

Friedrich Naumann Foundation for Freedom South Caucasus

- Directed, developed and choreographed the "Mapping Women's Stories" Multidisciplinary Immersive Exhibition-Performance revealing the hidden stories who has been subjected to physical, psychological and mental abuse.

<https://www.freiheit.org/>

DEC 2019 – DEC 2020 – Yerevan, Armenia

Director of the audio-visual performance with VR technologies "Unreal Stories from my City"

Creative Armenia & AGBU

- The performance has been created within the framework of the Creative Armenia-AGBU Fellowship.

<https://www.creativearmenia.org/>

<https://www.agbu.am/en>

JUL 2020 – Reading, United Kingdom

Director & Choreographer of the dance movie "Love, Sex & Zombies"

Reading Fringe Festival, UK with funding from Arts Council England,

- The dance movie is based on the play by Australian-German writer Fiona Leonard, who is the producer of the movie.

<https://www.bluegoattheatre.com/love-sex-and-zombies>

SEP 2019 – DEC 2019 – Yerevan, Armenia

Artistic director

Swiss Agency for Development and Cooperation in Armenia

- Directed and developed "Create Your Own Rights" installation-exhibition project for children addressing the human rights issues..

<https://www.eda.admin.ch/countries/armenia/en/home/representations/embassy/cooperation-office.html>

2019 – Yerevan, Armenia

● **Director & script Writer of the audio performance
"Feeling the Revolution"**

Friedrich Naumann Foundation for Freedom South
Caucasus

2017 - 2019 - Yerevan, Armenia

● **Director & script writer of the audio performance
"Yerevan Unplugged"**

Swiss Agency for Development and Cooperation in
Armenia

DEC 2018 - Yerevan, Armenia

● **Director of the audio performance "A Journey to
Nowhere"**

HAYP Pop Up Gallery

<https://haypopup.com/>

MAR 2018 - Cairo, Egypt

● **Speaker**

IETM - International Network for Contemporary
Performing Arts

- Has been a speaker during Working Sessions on the theme
"Who's Disabled?" in IETM Satellite Cairo 2018.

<https://www.ietm.org/>

SEP 2017 - NOV 2017 - Yerevan, Armenia

● **Director of "Yerevan Book Festival"**

Ministry of Education, Science, Culture and Sport of RA

- Led on all program team administrative systems and processes,
- Director to identify and deliver improvements to systems.
- Managed the program schedule, liaising with other departments
to ensure key dates are met • Monitor program team
performance against schedules and key milestones.

OCT 2016 - NOV 2017 - Yerevan, Armenia

● **Choreographer**

U.S. State Department (Alumni Engagement Innovation
Grant)

- Choreographed an inclusive contemporary dance performance
"We" within the framework of "Unlimited Movement"
multidisciplinary inclusive dance project.

[https://alumni.state.gov/aeif#:~:text=The U.S. Department of
State's,led projects around the world.](https://alumni.state.gov/aeif#:~:text=The U.S. Department of State's,led projects around the world.)

MAY 2017 - Ivanovo, Russia

● **Dance and performing arts teacher**

"Skazka" Dance Theatre

- Led the "Movement as an Emotion" workshops.

FEB 2017 – Yerevan, Armenia

**Artistic director of the storytelling performance
“Stories Behind Us”**

Swiss Agency for Development and Cooperation in
Armenia

DEC 2016 – St. Petersburg, Russia

Dance and performing arts teacher

“Chaika” Theatre Studio

- Led the “Movement as an Emotion” workshops.

OCT 2016 – Olsztyn, Poland

Dance and performing arts teacher

Acting Studio named after Aleksandr Severuk

- Led the “Dance as an Emotion” workshops in collaboration with Gabrielle Neuhaus Physical Theatre (Switzerland, Israel) within the framework of the Demoludy Nowa Europa 11th International Theatre Festival.

FEB 2016 – Yerevan, Armenia

**Director of the performance “12 Angry Pigs” based on
the child play**

U.S. Embassy in Armenia

MAR 2015 – JUL 2015 – Yerevan, Armenia

Festival Artistic Director

DVV International in Armenia

- Festival Art. Director of the “Asank Anank” Syrian-Armenian Youth Integration Festival.
- Created the organization’s program, i.e. selecting the shows and events that have been displayed during the festival.
- Setting and overseeing the schedule production for the festival.
- Being in charge of production development: selecting participants and performers of the Festival
- Managing the Festival budget and dealing with funding bodies.

SEP 2011 – Los Angeles, Calabasas, Ventura, United States

Dance and performing arts teacher

Theatre Centers & Universities

- Led the “Movement as an Emotion” workshops within the framework of the CALIFORNIA International Theatre Festival 11th season.

JAN 2015 – Albuquerque, United States

Dance and performing arts teacher

New Mexico University

- Led the “Movement as an Emotion” workshops within the framework of the REVOLUTION 5th International Theatre Festival.

JUL 2014 – NOV 2014 – Yerevan, Armenia

Director of the dramatic performance “Water by the Spoonful”

U.S. Embassy in Armenia

- Directed the dramatic performance “Water by the Spoonful” based on the Pulitzer Prize Winner play “Water by the Spoonful” by Quiara Alegria Hudes.

<https://am.usembassy.gov/>

2007 – 2014 – Stepanakert, Shushi, Karvachar, Republic of Artsakh (Nagorno-Karabakh)

Art-therapy expert

- Worked as an Art-therapy Expert in the disaster region in Artsakh

JAN 2014 – Isfahan, Tehran, Iran

Dance and performing arts teacher

Ararat Cultural Centre

- Led the “Movement as an Emotion” workshops.

SEP 2012 – Yerevan, Armenia

Speaker with the theme "Where does the dance begin?"

Tedx Yerevan

<http://www.tedxyerevan.com/>

2011 – 2012 – Gyumri, Armenia & Mush, Turkey

Theatre expert

DVW International in Armenia

- Worked as a Theatre Expert in the “Speaking to One Another” Armenian-Turkish Reconciliation Project.
- Led and monitored the work of the group of performing arts teachers.
- Led theatre and dance workshops for the group of performing arts teachers.

<https://www.dvw-international.de/en/worldwide/europe/caucasus-and-turkey/armenia>

2006 – 2008 – Yerevan, Armenia

Dance and performing arts teacher

“Mkhitar Sebastatsi” Educational Complex

<https://mskh.am/>

EDUCATION AND TRAINING

10 JAN 2020 – 31 JAN 2020 – Paris, France

Multidisciplinary Residency Program

L'AiR Arts

- Revisiting the Roaring Twenties 1920/2020: Art, Culture and the École de Paris

Field(s) of study

- Arts and humanities

<http://www.lairarts.com/tsolak-galstyan.html>

http://www.lairarts.com/uploads/7/8/3/4/78344284/the_little_review.pdf

2009 – 2018 – Vilnius, Lithuania / Sofia, Bulgaria / Bucharest, Romania / Cairo, Egypt

Plenary meetings, work groups, satellite meetings and seminars

IETM -International Network of Contemporary Arts

- Participated in various IETM (International Network of Contemporary Arts) plenary meetings' work groups, satellite meetings and seminars aimed to contribute to collaboration of the European theatres.

<https://www.ietm.org/>

2017 – Prague, Czechia

Culture and Creativity Programme Study Tour and Partnership Project

European Union - Eastern Partnership

<https://www.culturepartnership.eu/en>

2016 – Warsaw, Poland

Culture and Creativity Programme Study Tour and Partnership Project

European Union - Eastern Partnership

2015 – Tbilisi, Georgia

Modern Dance Workshop led by Denise Lempart

Tbilisi Contemporary Dance & Arts Festival

2012 – Yerevan, Armenia

Inclusive Dance Workshop led by Candoco Theatre (UK)

British Council in Armenia

<https://www.britishcouncil.am/en>

2009 – Vilnius, Lithuania

“Open Circle” Method

“Open Circle” Theatre

<http://opencircletheatre.org/>

2009 – Yerevan, Armenia

“Set Design Southern Caucasus and Central Asia” Seminars

Led by Noel Witts, Pette Brooks (UK), Jana Prekova (Czech Republic), David Burman (Russia)

2008 – Boston, Cambridge, New York , United States

Theatre Management Program

Cambridge-Yerevan Sister City Association - U.S. Community Connections Program

2007 – Yerevan, Armenia

“New writing Southern Caucasus and Central Asia” Seminars

Led by Mike Griffith (Traverse Theatre, UK) and Pavel Rudnev (Meyerhold Centre, Russia)

2001 – 2007 – Yerevan, Armenia

Graphic Design

State Academy of Fine Arts of Armenia

Master of Fine Arts | <http://safa.am/>

2006 – Riga, Latvia

Dance Philosophy Courses

Modris Tenisons' Studio

- The courses have been led by Modris Tenisons.

2006 – Prague, Czechia

Contemporary Dance

"Duncan" Center

<https://www.duncancentre.cz/>

2006 – Yerevan, Armenia

Interactive Theatre Courses

The courses have been led by Careen Chapman (UK)

1996 – 2002 – Yerevan, Armenia

Experimental theatre

“Yelq” Experimental Artist Theatre

1993 – 2000 – Yerevan, Armenia

Latin-American & Standard Dance

“Matador” Professional Dance school.

1998 – 2000

Painting

"Mkhitar Sebastatsi" Educational Complex

Field(s) of study

- Arts and humanities

Honored student

1992 – 1995 – Yerevan, Armenia

Border between Fight and Dance

Gor Hakobyan's Studio

1992 – Yerevan, Armenia

Ballet courses

Yerevan Dance College

1990 – 1992 – Yerevan, Armenia

Traditional Armenian dances

Armenian State Dance Ensemble, Vanush Khanamiryan's Studio

LANGUAGE SKILLS

MOTHER TONGUE(S): Armenian

OTHER LANGUAGE(S):

Russian

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|------------------------|----------------------|------------------------------------|-------------------------------------|----------------------|
| Listening C2 | Reading C2 | Spoken production C2 | Spoken interaction C2 | Writing C1 |
|------------------------|----------------------|------------------------------------|-------------------------------------|----------------------|

English

| | | | | |
|------------------------|----------------------|------------------------------------|-------------------------------------|----------------------|
| Listening C2 | Reading C2 | Spoken production C2 | Spoken interaction C2 | Writing C1 |
|------------------------|----------------------|------------------------------------|-------------------------------------|----------------------|

DIGITAL SKILLS

Microsoft Office / Social Media / Zoom / Skype / Microsoft Word / Gmail / LinkedIn / Internet user / WhatsApp / SMM (Facebook, Instagram, Telegram)

Soft skills

Organizational and planning skills / Written and Verbal skills / Motivated / Analytical skills / Good listener and communicator / Decision-making / Team-work oriented / Presenting / Strategic Planning / Creativity / Critical thinking / Responsibility / Conflict resolution / Reliability / Flexibility

NETWORKS AND MEMBERSHIPS

2009 – CURRENT

● **IETM - International Network for Contemporary Performing Arts**

Brussels, Belgium

IETM - International network for contemporary performing arts is a network of over 500 performing arts organisations and individual members working in the contemporary performing arts worldwide: theatre, dance, circus, performance, interdisciplinary live art forms, new media.

<https://www.ietm.org/fr/organization/12578/>

2019 – CURRENT

● **Creative Armenia Network**

Yerevan, Armenia

A digital community of innovative minds who are pushing frontiers of a Creative Armenia. The Network offers its members exclusive opportunities for funding, promotion, and mentorship.

<https://www.creativearmenia.org/network-members>