

# Freia M. Titland

American Talent Management  
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**SAG-AFTRA/AEA**

## *Theatre*

Hollow	Spinner/Gunpowder	Dixon Place
The Twelve	Devil	Director, Neil Berg
A Girl's Guide to Chaos	Cynthia	Chateau Neuf Arts Center, Norway
Three Tall Women	"B"	Schaeberle Studio Theatre
The Syringa Tree	Luska	Schaeberle Studio Theatre
The Beggar's Opera	Diana Trapes/Nimming Ned	Schaeberle Studio Theatre
Much Ado About Nothing	Hero	Rockland Shakespeare Company
Gone	Anna	Director, Erwin Maas
Super Switcher	Mom	Director, Erwin Maas

## *Film/Television/New Media*

Orange is the New Black	Co-Star	Tricia Brock
The Perfect Murder	Co-Star	Kevin Kaufman
Parallel Action	Lead	Jack Davis
Campaign Against Violence	Co-Star	Daniel Ademinokan
Growing Up Fat & Albanian	Supporting	Dhimiter Ismailaj-Valona
Sunflower Fields (post)	Supporting	Freia Titland
Wash Day (Animated Short)	Lead (V.O.)	Callum Plews
Darling Child (ongoing series)	Co-Star	Meg Calcaterra

## *Training*

Voice Over Intensive	Jason Sasportas
Voice Over Intensive	Andy Roth
Audiobook Intensive	Piper Goodeve
Audiobook Coaching	Khristine Hvam
Scene Study Coaching	Stephen Vincent
Scene Study Coaching	Alexis Atkinson
Scene Study Coaching	Freya Krasnow
Scene Study Coaching	Mia Cusumano
Unarmed Stage Combat	Mike Chin & Christopher Plummer
Hip Hop & Dancehall Dance	Various Instructors
Certified Yoga Instructor	FireShaper

## *Education*

Regent University, MA Theatre  
Pace University, BFA Acting & Religious Studies  
Oslo University, Norway, Norwegian Language & Lit.

## *Skills*

Mezzo Soprano Singer, Conversational Norwegian, Accents (South African, Irish, British), College Professor, Cooking, Expert Crafter, Dance (Dance Hall, Reggae, Modern, Hip Hop, Jazz, Interpretive), Sledding, Bike Riding, Fishing, Diving, Swimming, Boogie Boarding, Basketball, Tennis, Track & Field (Discus, Shot Put), Biking, Great with Kids and Animals, NY State Driver's License with own vehicle, Valid U.S. Passport.